



THE SANAWAR NEWSLETTER

93

NOVEMBER

2016

Section I : From The School

You

Hargun, U-VI

All of us feel that we aren't strong enough to catch hold and then throwback the rocks that life throws at us. We feel that it is too much to cope with and we can't handle it, but the truth is that we are looking in the wrong places for the things we already have. You want to know where does your answer to all the problems lie? Look at yourself. You contain all that you are, all that you have and all that you are capable of. The extent of what you can do is only limited to one thing: your imagination. If you can dream it, you can do it no matter how much money you earn or how much fame you gather, there is always one constant in your beautiful gifted life—you yourself. And the basic fact behind a constant is that it exists and it can be depended on even if you aren't sure of what to do, what to say or where to go, one thing you can always be sure of is—you. For each one of us is unique and special in our own way. And someway along this road called life, we find that uniqueness. And all these memories you make on the way contribute to that uniqueness. All these years have helped us put the pieces of our character together to solve this quandary called life. You have a long way to travel, but all you need in the end, is yourself. So use this basic fact and build up your castle on its foundations. You are your own nation and your own flag; so keep going. You are alien, you are you, in all your imperfections and all your beauty and armed with the fact, ladies and gentlemen you can change the world.

Memories

Nixita Taneja, U-V

"We are all pieces of what we remember. We hold in ourselves the hope and fears of those who love us. As long as there is love and memories, there is no true loss."

We remember things of great importance. We carry with us; memories of things, of places and even people. We let some of it go after a while,

but some we hold onto, afraid to let go. Sometimes, memories become a part of us: a part of who we are and at times even define us. There are memories we try and forget and there are memories we need to strain or brain for. There are memories that touch our hearts and memories that leave on bawling for days or weeks altogether. People are just like memories, some who you'd want to forget but some to hold onto. Some whose presence is there but not felt but some without whom you're nearly empty; incomplete.

There are some people who when leave, break you completely, they are like an important memory shipping away; the harder you try, the more it hurts.

Sometimes, you realize late, the efforts of so many people behind the reason of your smile. It's actually when they are no more by your side that you start remembering the teeny-weeny bits, all those times you never appreciated them, makes you feel guilty and the realization that sets in brings hot stinky tears to the eye.

All of us right now have memories we're holding onto. Things we're to let through the reach of the brain. We're all scared of losing that one person or a bunch of people. Clinging onto the past and dying to spend one more moment with those no more. Wishing to relive the last moments and making the most of it. Wanting to turn back time and fix all those times you went wrong. Holding onto all the 'IFs' and the 'BUTs'. Crying out loud and what not.

Sometimes, the mind races off to all the sad, gloomy and unbearable memories overlooking the good ones Turning dark days into dark weeks, months and sometimes even years.

You have just to remember to smile; chin up and trust me you'll look absolutely beautiful and think of all the good memories made with people who've loved. Love and will always love you because by the end of it, they're the ones that matter!

The Choice

Mehtar Sandhu, L-V

The bright light fades,
My heart starts to race,
Burning time staring at my knee brace,
Hoping I could bring back the phone,
In which I used to play instead of laze,
Oh ! that pretty little face,
I am done with this phase of laze.

I am falling down,
The burden of the crown,
Is fading the brown,
I was a normal girl from a small town,
How did I get into this ball gown,
I dance like a clown,
In this heavy ball gown.

Always followed by a crowd,
Only if I could hide in one of the clouds,
It is either a soldier,
Or the one to be crowned.

A big house, a normal life,
To be a soldier's bride,
Or the world would be mine,
In a place where I cannot hide,
Be the king's bride,
In a palace until the day I died.

Memories

Krishna Moda, U-VI

I love photographs for this reason that they remind me that "Everything was perfect and for a reason"

The reason that holds us, today and forever that we will always be amazing together. We left each other, I don't know why I ask for nothing but let's give it another try.

Now all I have of you is a photograph of me and you, it makes me cry, I don't know why.

Can we please be us one more time. I'll wait all my life, I won't mind-take your time.

Think about us when we were fine just one last time.

