

THE SANAWAR NEWS - LETTER



68

MARCH

2014

Section I : From The School

G.D. Prefects—2014

School Appointments

Head Girl	... Mehak Sood	(S)
Deputy Head Girl	... Mrunalini Pandit	(H)
MI Prefect	... Simran Godhwani	(N)
Academic Co-ordinator	... Bhavya Bhasin	(N)

House Appointments

HGD

House Captain	... Mrunalini Pandit
House Prefect	... Lhenzin Choden
School Prefect	... Devika PUNCHHI
Holding House	

NGD

House Captain	... Architta Gupta
House Prefect	... Azmat Kaur
School Prefect	... Simran Godhwani
Holding House	

SGD

House Captain	... Isha Bhatia
House Prefect	... Sanchita Khanna
School Prefect	... Eka Kumari Singh
Holding House	

VGD

House Captain	... Nazm Banga
House Prefect	... Zia Kaur Mann
School Prefect	... Sarah Yadav
Holding House	

B.D. Prefects—2014

School Appointments

Head Boy	... Kunvar Prateek Singh Sohal	(S)
Deputy Head Boy	... Adiraj Singh	(N)
M.I. Prefect	... Jayant Malla	(H)
Academic Prefect	... Mayank Gautam	(V)

House Appointments

Himalaya

House Captain	... Jayant Malla
School Prefect	... Ashesh K. Simha
House Prefect	... Mayuk Chadha (Sr. Dorm. Jr. Prefect)
House Prefect	... Manav Singla (Jr. Dorm. Jr. Prefect)

Nilagiri

House Captain	... Adiraj Singh
School Prefect	... Gurjeevan Brar
House Prefect	... Yuvraj Gulati (Sr. Dorm. Jr. Prefect)
House Prefect	... Devesh Chhabra (Jr. Dorm. Jr. Prefect)

Siwalik

House Captain	... Arpit Singh Parihar
School Prefect	... Virain Mohan
House Prefect	... Angad Singh Virdi (Sr. Dorm. Jr. Prefect)
House Prefect	... Sahaj Singh Bedi (Jr. Dorm. Jr. Prefect)

Vindhya

House Captain	... Ajaytaj Singh
School Prefect	... Randeep Singh
House Prefect	... Simer Kharbanda (Sr. Dorm, Jr. Prefect)
House Prefect	... Utkarsh Tbapa (Jr. Dorm. Jr. Prefect)

Holding House

House Captain	... Manik Tulani
School Prefect	... Aryaman Malhotra
House Prefect	... 1. Raavishu Sanghvi 2. Fateh J.S. Bala

Make It Happen

Kunwar Prateek Singh Sohal, Head Boy

It is an absolute honour for me to address you all from the same platform where many distinguished personalities have so ably and deservingly done so. I would like to use this opportunity to remind you all of the rich legacy that we Sanawarians have and we are duty bound to protect, preserve and take it to the next level. It is universally acknowledged that the students of this prestigious institution are considered "a force to reckon with" in every nook and corner of the world. It is our responsibility to achieve greater milestones in the near future. It is our duty to be great individuals, be agents of change to create a great society and bring more glory to our beloved school and country.

As you all know, the world around us is taking giant leaps forward and progressing at a fast pace. That leaves no room for half-measures. We should be humble but not complacent about the rich heritage of our school. We need to aspire to raise the bar in every field—be it academics, co-curricular, sports, discipline and most importantly "attitude". We can't just stand and wait for something to happen or for someone to make it happen. We cannot wait for success to come knocking at our door. We cannot wait for a lucky star to fall from heaven. We have a vision, we must go all out and hunt for what is right. We should adopt the approach of a perfectionist in every field and every path we tread on.

And to all my batchmates, let us aspire to have the highest ideal of developing ourselves so that we become this school's and society's biggest assets. Let us mould ourselves to be humans who understand life and endeavour to add value to every activity we participate in. Let us leave our footprints in the sand of time. Let us pledge to make history. Let us have our own success story.....a story worth telling to the many generations which will follow us.

The Most Important Gift

Mehak Sood, Head Girl

The most important gift we can give ourselves is the commitment to live an authentic life—to be true to ourselves. However, it is not an easy task. We must tap our hidden selves, explore the deep seated unseen hopes, desires, strengths and weaknesses that make us who we are. Every decision we make, every step we take must be conformed by our commitment to living a life that is true and honest and authentic to ourselves.

