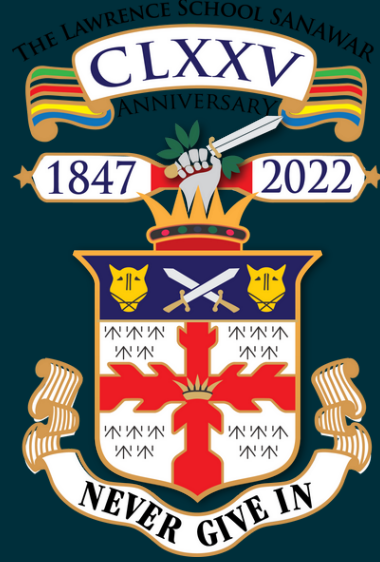




# THE LAWRENCE SCHOOL, SANAWAR<sup>®</sup> NEWSLETTER JUNE - 2022





## VALUE THE HAVE-NOTS

MANNAT GILL – U III

I have learned to respect all the people who work hard. I live in a hostel and our matron can't even sleep without getting disturbed. Our ayaji has to wash the bathrooms, pair up to eighty-six socks each day and our teachers and House staff have to complete several tasks in a day.

You can even take your family and parents as examples. When you stop for a minute to understand how hard they work, you appreciate their efforts more than ever. Seeing how hard they work, will also make you realise how hard you will have to work to achieve great things in life.

In fairytales, you usually see how knights, dragons and princesses work hard, but in reality, we should look at these people who work crazy hard. Life is not simple and we have to realise its challenges to fight them as many people have. Even the people who clean the streets and sewers for us have to be shown great respect. No work is small. Without these people our life would not be as comfortable as it is presently. They work immensely hard to make our life easy. So take some time out to think about those who work hard for you and me. Improve this about yourself and value their work.



## HELIOPHILIA

KEERAT SANDHU -LV

Heliophilia refers to a love for the sun or a strong affinity to sunlight. To be called a human embodiment of sunshine is in my opinion the highest compliment one could receive throughout their existence. The sun reminds me of all things calm and happy, of the small yet beautiful moments like the blooming daffodil you saw the other day or the lady bug that landed on your finger. Whilst sitting in the sun I tend to forget all that is morbid and sad and in those moments it is just me, the sun and my happy thoughts. I love the way people glow in the sun, the way their eyes appear a translucently lighter shade. I am mesmerised by the way their hair catch the sun and filter it giving it a godly shine.

For me sitting in the sun is like being reborn, one could say it is a respite from reality. When I close my eyes in the sun I feel like I've been transported to another world. It is not cold not is it scorching hot and one feels comforted by its presence. The Sun has the capability to make things light up in the most unique way and in my opinion everything appears more alive in the sun. Sunlight is a much unappreciated part of our lives which is truly saddening, considering life without it would be literally and figuratively dim.

I am so grateful to this heavenly body, though millions of light years away it manages to bring me comfort every day.





## BD PREFECTS - 2022

Head Boy	Aditya Veer Singh Chandel
Deputy Head Boy	Neil Bansal
Academic Prefect	Meer Zinta
M.I. Prefect	Theodore Thongthianl Al Valte

## HIMALAYA HOUSE

House Captain	Krishjeet Singh
Sr. Dorm. Jr. Prefect	Madhav Sood
School Prefect	Dattatray Vaid

## NILAGIRI HOUSE

House Captain	Dev Patial
Sr. Dorm. Jr. Prefect	Vardaan Singh
School Prefect	Aditya Kahlon
Jr. Dorms Jr. Prefect	Lakshay Aggarwal

## SIWALIK HOUSE

House Captain	Udayveer Oberoi
Sr. Dorm. Jr. Prefect	Divij Nagpal
School Prefect	Meer Zinta



## VINDHYA HOUSE

House Captain	Neil Bansal
Sr. Dorm. Jr. Prefect	Lakshay Teotia
School Prefect	Krishna Roy
Jr. Dorms Jr. Prefect	Mohit Raghav

## HOLDING HOUSE

House Captain	Suhaan Khurana HBS
School Prefect	Kabir KochharVBS
House Prefects	Vivek Chib SBS Arnav Bansal NBS

## GD PREFECTS – 2022

Head Girl	Ustat K. Jatana
Deputy Head Girl	Mokshi Sharma
Academic Prefect	Navya Garg
M.I. Prefect	Anoushka Mukherjee

## HIMALAYA HOUSE

House Captain	Chitrangda Thakur
Holding House Prefect	Kavya Aggarwal



NILAGIRI HOUSE

Holding House Captain	Mokshi Sharma
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SIWALIK HOUSE

House Captain	Navya Garg
House Prefect	Mrigna Goel
Holding House Prefect	Sanjogita Sen

VINDHYA HOUSE

House Captain	Anoushka Mukherjee
House Prefect	Tanushka Sharma
Holding House Prefect	Nandini Jain





## FREEDOM

MOKSHA HARNAL - U V

*The world's very draconian,  
Step feels like a drag,  
How wicked it is just to be,  
Alleviate this misery.*

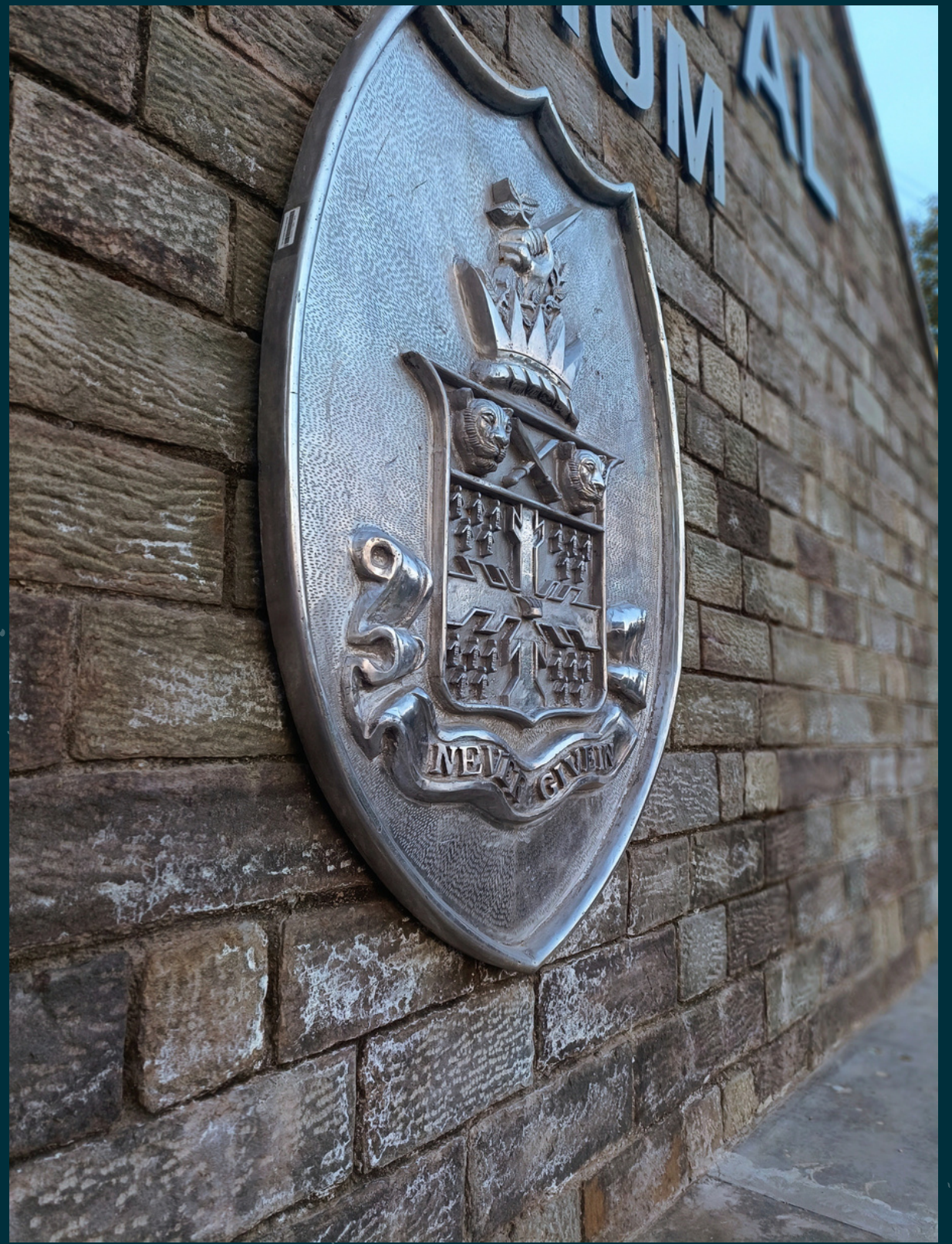
Peace is a human right, and to be able to live freely is also one of them. So, why do humans act corrupt and cause conflict? No human being is illegal, then why do we judge other people based on their appearance, gender, class or caste? Free minds equate to a free society, so why do people tend to act oppressively against others just to gain power over them? This planet cannot sustain this system. Humans were neither always chained nor confined nor did we have to constantly fight for our freedom or look for a place to live without restrictions.