The Old School Teacher

Roshan Raj, U-III

My teacher wasn't half as nice,
As yours seems to be.
Her name was Miss Sen,
And she taught us history.
If you didn't know a date,
She'd get you by the ear,
While you sat frozen with fear.
She'd twist and twist and
Twist it more and more,

Until the ear came off,
And landed on the floor,
Our class was full of one eared boys,
I am certain there were eight,
Because they didn't know a date.
The teachers today are all so fine,
And yours in particular is totally divine.

I

Harshit Mangal, U-III

I know I am a naughty boy,
But I don't know how to play.
I go to school day to day.
I saw a bird up in the sky
But I don't know how to fly.
So I say bye-bye.

Just Believe

Ada Kohli, L-VI

Do we still believe in magic?
Or was its existence ever there?
Were we fooled in our childhood?
None of us ever bothered to care.
It surely existed in a different way,
That none of us were ever taught,
Searching for it in the outside world,
Noticing it inside us, we all forgot.
It is not about the best of times,
But the worst that make us see.
The value of the times we laugh,
After falling on our knees.
The wishes we make on every star,
How our own constellations we weave.
Sometimes deep down we all have to
Hold our breaths, close our eyes and just believe.
It's not about the wave of a wand,
Instead the wishes that turned true,
No one managed to figure it out,
By the years as we all grew.

Evil Eyes

Jai Inder Singh Khangura, U-III

There was a man Evil Eyes,
He was not even little wise.
His eyes were red.
He used to drink blood.

There was a man evil eyes,
He used to drink blood with ice.
He had two eyes coloured in red,
He slept on a vampire type bed.

He could become a bat,
There lived some big deadly rats.
He was afraid of light,
He became a vampire at night.

He wore a black coat,
His servant was in hunch-back mode.
He used to sleep upside down,
His hair were coloured deep brown.

Our Mothers

Sakshi Godhwani, U-IV

Mother Nature we see around,
Mother Earth we live on,
Out Mothers at home,
Who sit in the lawns,
Caring for family,
All day long.

Sit to wonder; what we're doing at school, in office
That's all she does and wonders by worrying.
When we fall sick, she helps us when she gets old,
We won't.

Our mothers aren't a nobody or a somebody,
But she's that body, that tries her own,
So that we don't mourn.
She is the kindest to us,
With a lot going on, on her mind.

Thinking, if she's doing her best,
To fulfil her family to the fullest?
So here is to all mothers.
For being next to us in our journey of life,
And we'll give you the next 'Best' one.

You Can

Arjun Ahluwalia, L-V

The hard work makes you best,
The harder you work the better you get.
It makes you so good that no one can beat you,
From North South East West.

You can be the best,
You can break rocks.
You can be the master,
You could get faster.

You can beat the world,
You can get anything that you want,
You can achieve what you want.

Standing in the hall of fame,
And the world is going to know your name.

Inter-Class Spell-Bee Competition

An Inter-Class Spell-Bee Competition was held for L IV & U IV classes. The participants were selected on the basis of the prelim round held during classes. The four teams that made it to finals were LIV A, LIV B, UIV A & UIV D. The six rounds were Spell what I say, Flying Saucers, Books on Reel, Miss Spelling, Parking Hall & Rapid Spell. The Result is as follows:

First: LIV A
Puru Manjarey
Shravan Bhatia
Saanvi Sareen

Second: UIV D
Aadit Sharma
Rahul Singh
Seerat Sandhu

Third: UIV A
Priyam Gupta
Satvik Narula
Pavitr Sidhu

Section II : From The Staff

!! Achievers !!

Dr. V.K. Sharma, DoF

Students who scored 90% or above marks in the Fourth Assessment of 2016.