What holds us back in life is the invisible architecture of fear, but every time we do what we fear, we take back the power fear has stolen from us. On the other side of our fears lies our strength. There is no insignificant work in the world. So do

everything whole heartedly. Do it to the best of your abilities. We must work like Picasso, who painted with devotion, passion, energy and excellence. In this way our productivity will not only become a source of inspiration to others but it will have an impact making a difference in the lives around us. One of the greatest secrets to a life beautifully lived is to do work that matters and to ascend to such a state of mastery in it that people can't take their eyes off you.

Every single one of us is here for a reason, a special purpose—a mission. Be happy, have a lot of fun, sing the songs of life, love with all your heart, become successful but above all be significant. Make your life matter. This is how we can shift from the realm of the ordinary into the heights of extraordinary and walk among the best who have ever lived.

Like Buddha said, "The biggest problem in life is that we all think we have time".

A Tribute

Adiraj Singh, Deputy Head Boy

I have a sense of great pride and deep responsibility, at having been entrusted with the task of serving my school as the Deputy Head Boy. It shall be my sincere endeavour to always stand by and cherish the ethos of this institution and further strengthen the pillars of these ethos: integrity, dignity, honesty, loyalty and honour.

It seems like yesterday, when I walked down the corridors of this prestigious institution for the first time as a bewildered little boy of upper three. And now in what seems like no time, I find myself today as the Deputy Head Boy of the school.

I have grown up to be what I am, only because of the five long years spent in the sheltering and nourishing environment of this great and wonderful institution, which has become a home. With all due humility, I am convinced my being considered capable of holding this position and entitlement is a befitting tribute to all the guidance and values that this school and my teachers have given me.

As I reminiscence about my first day in Sanawar the memory of my standing in awe and admiration of the high and imposing walls that guard and protect us comes clearly back to me. My father pointed out one such wall to me and I saw something written there that would remain with me for the rest of my life. The inscription on the wall was our school motto—"Never Give In". And that exactly what each one of us believes in and strives to live up to. Because of this unwavering belief in our motto. Sanawarians are prepared to gather their strength and get up and strive again, and again and again—no matter what the set back or the hurdle is.

The only thing constant in life is change; we learn that in Sanawar too. However, we also learn that all change must be accomplished by using that which is constant and permanent and unchanging-integrity, honesty, loyalty and honour. Without these, change is meaningless, like so much dust being cast into the wind.

I call upon all the students (the new and the not so new) to always abide by this novel teaching imbibed in us and always remember - to 'NEVER GIVE IN'.

The Broken Violin

Srijani Sankar Barik, L-V

Wind blowing through the cracked window glass,
Gusts the dense dust off the old mahogany chair,
I remember that once Sir Gilligan sat,
He smoked his pipe in the gallery's regal air.

Oils and masterpieces hung on the golden walls
And also his auctioned cello and violin,
The musical instruments high up on the maple shelf,
The golden bow was for sure abraded with high resin.

He listened to Mozart and Beethoven,
On his timeworn platinum gramophone,
And listened to the bravura and melodious works,
Of Greg Abate's magical saxophone.

His pipe was dusted with gold and ivory,
It cost nothing less than grands,
And sudded with jades and sapphires blue,
It held the uppermost charge for the errands.

Sir Gilligan fell for an English belle,
And guaranteed her all his coinage,
The marriage ceremony was grander than grand,
It was to be reported on the first page.

The Lady assembled by Sir Gilligan's side,
She sported the exorbitant English dress,
Her glamour was to be distinguished,
By the designers and the press.

And then was born the blue-eyed heir,
With lips alike ruby and hair like amber,
But he was born a natural lassitude,
And the Gilligan domain was in danger.

He grew up to be the awe aspiring man,
For every woman in Grap Springs,
However his lethargy gave way to shrewd,
To give malevolent its wings.

But as years went and time passed by,
Their pendants had destroyed their trust,
Sold their property and their possessions,
The mansion was corroded and iron caught rust.

It was an appalling and outrageous end,
Sir Gilligan perished due to sarcoma,
The lady lived her last as a seamstress,
And died of severe melanoma.