But such are the circumstances these days that fundamental human rights had to be written and implemented to restore humanity and hence restore Earth. We all bleed the same colour, we all were born the same way and we all will cease to exist someday. So, why do we fight and quarrel just to gain victory which will pass in fleeting moments and won't matter anymore once we perish?

Racial discrimination is so prominent that people of colour have to fight and protest to be able to live like any other being. People are discriminated against just because they are black but, how is black a lesser colour than any other? Why does a person's skin colour get to decide their fate? Don't criticise blackness. Why is ending racism still a debate?

Virginia Woolf once questioned, "If Shakespeare had a sister as talented as he, would she have the same opportunities to develop her skills?" Perhaps not, because back then the thinking was such that if Jesus performed a miracle, he was considered God but, if a woman made a miracle happen she was chained and called a witch. Most great pieces of literature like Vilette, Emma, Wuthering Heights, and Pride and Prejudice have been written by women so poor that they could not afford to buy more than a few quires of paper at a time to write. Virginia Woolf also said, "Lock up your libraries if you like but, there is no gate, no lock, no bolt that you can set upon the freedom of my mind."

When we are deprived of freedom, there arises a battle in us and we begin to fight that war, to indulge in the greater battle for freedom because freedom for humans is like the blue yonder upon which birds dive to soar.



## LIFE WITH BACKGROUND MUSIC

Parinoor Sekhon & Shareen Chauhan - LV

Imagine a world where every action had a suitable melody to accompany it. Every time something miserable happened, a somber tune would play. While creeping around the house in the middle of a night, you would feel like a super spy with James Bond theme blaring in your head. How amazing would it be to never be alone with that deafening silence!

Life should definitely come with background music. Every day of everyone's life would be what they've always dreamt it to be like being in a movie. Everyone would feel like the main character of their own show. While songs playing away how could someone be in a sour mood for long?

Life with background music can also be a bit distracting as you'd hardly be able to focus on anything else considering the never ending playlist in your head. No matter, whenever you fail at something you're trying to do, songs will always be by your side.

At last we would like to say life with background music would be quite amazing because everything does feel rather incomplete without songs in the background.



## TAKING A PAUSE

### MANNAT GILL – U III

For your mental well-being, especially in a boarding school, you have to relax sometimes. This is as essential for your physical health. In Sanawar, I have learned about the Pause Therapy which is supposed to help you get better sleep. Often in life we get stress and anxiety but we have to find a solution to it as it can affect our mental, emotional and physical health. You can do this early morning or before bed.

Sit or lay down straight and then do not let other noises and actions disturb you. Just be with yourself, if you cannot do that then you do not enjoy your own company. You have to think about your life or any other thing that you would want to think of. Do not let your mind entertain any negativity; just allow positive thoughts to enter. Some thoughts might lead to some stress but what you have to do is to think of how to solve it, if it is the past then you can only think of improving what you will do in the future.

This is for anyone and everyone with stress and anxiety. Do not give up and keep trying as some take longer than others. This process should not disturb you in any way instead it should calm you down. After the activity, you can even write down on a piece of paper how you felt. I hope you will enjoy trying it. This helps not only those with stress but even those who wish to enjoy life to the fullest.



## ARE LEADERS BORN OR MADE?

### NAINA GREWAL – U V

A leader is not the person who orders their people about, instead he works for and with their people. A captain goes down with the ship and the officer leads the road formation if anyone hits a landmine during patrolling (the officer is the first one to sacrifice himself). These are two of the finest examples of leadership from Indian Defence Forces.

Although leadership can be seen in almost all the spheres but 'Are Leaders Born or Made' has been debatable for decades now. The heir to any monarchy will grow up to take the throne. Looking at their personalities many would say that they were born leaders but in reality there were institutions, people outside and within institutions who actually first understood and gained the required knowledge to make others understand their responsibilities in a positive way and that in turn helped them in building these characteristics.

There are some traits of a person that they inherit, some traits are good and some are bad. Whichever ones they are they need to be modified from the time when we are just toddlers. Inherited traits are like raw talent. To use this raw talent to your advantage and take it to another level, other things need to come into play.

In most cases both inherited traits and institutions are equally important, as they go hand in hand.

Even though I strongly hold with those who believe that leaders are made, I cannot say for sure whether leaders are born or made but I can tell you that Indians reproduce at the rate of one Australia per year and yet we don't have as many leaders as we should.





# FEMINISM

## DIVA SOROUT – L V

Women have spent their entire lives being told to shrink, to make themselves smaller. They've been advised to be ambitious, but not so ambitious that they end up threatening a man.

“Why the word feminist?” some may ask, “Why don't you just say you believe in human rights or something?” Of course, feminism is a facet of human rights, but using such a broad term implies that the gender problem isn't directed at women and that they haven't been oppressed their entire lives.

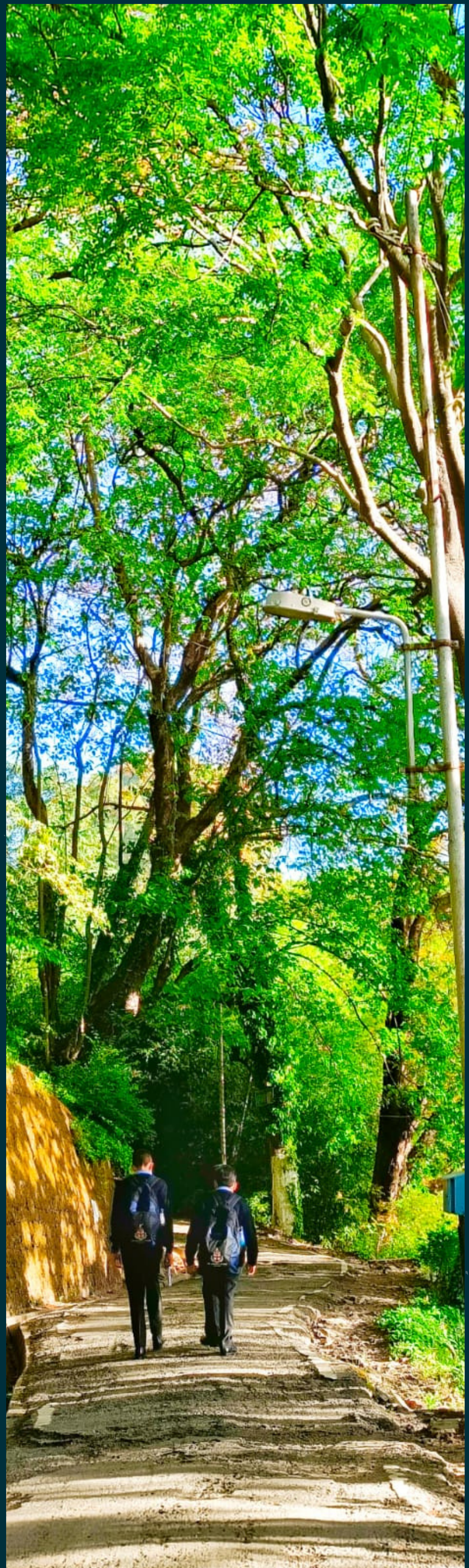
The correct definition of a feminist is someone who demands equal rights for both genders, someone who believes in eradicating the gender problem, and someone who believes that we, as humans, must do better.

Now comes up the issue of gender. Rather than accepting us for who we are, it tells us how we should be. Imagine how much happier we all would be, and just how much freer we would be to be our own unique selves if gender expectations did not weigh us down.