S. No.	Name	House	%
L-III—A			
1.	Ananya Goyal	HPG	94'00
2.	Ayra Khurana	NPG	90'00
3.	Bahaar Khara	HPG	91'00
4.	Bhavesh Jindal	SPB	92'00
5.	Guneet Kaur	HPG	95'00
6.	Khush Jaymin Patel	HPB	90'00
7.	Kritish Goel	VPB	98'00
8.	Lakshay Bhatia	SPB	93'00
9.	Navdeep Sangwan	VPB	93'00
10.	Prisha Gera	SPG	95'00
11.	Samaira Arora	VPG	90'00
12.	Shaurya Jindal	NPB	91'00
13.	Stuti Kapoor	NPG	95'00
14.	Sukriti Dehloo	HPG	92'00
15.	Ujjwal Kotwal	NPB	97'00
16.	Veer Devgan	HPB	90'00
17.	Vidushi Sharma	SPG	90'00
L-III—B			
18.	Abhimanyu Lohan	SPB	92'00
19.	Anvi Chopra	VPG	99'00
20.	Arooshi Bhatia	HPG	94'00
21.	Dhruv Sud	VPB	95'00
22.	Hriday Jain	SPB	97'00
23.	Hunar Soni	HPB	95'00
24.	Jaibhav Chopra	HPB	97'00
25.	Jayant Sharma	SPB	98'00
26.	Keshav Singla	NPB	93'00
27.	Kyna Vadera	VPG	91'00
28.	Nyah Malik	NPG	92'00
29.	Pranav Kapur	HPB	94'00
30.	Samaara Khilnani	SPG	93'00
31.	Sukhmehar Singh Jakhar	NPB	95'00
32.	Utkarsh Verma	SPB	94'00
33.	Vaniya Boora	HPG	95'00
L-III—C			
34.	Abhimanyu Soni	NPB	93'00
35.	Hrithik Roy	VPB	93'00
36.	Jaimukund Bhan	HPB	92'00
37.	Kashvi Sareen	HPG	95'00
38.	Ravinandini Singh Chauhan	NPG	95'00
39.	Shaurya Khanna	SPB	96'00

U-III—A				4. Sanaabi Thingbaijam	VHG	98'00
1.	Devisha Jain	NPG	90'00	5. Satvik Narula	NBJ	97'00
2.	Drishya Dinesh	SPB	90'00	U-IV—B		
3.	Krish Jeet Singh	HPB	93'00	6. Abhijit A. Kumar	VBJ	93'00
4.	Krish Mahajan	NPB	91'00	7. Adriti Mehta	NHG	95'00
5.	Manya Gupta	HPG	92'00	8. Amshul Bhatia	NBJ	94'00
6.	Ojas Girdhar	VPB	92'00	9. Aryan Gupta	NBJ	91'00
7.	Sehar Kaur Sandhu	SPG	91'00	10. Sakshi Godhwani	NHG	92'00
8.	Tanvi Sood	VPG	93'00	11. Siddharth Aggarwal	HBJ	95'00
9.	Yuvraj Dhamija	HPB	93'00	12. Veni Gupta	VHG	92'00
U-III—B				U-IV—C		
10.	Adityaveer Singh Chandel	HPB	90'00	13. Aryaman Singh Kohli	NBJ	91'00
11.	Chitesha Rewri	HPG	96'00	14. Gursimran Singh Walia	NBJ	92'00
12.	Era Kajla	HPG	91'00	15. Raghav Gupta	NBJ	94'00
13.	Kudrat Aulakh	SPG	95'00	16. Yakshita Bansal	SHG	98'00
14.	Mokshi Sharma	NPG	97'00	U-IV—D		
15.	Nandini Jain	VPG	90'00	17. Ananya Kohli	HHG	98'00
16.	Nishant Pajni	VPB	92'00	18. Anushreya Singh Verma	SHG	94'00
17.	Rhydham Lamba	NPG	93'00	19. Narrun Sood	NBJ	95'00
18.	Roshan Raj	NPB	93'00	20. Seerat Sandhu	NHG	97'00
19.	Ustat Kaur Jatana	VPG	97'00	21. Utkarsh Singh	NBJ	92'00
U-III—C				22. Vinayak Kapur	HBJ	92'00
20.	Vanya Gandhi	NPG	94'00	23. Zorawar Oberoi	SBJ	90'00
L-IV—A				L-V—A		
1.	Harshangad Singh	HHB	95'00	1. Arindham Bhatia	SBJ	92'00
2.	Puru Manjarey	VHB	90'00	2. Aryan Garg	HBJ	90'00
3.	Shravan Bhatia	HHB	92'00	3. Kartavya Yadav	SBJ	91'00
4.	Simar Singh Gabadia	NHB	91'00	4. Nitya Khanna	VGD	97'00
L-IV—B				5. Paramdeep Singh Lotey	VBJ	94'00
5.	Himanshu Sabharwal	SHB	92'00	6. Prerna Madaan	HGD	92'00
6.	Noopur Sharma	HHG	99'00	7. Rivaan Singh Khara	HBJ	90'00
7.	Noor Seth	NHG	91'00	L-V—B		
8.	Samarth Kharbanda	HHB	90'00	8. Aaryan Gera	SBJ	90'00
L-IV—C				9. Akshita Kaushik	VGD	93'00
9.	Anannya Julka	NHG	91'00	10. Archit Bansal	SBJ	93'00
10.	Aryan Butail	HHB	90'00	11. Fateh Veer Singh	VBJ	93'00
11.	Jai Sharma	NHB	91'00	12. Jaiveer Singh	HBJ	98'00
12.	Pavya Singh	HHG	96'00	13. Priya Gupta	NGD	96'00
13.	Ruhani Khanna	VHG	91'00	14. Sakshi Jain	VGD	92'00
14.	Yuvam Soni	HHB	92'00	15. Tanish Sharma	VBJ	94'00
L-IV—D				L-V—C		
15.	Ishika Sen	VHG	95'00	16. Anshruta Thakur	NGD	95'00
16.	Kahkashan Sehgal	NHG	91'00	17. Suryaveer Singh Kadyan	SBJ	97'00
17.	Nitin Dhiman	HHB	90'00	18. Tushar Garg	VBJ	97'00
18.	Shaurya Kandhari	NHB	92'00	L-V—D		
19.	Shreyas Arora	VHB	93'00	19. Gopal Agarwalla	NBJ	94'00
U-IV—A				20. Kabir Kalra	VBJ	97'00
1.	Avanti Aggarwal	NHG	97'00	21. Yuvraj Singh Nughaal	VBJ	92'00
2.	Pavit Sidhu	SHG	92'00			
3.	Priyam Gupta	VBJ	94'00			