That mansion on 21st Harem Street was never sold,
Boulders never fell and it persisted bold
The pigeons built the nests and spiders made webs,
And the portraits caught dust and mold.

The gold and platinum of the instruments have
perished,
They look nothing more than cheap tin,
But if you desire to listen,
You can hear the sound of the broken violin.

I Want to be

Aadya Gupta, U-V

I yearn to be free
to dance on the footsteps of eternity
to dangle from the ever moving hands of the clock
of infinity
to whisper my secrets to the wind
my hopes to the stars
my dreams to the sun
to light them from afar

I wish to be
the whisper of wind on a flying kiss
a parent's exclamation at the game their kids didn't
want them to miss

To be the first drop of summer rain
falling on an upturned face
to be the uplifted wings of a dove
the epitome of grace

To be the sparkle in a squirrel's eyes
when it beholds the wonders of spring
to be in a child's grin
as he talks about his favourite things

To be the first snowflake on a little girl's nose
the sparkle of paint as she colours her toes
I'll be the smear of paint on an artist's cheek
the counting of a girl playing hide and seek

I wish to be so many things
I want to be the reason behind a smile, the hand
that wipes a tear,
who takes away your fear
and someday,

I will.

Water

Danish Dhaul, U-V

I'm supposed to be transparent and cool,
but humans have polluted me and have been very
rude.

I look all colours like green and brown,
you waste me like anything and then you frown.

You build huge walls which you call dams
then you say I flooded the village and your plans.

Into me you dump tonnes of dirt
it's like a wholesome garbage berth.

When you get flooded, you curse me
but without me you can't fulfil your daily necessities.

Please stop this way of working
because I just go with the flow,
All I am saying is that humans to themselves bring
grief and sorrow.

Skiing Euphoria in Gulmarg

Ishan Sarin, U-V

Tanmay Robert Kharmartha, L-V

This one is a first! During the winter vacations, the Sanawarians went for Skiing to Gulmarg with Pep Turf, an adventure sport's venture run by Lt Col Manoj Malhotra, himself a seasoned skier.

A team of twenty five students flew to Srinagar in January. We were greeted by the snow at the airport, but this was nothing compared to what we were welcomed by at Tangmarg. We were cozily sitting inside our cabs while heavy snow fell all around us! The drivers were expert at driving in such adverse conditions! They had put chains on the wheels and were driving very effortlessly! For most students; this was a new experience. The drive was only a trailer of what lay ahead! When we reached Gulmarg, unending white peaks cradling the valley from all sides greeted us! Nothing could have prepared us for such a pristine, ethereal and incredible sight.

We stayed at the excellently designed IISM, which was very well kept, comfortable and centrally heated. For the next two weeks followed a strict regime of waking up at seven am, having milk and biscuits and being in time for an hour of Zumba Fitness, which the Colonel, a Certified Zumba Instructor, conducted himself. After a nutritious breakfast we would wear our skiing boots, pick up our skies on our shoulder and walk up to the slopes for skiing lessons and runs. For the first two days everyone kept slipping, falling but the techniques were learnt very well. On day one, we skied upon the Nursery Slopes of Army's High Altitude Warfare School, driving in us the point that in snow, you only ski. Our balance and skiing skills by the fourth day were appreciated by all.

We had instructors who were of the highest credentials and had participated and trained skiers for National and International events. No wonder then that we were all able to pass the basic training with 'white' colours! On our final day we had to pass the test which included Kick Turn, Snow Plough turns, Stem turn techniques.

The most exciting part of skiing for Sanawarians were the competitions is Slalom and Downhill, which had split second differences in the competitors. As a number of glittering cups were at stake, each student put the best ski downwards, displaying a heady cocktail of skiing skills, speed and the Sanawar Spirit.

Pep Turf really pepped up our days through a number of funfilled activities like Zumba in snowfall, Bonfire on Lohri in snow, the Gondola Ride to Aparawat, the Shikara Ride in the Dal Lake at Srinagar and not to miss, the motivating educational trip to the Kanchenjunga Museum organized for us. The food kept us energized, instructors inspired us and we just took to skiing like fish to water.

The snowman competition brought out some hidden skills of Sanawarians, the evening briefings turned out to be great fun too.