From the very beginning we, the girls, are taught shame. “Cover your legs, cover your head etc.” We are made to feel as if being born female, we are already guilty of something. Boys are told to be brave, not to cry because crying would make them seem like less of a man. They are trapped in the small cage of masculinity.

How many more kids need to be disowned simply because they refuse to love who society forces onto them? How many more boys are to be shamed for not acting masculine? How many more girls are to be denied opportunities simply because of their gender?

In the end, I would like to quote the book “We Should All Be Feminists” by Chimamanda Ngozi Adichie: “Gender matters everywhere in this world and I would like today to ask that we begin dreaming of a different world, a fairer world. A world full of happier people who are true to themselves. And this is how we must start; we must raise our sons differently, we must also raise our daughters differently.”





## EXPERIENCE AT SANAWAR

TABITHA AND NEMNUNHOI – U VI, 2021-22

The Lawrence School, Sanawar is a co-educational residential school located near Kasauli, Himachal Pradesh. Both of us got the opportunity to study there. During the peak of the covid-19 pandemic, our L VI classes were conducted online so we got to physically see the school in 2021 while in 12th grade. We then met our batchmates who were very welcoming. It was a great experience to hear about the school and their old days. Sadly that year the school couldn't function like in the past because of the ongoing coronavirus spread with only the 12th grade batch in school. The classrooms are well furnished and spacious. Even the teachers are very professional in their approach.

We were lucky to get such a sweet and caring matron for our dormitory. We watched movies, we listened to music and also went for the workout sessions. The students here workout and it really inspired us to do the same and take care of our body. It was then followed by baths. Since there were only nine people in the upper dormitory, we had a bathroom to ourselves, which really made us happy. Sometimes we got into arguments and misunderstandings but it would be over in no time.

At times, we really used to miss our former school and wanted to leave Sanawar. Our views on everything weren't up to the expectations. But as we spent three months, we adjusted a bit and we even made friends. Then we came back in 2022 for the Board practical exams and we saw a big change in the way we were treated. We were given lot of freedom. Everyone was lenient with us. And the best part was we stayed in the Bursar's residence. The matron who looked after us was very sweet. We could go for walks, and even to buy eatables.

The best part of school is the school buildings and the nature around it. It is a really big school. One thing that amazed us was the many little quarters for the teachers and support staff. It is so pleasant to the eyes to just look around the school. The old history, old infrastructures dated back to the British times will blow anyone's mind. It is no doubt the best school to study in and to learn to be strong and independent.





## INTER-HOUSE JR. ENGLISH DECLAMATION

Declamation is an artistic form of public speaking. It is a dramatic oration designed to express through articulation, emphasis and gestures.

John Ford once said, “You can speak well if your tongue can deliver the message of your heart.” To inculcate the skill of impressive speech, The English faculty of the School conducted an Inter-House Jr. English Declamation competition on 28<sup>th</sup> April, 2022.

The selected students from classes Lower IV, Upper IV and Lower V participated in the activity and declaimed on a variety of topics like ‘Failing is a Blessing in Disguise, Laughter is the Best Medicine, Autobiography of a Book, Highschool Kids Don’t Need Helicopter Parents and many more. It was a tough and challenging competition since all the participants performed to the best of their ability and House spirit.

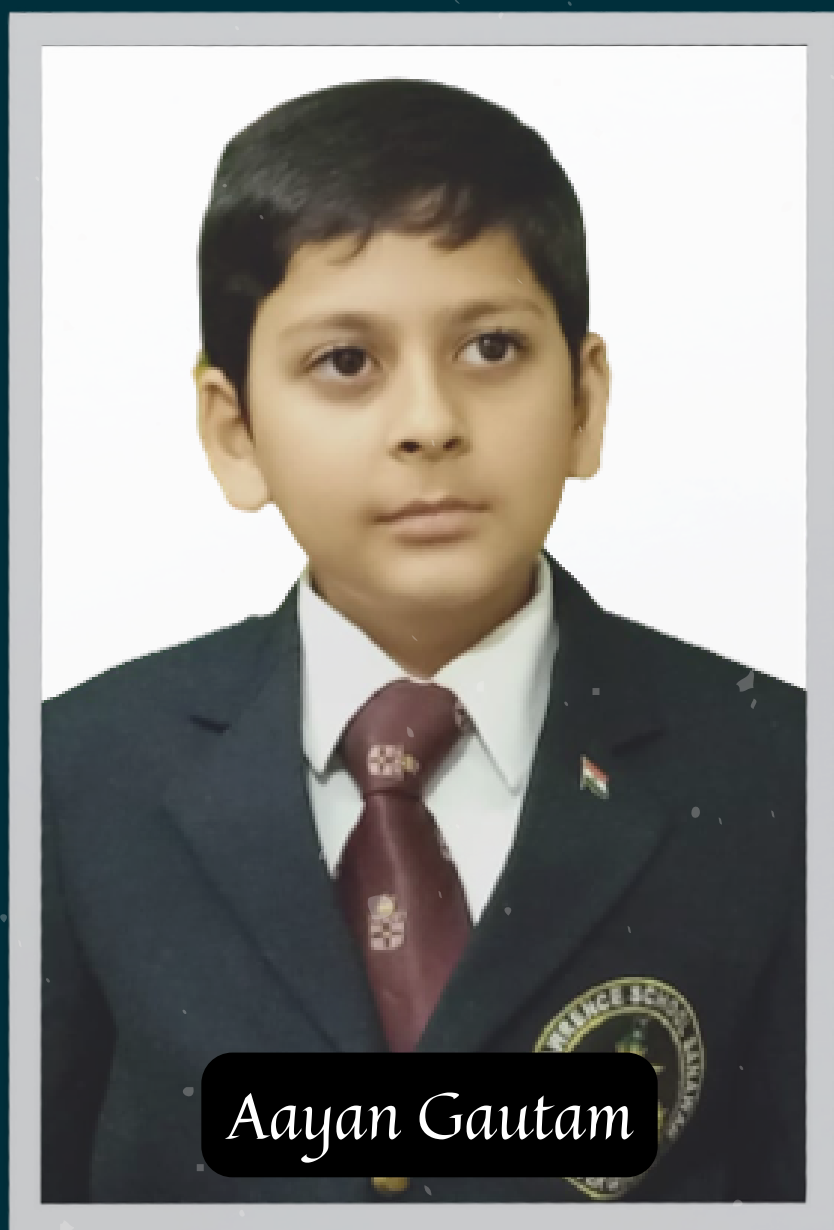
The result of the competition is as follows:

### Individual positions:

1st – Ayaan Gautam	Nilagiri House
2nd – Abhya Atal	Siwalik House
3rd – Shranya Gupta	Vindhya House

### House positions:

1st	Siwalik House
2nd	Vindhya House
3rd	Nilagiri House
4th	Himalaya House





## Inter-House Sr. English Debate

An Inter-House Sr. English Debate was held on 12<sup>th</sup> May, 2022. Students of U V & and U VI forms participated in the same. The debate was conducted on the modified Cambridge format. The first motion on the floor of the house read “All Students should have an After-School Internship.” The Siwalikans debated in favour of the motion while Vindhyaans opposed it. The other two houses Nilagiri & Himalaya debated on the motion, “Young Democracy has High Levels of Bureaucracy”.

Both the debates were highly informative in the form of argumentation and refutation. The speakers articulated their views in persuasive and powerful manner. The results were as follows:

### Individual Positions:

First	Manya Bansal	U VI
Second	Uday Singh Kadian	U VI
	Arnav Bansal	U V
	Parth Bansal	U V

### House Positions:

First	Siwalik House
Second	Vindhya House
Third	Himalaya House
Fourth	Nilagiri House



Manya Bansal



Uday Singh Kadian



Arnav Bansal



Parth Bansal



## OBSERVANCE OF WORLD WATER DAY AT SANAWAR

‘Save Water, Save Earth’ is the slogan we will never stop following. But most people do not follow it. They keep the taps running and waste water. On the other hand there are angels who save water, no matter what.

At Sanawar we conducted many activities to spread awareness about the World Water Day. The students gave speeches, recited a poem, enacted a play and displayed posters during a special assembly. An Art Competition was also organized at the Art Department for PD to observe the World Water Day. Over ninety students participated in the same. We began with watching videos followed by discussions and finally the creative ideas started taking shape on the paper.

World Water Day is observed on 22<sup>nd</sup> March every year. It is an annual United Nations Observance, started in 1993, that celebrates water and raises awareness. A core focus of World Water Day is to inspire action towards Sustainable Development Goal (SDG) 6: water and sanitation for all by 2030.