U-V—A			
1.	Alisha Hooda	SGD	91'00
2.	Amit Dahiya	HBS	91'00
3.	Anoushka Chauhan	SGD	91'00
4.	Dhruv Verma	VBS	90'00
5.	Divyanshi Vasisht	NGD	98'00
6.	Guneet Singh Talwar	NBS	92'00
7.	Madhav Chawla	SBS	94'00
8.	Shivam	HBS	94'00
9.	Soumil Gupta	SBS	90'00
10.	Tushar Nandy	HBS	99'00
11.	Vrinda Aggarwal	SGD	97'00

U-V—B			
12.	Aditya Chadha	SBS	92'00
13.	Aditya Sharma	SBS	95'00
14.	Arjun Veer Kohli	VBS	96'00
15.	Mannat Bir Kaur	NGD	93'00
16.	Raghav Gupta	VBS	90'00
17.	Sadhak Kapoor	NBS	91'00
18.	Sehaj Aggarwal	NGD	90'00
19.	Tushar Fitkiriwala	VBS	90'00
20.	Udayvir Singh Grewal	VBS	95'00

U-V—C			
21.	Devin Khanna	SBS	92'00
22.	Faaris Haider Zaidi	HBS	94'00
23.	Garvit Malik	VBS	93'00
24.	Parth Pant	HBS	97'00
25.	Sahaj Mehra	HBS	94'00
26.	Sarthak Gupta	VBS	98'00
27.	Vasu Jain	SBS	94'00

U-V—D			
28.	Aanandita Maini	VGD	95'00
29.	Chirag Garg	HBS	90'00
30.	Diya Modi	HGD	96'00
31.	Sabah Kaur Mann	HGD	91'00
32.	Sanjana Gupta	HGD	92'00
33.	Uday Garg	HBS	92'00
34.	Vivek Saraswat	SBS	90'00

L-VI—A			
1.	Chaitali Verma	SGD	94'00
2.	Ridhi Sharma	NGD	91'00

L-VI—B			
3.	Garima Jain	VGD	91'00
4.	Harsh Vardhan Singh Kholta	SBS	90'00

L-VI—C			
5.	Sabhya Verma	SBS	93'00

L-VI—D			
6.	Keshav Peri	NBS	92'00
7.	Srijani Sankar Barik	NGD	93'00

U-VI—A			
1.	Sukhrit Kaur	VHG	90'00

U-VI—C			
2.	Devansh Vadehra	HBJ	93'00
3.	Divij Jain	HBS	94'00
4.	Himesh Rohatgi	VBS	93'00

Section III : SPORTS NEWS

Result—Away Boys U-14 Cricket Fixture vs. Pinegrove School held on 28th Oct.