The theme this year focuses on the ‘Ground Water – Making Invisible Visible’.

The impact is visible all around although the source remains invisible.

- Ground water is a hidden treasure that enriches our lives. It is out of sight but is right under our feet.
- Groundwater makes up for almost all of the liquid freshwater available in the world.
- Groundwater will become more scarce as climate change worsens.
- If we have to sustainably manage this precious resource we must work together.
- Groundwater may remain invisible, but we must always be mindful about it.

Paintings and posters were created on the same theme. These creations were displayed during the Special Assembly that was held to observe World Water Day, 2022. It helped spread awareness among students regarding the importance of water. About 2 million people across the world do not get clean and safe water hence it is very important that those who have access to safe water do not waste it and use it wisely. It is very important that we save water to be able to save earth and the innumerable species that inhabit it.

It is high time we took control of the situation and pledge to save water to achieve the Sustainable Development Goal 6: water and sanitation for all by 2030.

### RESULT OF PAINTING COMPETITION HELD ON 29<sup>TH</sup> MARCH, 22

#### Group : A : L III

First	Jiya Kishore Saxena	L III B
Second	Samiksha Gupta	L III B
Third	Arisha Jain	L III A
Consolation	Kainaath Jakhar	L III C

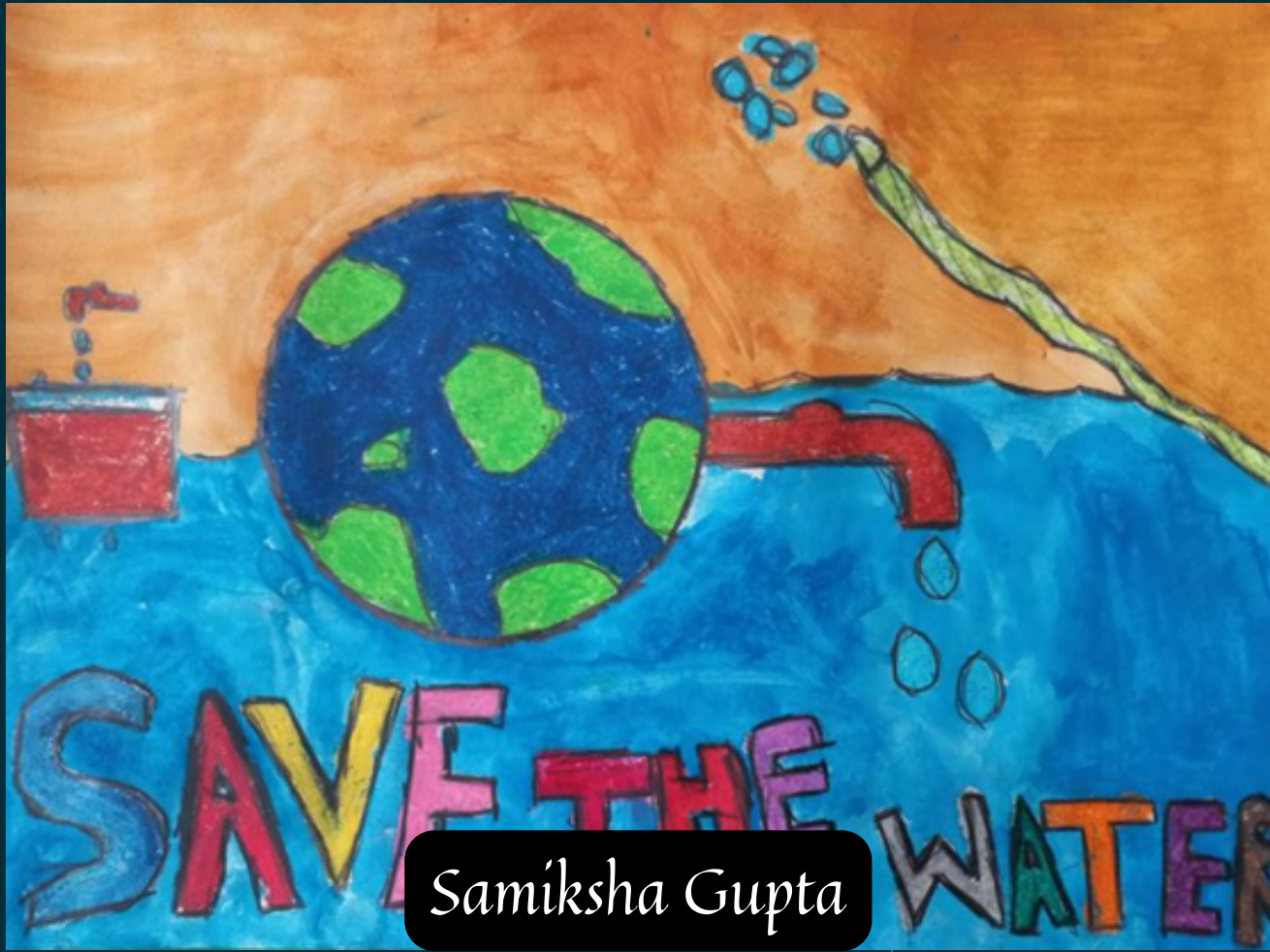
#### Group B : U III

First	Yashvi Sood	U III
Second	Trisha Lakhotia	U III B
Third	Ahaana Bhadauria	U III A
Consolation	Chitarngada Chandel	U III B
Consolation	Nangsasha Namchom	U III C

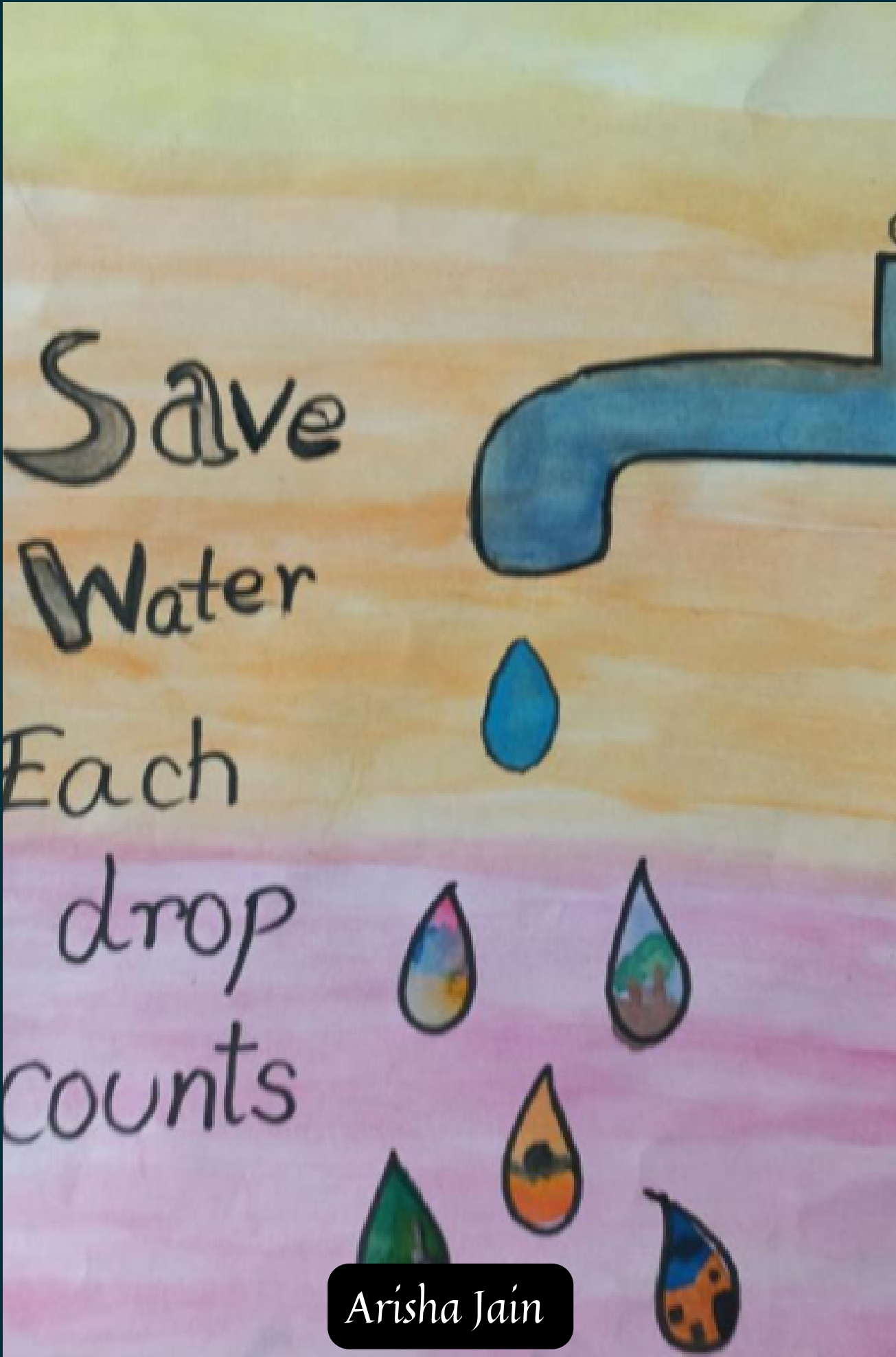




Jiya Kishore Saxena



Samiksha Gupta



Arisha Jain



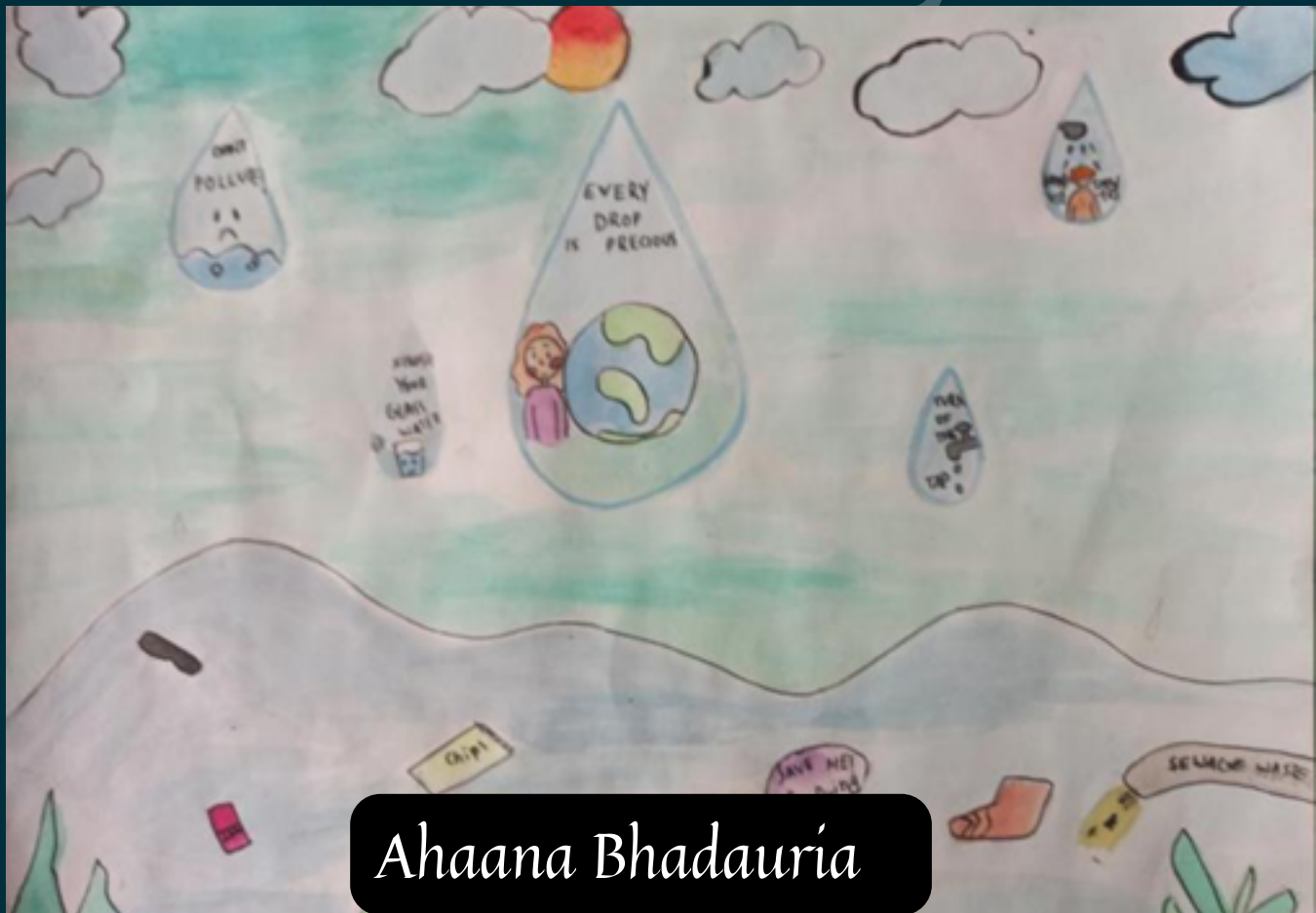
Kainaath Jakhar



Yashvi Sood



Trisha Lakhotia



Ahaana Bhadauria





Chitarngada Chandel



Nangsasha Namchoom





## EARTH DAY, APRIL 2022

Earth is a fine place and is worth fighting for. To save our planet the Earth Day is celebrated all over the world on 22<sup>nd</sup> April every year. The idea for the Earth Day was proposed by Senator Gaylord Nelson in the 1970s as an environmental initiative. Now, more than 193 countries, about 1 billion people celebrate the Earth Day. Our beautiful home provides us with precious life and is a planet like none other. We rely on it for valuable resources such as soil, water, minerals, energy, food etc. Even though we are completely dependent on it we misuse it. Because of this misuse just 1.5 billion years are left for the magnificent earth to support life. Protecting our planet starts with you and me. Following the 3 R's -reduce, reuse and recycle can help protect the earth. Just plant a tree, volunteer and educate!

At The Lawrence School, Sanawar the students were provided with a lot of information about the Earth Day. A very informative School Assembly was organized on 22<sup>nd</sup> April to aware the students of all that our mother earth offers to us and the present state of the earth. Moreover, on the 15<sup>th</sup> April an Art Competition was organised for a selected group of 45 students on the topic 'Invest in our Planet' which was the theme for the Earth Day, 2022. All of these activities guided us about how we can save earth. A few simple actions in the right direction can help save the earth. Just remember to love the earth as you would love yourself!

Result of the Painting Competition for Sr. School held on 15<sup>th</sup> April:

Theme: Invest in our Planet.

Category : A (Class : L IV)		
Position	Name	Class
First	Amaira Bansal	L IV A
Second	Aatmika Bali	L IV C
Third	Bhavika Rathore	L IV B
Consolation	Vanika Singh	L IV B
Consolation	Ayana Singla	L IV B
Category : B (Class : U IV)		
First	Enya Goyal	U IV C
Second	Aarshia More	U IV B
Third	Divya Ranjan	U IV B
Category : C (Class : L V)		
First	Anadya Galib	L V C
Second	Vriti Bansal	L V D
Category : D (Class : U V)		
First	Preet Gupta	U V A
Second	Sehar Kairon	U V B
Third	Peehu Chahar	U V C
Category : E (Class : U VI)		
First	Shivangi Sinha	U VI C
Second	Aakriti Patra	U VI D
Third	Aayushi Soni	U VI A
Consolation	Anaam Kapoor	U VI