- Sanawar Boys U-14 Cricket Team won the toss and chose to ball first. Pinegrove School scored 96 runs in 20 overs for 4 wkts. For Sanawar, Parth Sharma took 2 wkts.
- Sanawar chased the score in 15.1 overs for 2 wkts and won the match by 8 wkts. Shourya Kandhari scored 61 runs (not out) and was declared the Man of the Match. Also, Sahil Garg scored 24 runs.

Result of The IPSC Cricket Boys U-14 T-20 Championship-2016 held at BK Birla School, Pune from 1st to 6th Nov.

- Lost the 1st match against Daly College, Indore by 26 runs as Daly College won the toss and scored 173 runs. And Sanawar Atoms could score 147 runs for 7 wkts.
 - For Sanawar, Shourya Kandhari scored 36 runs as opener and Sahil Garg scored 42 runs.
- Won the 2nd match against Sharda Residential School, Udupi, Karnataka by 96 runs as Sanawar Atoms scored 174 runs for 5 wkts.
 - For Sanawar, Shourya Kandhari scored 38 runs as opener, Rajmahir Sidhu scored 32 runs. Utkarsh Singh scored 27 runs and took 04 wkts. Gurman Bhalla 04 overs-03 runs-02 wkts.
- Lost the 3rd match against Sports School, Rai, Haryana as Rai won the toss and scored 149 runs. Sanawar was all out on 68 runs.
- Shourya Kandhari was selected for IPSC Team for National School Games.

हिन्दी खण्ड

प्रार्थना सभा में विचार

तिथि—4-11-16

नाम—ईशान कुकरेजा

कक्षा—नौवीं बी

विद्यार्थी और अनुशासन

'अनुशासन' शब्द दो शब्दों से मिलकर बना है— अनु + शासन अर्थात् शासन के पीछे चलना, नियमबद्ध जीवन यापन करना। अनुशासन दो प्रकार का होता है—बाह्य अनुशासन तथा आत्मानुशासन। जब कानून या दंड के भय से नियमों का पालन किया जाता है, तो उसे 'बाह्य अनुशासन' तथा जब स्वेच्छा से नियमों के अनुकूल आचरण किया जाए, तो इस स्थिति को 'आत्मानुशासन' कहा जाता है। इन दोनों में आत्मानुशासन श्रेष्ठ है। विद्यार्थी जीवन में अनुशासन की नितांत आवश्यकता होती है, क्योंकि जीवन के इसी काल में

विद्यार्थी संस्कार ग्रहण करता है, जो जीवन भर उसके साथ चलते हैं, इसीलिए प्राचीन काल में विद्यार्थी को गुरुकुल में गुरु के कठोर अनुशासन में रखा जाता था। दुर्भाग्य से आज का विद्यार्थी अनुशासनहीन होता जा रहा है। समाज में नैतिक मूल्यों की कमी, विदेशी संस्कृति का दुष्प्रभाव, फैशन आदि विद्यार्थी को अनुशासनहीन बना रहे हैं। छात्रों में अनुशासन की भावना लाने के लिए सर्वप्रथम शिक्षा-प्रणाली में सुधार आवश्यक है। इसमें नैतिक शिक्षा को भी स्थान दिया जाना चाहिए। विद्यार्थियों को राजनीति से दूर रखा जाए। ऐसी विदेशी फिल्मों पर प्रतिबंध लगा दिया जाना चाहिए, जिनका दुष्प्रभाव विद्यार्थियों के चरित्र पर पड़ रहा है। माता-पिता को भी प्रारंभ से ही अपने बच्चों को अनुशासन में रहने को प्रेरणा देनी चाहिए।