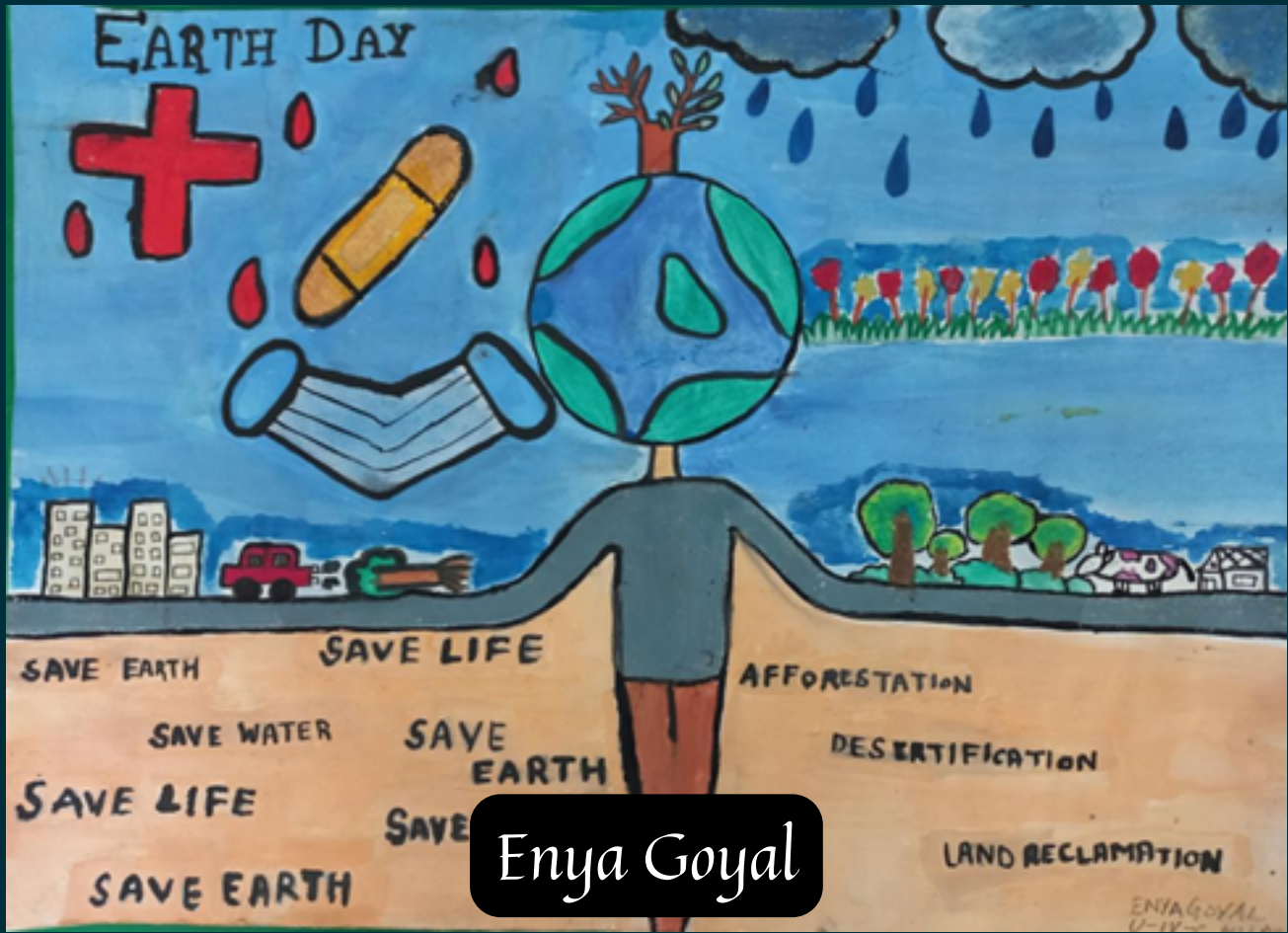


GLIMPSES OF STUDENTS AT WORK

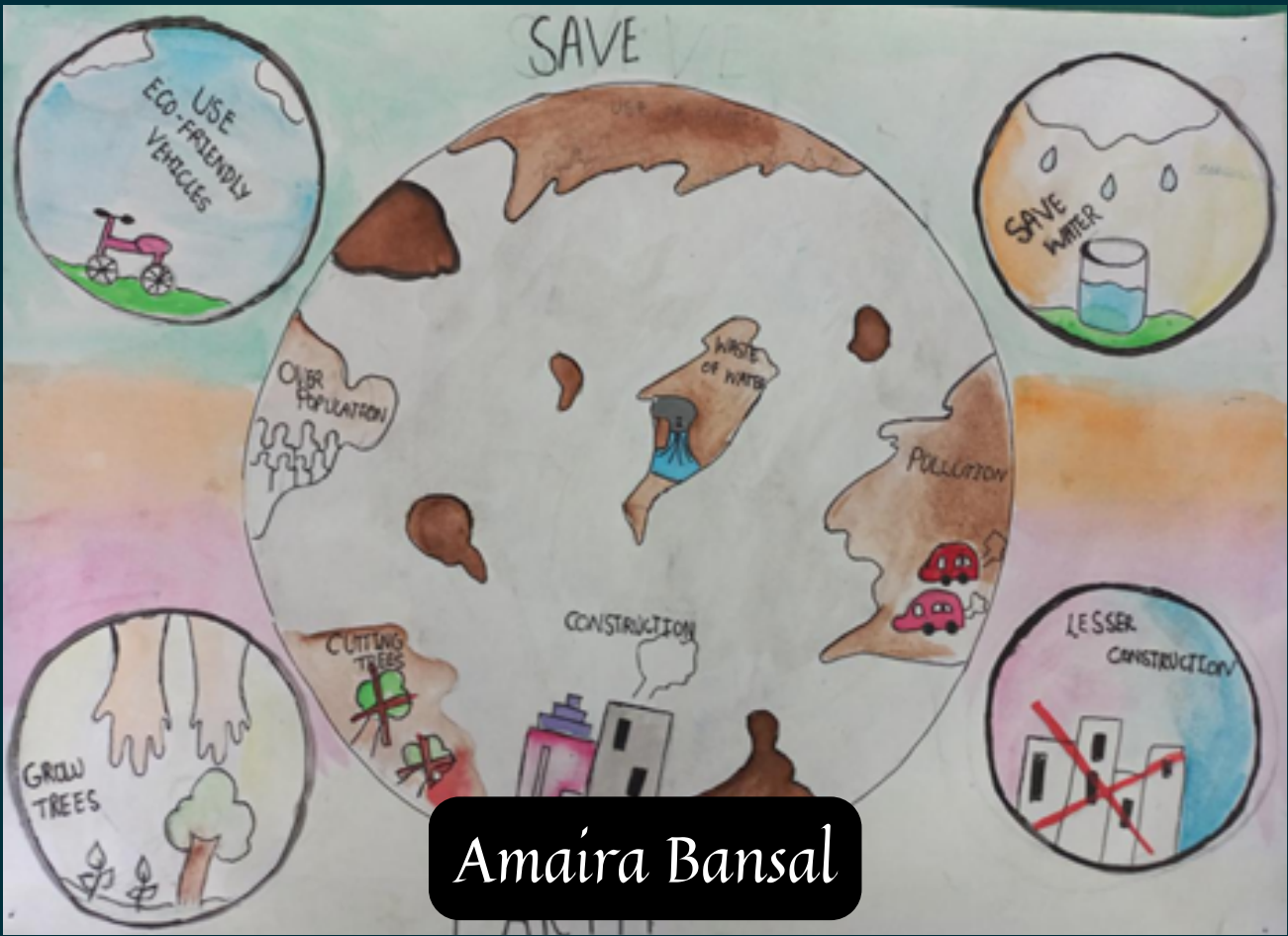




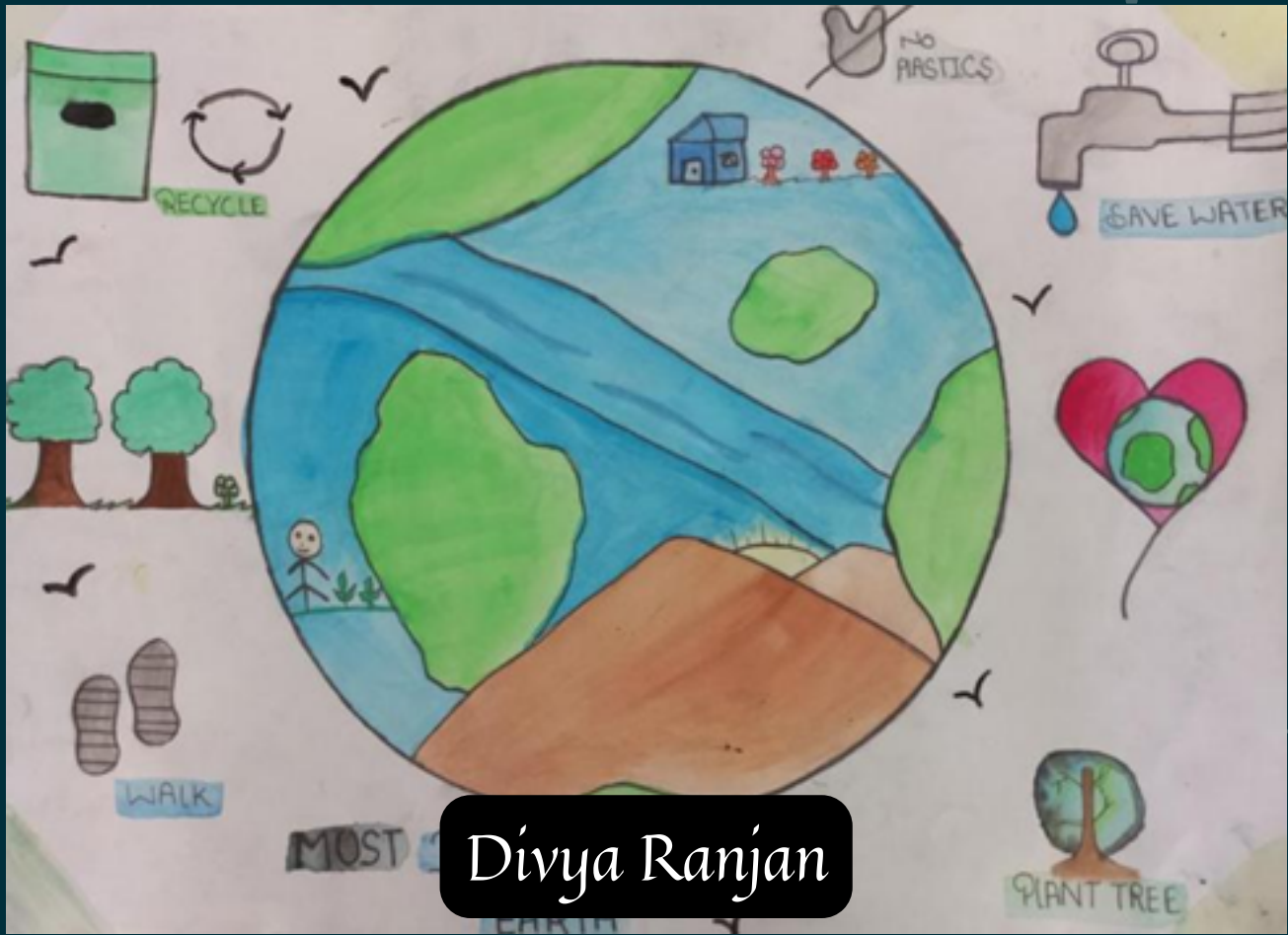
SOME OF THE CREATIONS BY THE WINNERS



Enya Goyal



Amaira Bansal



Divya Ranjan



Aarshia More



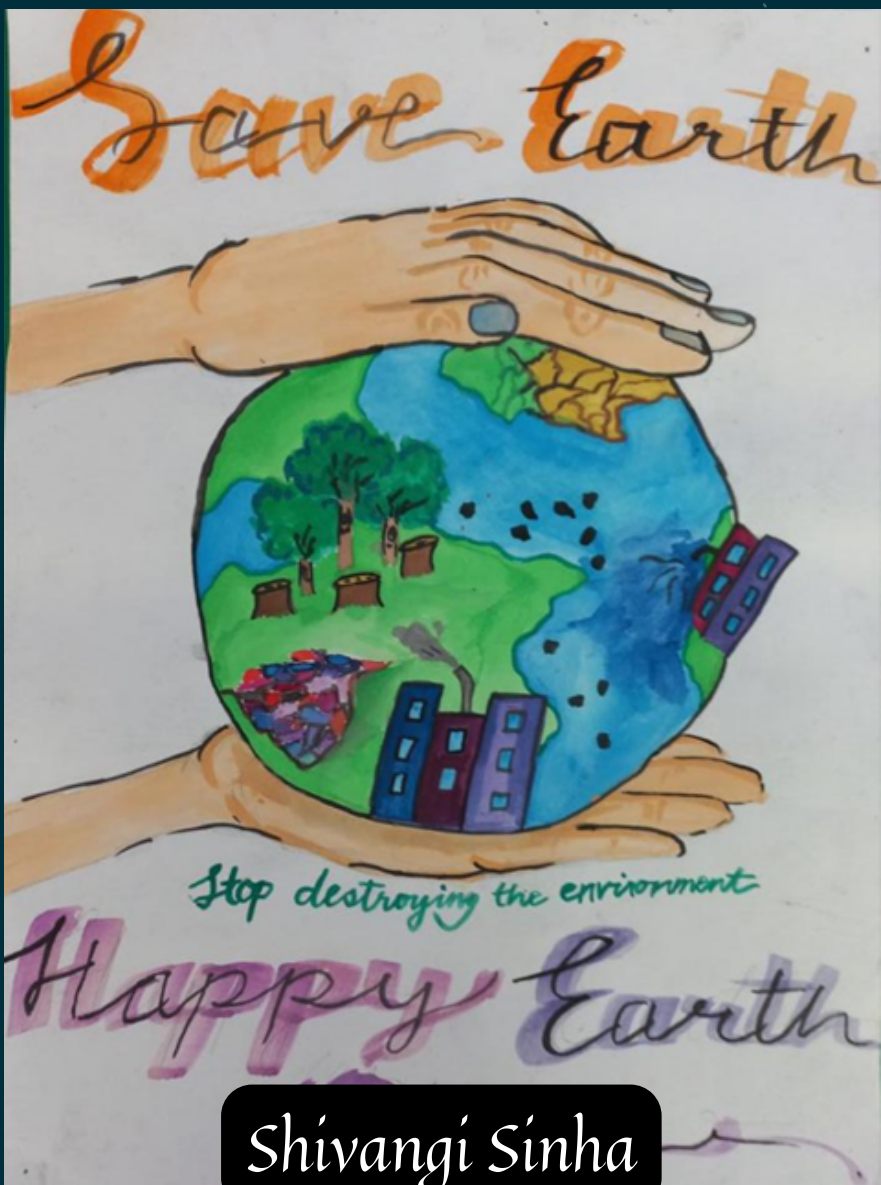
Aanya Gupta



Tanmaya Sahni



Anadya Galib



Shivangi Sinha



# हिन्दी खण्ड

## संगति का असर

देव शर्मा, कक्षा - छठी 6 (ए)

कहते हैं लोग जैसी संगति में रहते हैं उनका चरित्र उसी तरह परिवर्तित होता है। जो प्रभाव अपने मित्रों की बातों का होता है किसी और की बातों का नहीं होता है। एक मित्र अपने मित्र को बुराई के गड्ढे में जाने से बचाता है। जिसको सच्चा मित्र मिल गया उसकी ज़िन्दगी तो मानो सफल हो गयी। परन्तु जो बुरी संगति में पड़ गया वह तो मानो बर्बाद हो गया। सच्चा मित्र खज़ाने की तरह होता है। बुरा मित्र विष के समान होता है।

एक बार की बात है एक लड़का बुरे लड़कों की संगति में पड़ गया। वह उनके साथ घूमने लगा उनके साथ अपना वक्त बर्बाद करने लगा। वो जो कहते उनकी बातें मानने लगा। उन सबका असर उसकी पढ़ाई पर होने लगा। वह अपने विद्यालय के समय पर उनके साथ रहने लगा। कुछ दिन बाद गालियाँ देनी भी शुरू कर दी।

उसका एक मित्र 'श्याम' उसे बचाना चाहता था। वह समझ गया था कि वह बिगड़ गया है। उसको अपने दोस्त को समझाने का एक तरीका सूझा। उसने एक किलो सेब खरीदे और उसमें एक सड़ा सेब रख दिया। श्याम के मित्र ने दूसरे दिन देखा तो सारे सेब सड़ चुके थे। श्याम ने उसे बताया कि जैसे एक सड़ा सेब सारे सेब खराब कर देता है, वैसे ही बुरा मित्र पूरे मित्र मंडल को बुरा बना देता है।

हमें अच्छे दोस्तों के साथ रहना चाहिए और जैसी संगति पालते हैं, हमें वैसा ही फल मिलता है।



## देश की बेटियाँ

प्रीशा जेमीन पटेल और सिया शुक्ला, कक्षा सातवीं  
न जाने कहाँ-कहाँ पहुँच गई, यह हमारे देश की बेटियाँ  
अपने कोमल पंख फैलाकर, दूर-दूर तक पहुँच गई हमारी  
बेटियाँ।