प्रार्थना:—

हे ईश्वर ! हमें आत्मानुशासन में रहने की शक्ति दीजिए।

प्रार्थना सभा में विचार

तिथि—12-8-16

नाम—अरमान बी० एस्० गिल

कक्षा—छठी ए

हमारा प्यारा भारतवर्ष

हमारा देश भारत अत्यंत महान एवं सुंदर है। यह देश हमें बहुत प्यारा लगता है। यह देश हमारी जन्मभूमि है। जननी और जन्मभूमि को स्वर्ग से भी बढ़कर बताया गया है।

हमारे देश का नाम भारत है, जो महाराज दुष्यंत एवं शकुंतला के प्रतापी पुत्र 'भरत' के नाम पर रखा गया है। इस महान देश में अनेक प्रतापी सम्राट हुए हैं। यहाँ अनेक महापुरुषों ने जन्म लिया है। हमारा देश प्राचीनकाल से ही महान बना रहा है। इसे कोई मिटा नहीं सका है।

प्रसिद्ध शायर इकबाल ने कहा है—

“सारे जहाँ से अच्छा हिंदोस्तां हमारा”

भौगोलिक दृष्टि से हमारा देश अत्यंत मनमोहक है। यहाँ की बर्फ से ढकी पर्वतमालाएँ, दक्षिण के समुद्र तट, गंगा-यमुना का उपजाऊ मैदान, करमीर का प्राकृतिक सौंदर्य हमारा मन मोह लेता है।

हमारे देश में 'विभिन्नता में एकता' की भावना दिखाई देती है। यहाँ अनेक धर्मों के लोग मेल-मिलाप से रहते हैं। लोगों की तेशभूषा, खान-पान तथा भाषाओं में भी भिन्नता दिखाई देती है। हमारे देश में लगभग एक सौ पच्चीस करोड़ लोग निवास करते हैं। हमारा देश विश्व का सबसे बड़ा लोकतंत्र है। हमारे देश में असम का बिहु, केरल का कथककली, पंजाब का भांगड़ा, गुजरात का गरबा लोकनृत्य बहुत प्रसिद्ध हैं।

हमारे देश की राजभाषा हिंदी है, पर यहाँ अन्य अनेक भाषाएँ बोली एवं समझी जाती हैं। हमारे देश की संस्कृति महान है।

‘जय हिन्द’

हमने दीपावली ऐसे मनाई

भारत त्योहारों का देश है। यहाँ आए दिन कोई-न-कोई पर्व या त्योहार मनाया जाता है। इनमें से एक प्रमुख, पवित्र और महत्त्वपूर्ण त्योहार है—दीपावली। यह कार्तिक मास की अमावस्या को मनाया जाने वाला त्योहार है। इस दिन श्रीराम लंका के राजा रावण तथा अन्य राक्षसों का वध करके अपनी पत्नी सीता तथा अनुज लक्ष्मण के साथ चौदह वर्षों का वनवास काटकर अयोध्या लौटे थे। इसी खुशी में भारत में हर वर्ष दीपावली बड़ी धूम-धाम से मनाई जाती है। इस साल दीपावली 30 अक्टूबर को थी, जिसे हमने अपने स्कूल में मनाया था। दीपावली से एक दिन पहले हमें स्वादिष्ट खाना परोसा गया था और उसके बाद हमारे लिए एस्.एस्.सी. में नृत्य-संगीत का प्रबंध भी था। उस दिन बहुत मजा आया। अगले दिन हमारी स्कूल की छुट्टी थी। शाम को पाँच बजे हम सभी विद्यार्थी कुरते-पायजामे पहनकर एस्.एस्.सी. में पूजा के लिए गए। पूजा के लिए बाहर से पंडित जी को भी बुलाया गया था। उन्होंने पूजा अर्चना की, मंत्रोच्चारण किया। सभी ने लक्ष्मी माता की आरती की।

पूजा के बाद हमें प्रसाद बाँटा गया। उसके बाद सांस्कृतिक कार्यक्रम था। अध्यापिकाओं और बच्चों ने अच्छे गाने सुनाकर हमारा मनोरंजन किया। अंत में हमारे सामने प्रोफेशनल ने पटाखे जलाकर हमारा मनोरंजन किया। हमने वापिस अपनी डॉरमेट्री में हॉटमिलियंस से आए स्वादिष्ट पकवान खाए। इस साल की दीपावली मेरे लिए हमेशा यादगार रहेगी।

अर्चित बंसल

कक्षा—नौवीं बी

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