बहुत सारे रूप हैं इनके

जैसे माँ, बेटी बहन

आगे न बढ़ने देने का पाप न करें

क्योंकि यही है हमारे देश की शान

हमारे देश की बेटियाँ।

बेटियों को न मारो, बेटों के लिए

क्योंकि इनमें भी है वो क्षमता

तुम्हारा नाम रोशन करने की।

अपने बल पर खड़ी हो सकती है हमारे देश की बेटियाँ

बंद न रखो इन्हें, बाहर निकलने दो इनको, शान लाएँगी वो

घर में जो बेटा भी न ला सकेगा।

हम देश की बेटियाँ

साथ खड़ी हैं, अपनी बहनों के लिए

न करो नाइंसाफी और दो बराबर मौके।

दुनिया को सुरक्षित बनाओ, यही है विनती आपसे।

अंततः बस यही कहना चाहेंगे कि बेटी बचाओ, बेटी को

आगे बढ़ाओ॥





## आत्मविश्वास

अनाहत छाबड़ा, सदन- नीलगिरी

अंतर्सदनीय हिन्दी भाषण प्रतियोगिता में ‘आत्मविश्वास’ विषय पर अपने विचार प्रस्तुत कर अनाहत छाबड़ा ने द्वितीय स्थान प्राप्त किया।

नेता जी सुभाष चंद्र बोस जब आई. सी. एस. की प्रतियोगिता में बैठे तो अंग्रेज़ परीक्षक ने उनसे घूमते हुए पंखे की ओर इशारा करते हुए पूछा – क्या इसकी पंखुड़ियाँ गिनी जा सकती हैं। सुभाष जी ने झट से पंखा बंद किया और कहा –जी हाँ! बड़े आराम से। फिर परीक्षक ने उन्हें एक और कसौटी पर कसा। परीक्षक ने उन्हें अपनी अँगूठी दिखाई और कहा- क्या इसमें से सुभाष चंद्र बोस निकल सकते हैं? सुभाष जी ने अपना नाम एक कागज़ पर लिखा अँगूठी से निकाल दिया। यह था उनका आत्मविश्वास। जिसकी वजह से वह डगमगाए नहीं और परीक्षक को प्रसन्न कर दिया।

कृष्णा ने महाभारत में अर्जुन से कहा था –परेशान मत हो, युद्ध कर, तू निश्चित रूप से अपने शत्रुओं पर विजय पाएगा। इन विश्वास भरे शब्दों ने पाँच पांडवों को सौ कौरवों पर विजयी बनाया।

महात्मा गांधी दुबले – पतले इंसान थे। उन्होंने बिना किसी तलवार पूरे देश को आज़ादी दिलवा दी।

जिंदगी में उतार भी है और चढ़ाव भी। यदि कोई व्यक्ति सिर्फ़ उतार की बात कर रहा हो, वह ऐसा व्यक्ति होगा जो कूड़ा घरों के पास कुर्सी बिछाकर शहर की गंदगी को गाली दे रहा हो।



## पर्यावरण

सृष्टि प्रिया, कक्षा सातवीं (ए)

नमस्कार बच्चों! और कैसे हैं आप सब? आज मैं आपको धरती की रक्षा के बारे में कुछ बताना चाहती हूँ। धरती की रक्षा के लिए मानव समाज को महात्मा गाँधी की यह बात हमेशा याद रखनी चाहिए-

“हमारी धरती हमारी ज़रूरतें तो पूरी कर सकती है लेकिन हमारे लालच को नहीं।”

आदरणीय पृथ्वी रक्षकों एवं धरती माँ की प्रिय संतानों – वैसे तो धरती की रक्षा सदा ही महत्वपूर्ण रही है, पर आज वर्ष दो हज़ार बाईस में तो इसका महत्व पहले से कहीं अधिक बढ़ गया है। कारण यह है कि जलवायु बदलाव, नदियों व समुद्र का प्रदूषण, वन-विनाश, वायु-प्रदूषण जैसे संकट इतने विकट हो गए हैं कि हमारी प्यारी धरती की जीवनदायिनी क्षमता ही खतरे में पड़ गई है।

हमारी धरती पर लाखों प्रजातियों, लाखों जीव-जन्तु, पेड़-पौधों का जीवन पनपता रहा जबकि हमारी जानकारी के अन्य ग्रहों पर जीवन नहीं के बराबर रहा। यह इस कारण संभव हुआ क्योंकि धरती पर बहुत विशिष्ट जीवन पनपाने वाली स्थितियाँ हैं। पर हजारों प्रतिष्ठित वैज्ञानिक अब चेतावनी दे रहे हैं कि तरह-तरह के पर्यावरण विनाश के कारण धरती की यह जीवनदायिनी क्षमता संकट में पड़ रही है।

इक्कीसवीं शताब्दी हमारे सामने है। आप सभी स्कूल के छात्रों का जीवन इस शताब्दी से जुड़ा है, परंतु यदि हमने समय रहते पर्यावरण की रक्षा के लिए बहुत बड़ा प्रयास नहीं किया तो इस शताब्दी के अंत तक जीवन पनपने की स्थितियाँ धरती पर बहुत विकट हो जाएँगी। इस स्थिति में कुछ लोग दूसरे ग्रहों पर उपनिवेश करने, वहाँ मनुष्य की बस्तियाँ बनाने की सोच रहे हैं, परंतु ऐसी दूर की उड़ान भरने से क्या कहीं अच्छा यह नहीं है कि हम अपनी प्यारी धरती की रक्षा करें। धरती के सभी मनुष्यों के साथ-साथ धरती के सभी जीव जंतुओं व प्रजातियों की रक्षा करें।

आने वाली पीढ़ियों की बहुत बड़ी ज़िम्मेदारी है कि हम धरती की रक्षा करें- यह बात हमें समझनी है, संभालनी है। पर हमें यह याद रखना होगा कि लालच पर्यावरण संकट को बढ़ाता है, सादगी पर्यावरण संकट से बचाती है। धरती बचेगी तभी सब जीव जन्तु बचेंगे। धरती की रक्षा होगी तभी भावी पीढ़ियों को सुरक्षित जीवन मिल सकेगा।

बड़ी-बड़ी बातों से नहीं बचेगी धरती  
वह बचेगी, छोटी-छोटी कोशिशों से  
हम नहीं फेंकें कचरा इधर-उधर, स्वच्छ रहेगी धरती,  
हम नहीं खोदे गड्ढे धरती पर, स्वच्छ रहेगी धरती,  
हम नहीं होने दें उत्सर्जित विषैली गैसों, प्रदूषण मुक्त रहेगी धरती,

हम न काटें जंगल, पानीदार रहेगी धरती,  
धरती को पानीदार बनाएँ, आओ धरती बचाएँ।



## पिंजरबद्ध पक्षी

ख्याति बंसल, सातवीं- ए, सदन- हिमालय

पिंजरे में बंद पक्षी अपनी कहानी सुनाता है,  
पेड़ के नीचे से मुझे चिड़ीमार ले जाता है,  
बाज़ार में मुझे बेचकर पैसा कमाता है,  
खरीदकर मुझे लोग अपने घर ले जाते हैं,  
पिंजरे में रखकर लोगों को दिखलाते हैं,  
मेरी आज़ादी छीनकर खुद खुश हो जाते हैं।  
मैं अपनी आज़ादी याद करता हूँ  
वो खुले आसमान में उड़ने की चाह,  
झरनों का पानी पीना, खेतों से अनाज चुगना।  
जी करता है इन सलाखों को तोड़ कर  
फिर से आज़ाद हो जाऊँ मैं  
फिर से आसमान में उड़ान भर मैं  
अपने दोस्तों संग दूर देश निकाल जाऊँ मैं  
पर लगता नहीं ऐसा संभव हो पाएगा,  
लगता है दिल के अरमाँ दिल में ही रह जाएँगे।



## अंतर्वर्गीय चित्र लेखन प्रतियोगिता के परिणाम अंतर्वर्गीय (22 अप्रैल, 2022 को पृथ्वी दिवस के उपलक्ष में आयोजित)

कक्षा- पाँचवीं

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कनिष्का गुप्ता  
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पाँचवीं (सी)  
पाँचवीं (ए)  
पाँचवीं (बी)

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द्वितीय स्थान  
द्वितीय स्थान  
तृतीय स्थान

कक्षा- छठी

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आराध्या सक्सेना  
आतिक्ष अग्रवाल

छठी (ए)  
छठी (ए)  
छठी (सी)  
छठी (बी)

प्रथम स्थान  
द्वितीय स्थान  
तृतीय स्थान  
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