We have returned snow struck, qualified skiers, seasoned to perform in snowbound areas and determined to become competitive skiers. There were no sunshine holidays, but Skiing, Skiing and more skiing. The icing on the cake was that Aryaman Malhotra and Sidaq Gulati, participated in the Giant Slalom at the Junior Nationals at Auli from 1 to 4 March 2014 and performed exceedingly well.

GESE (Trinity College, London)—2013

Interested students from class L-III to U-V sat for GESE, in Nov., 2013. The students were tested by Mr. Barry Green Wood, nominated by Trinity College, London. Out of one hundred twenty students forty-nine attained Distinction and forty-eight attained Merit.

The results are as follows:

S. No.	Name	Class	Result
1	Adil Pratap S. Ghuman	5 A	Merit
2	Aman Hooda	5 A	Merit
3	Arush Singhal	5 A	Merit
4	Gia Sidhu	5 A	Distinction
5	Gursimran S. Walia	5 A	Merit
6	Nachael Gill	5 A	Distinction
7	Naman Seth	5 A	Distinction
8	Nandini Singhal	5 A	Merit
9	Paarth Jain	5 A	Distinction
10	Saket Mehra	5 A	Merit
11	Satvik Narula	5 A	Distinction
12	Surya Krishan Gauri	5 A	Merit
13	Tarika Khanna	5 A	Distinction
14	Yuvraj Chawla	5 A	Distinction
15	Adriti Mehta	5 B	Distinction
16	Akshat Das Jain	5 B	Distinction
17	Chaitanya Swami	5 B	Merit
18	Gurriday Chawla	5 B	Distinction
19	Hargun Singh Walia	5 B	Distinction
20	Karan Chaudhary	5 B	Distinction
21	Pavit Sidhu	5 B	Distinction
22	Raghav Gupta	5 B	Distinction
23	Rhea Bedi	5 B	Distinction
24	Saina Sodhi	5 B	Distinction
25	Samar Takkar	5 B	Merit
26	Sartaj Singh Nagpal	5 B	Merit
27	Yaksnayam Vats	5 B	Merit
28	Aarvan Bathla	5 C	Pass
29	Isha Gupta	5 C	Merit
30	Kartik Boora	5 C	Merit
31	Manvender Singh Chahal	5 C	Merit
32	Navya Monga	5 C	Distinction
33	Pranav Bansal	5 C	Distinction
34	Sakshi Godhwani	5 C	Distinction
35	Sakshi Gupta	5 C	Merit
36	Seerat Sandhu	5 C	Distinction
37	Shivam Anritesh	5 C	Distinction
38	Shourya Gupta	5 C	Distinction
39	Swaraj Singh Nagpal	5 C	Merit
40	Trinabh Jain	5 C	Merit

41	Vivaan Parvinder Singh	5 C	Distinction
42	Zorawar Oberoi	5 C	Distinction
43	Aditya Garg	6 A	Merit
44	Arihant Singh Samyal	6 A	Merit
45	Arindham Bhatia	6 A	Distinction
46	Aryaman	6 A	Merit
47	Devika Vadehra	6 A	Distinction
48	Ishampreet Kaur Ahuja	6 A	Merit
49	Jaiveer Singh	6 A	Distinction
50	Prabhsimran Singh Walia	6 A	Distinction
51	Dhruvarya Rathore	6 B	Distinction
52	Gopal Agarwala	6 B	Distinction
53	Nanaki Parvinder Singh	6 B	Distinction
54	Tejasv Kochar	6 B	Merit
55	Umair Singh Dhillon	6 C	Distinction
56	Abhuy Singh Sekhon	6 C	Pass
57	Akshaan Jain	6 C	Merit
58	Dhriti Malik	6 C	Merit
59	Divyansh Gupta	6 C	Merit
60	Laksh Sharma	6 C	Merit
61	Ribhav Chopra	6 C	Distinction
62	Ronald R. Kharmarbhā	6 C	Distinction
63	Shaan Sidhu	6 C	Merit
64	Shaan Singh Chhabra	6 C	Distinction
65	Shrey Arora	6 C	Pass
66	Anoushka Chauhan	7 A	Distinction
67	Dhruv Veer Bhutani	7 A	Merit
68	Gopalesh Bansal	7 A	Merit
69	Navya Chopra	7 A	Merit
70	Sanah Singh	7 A	Distinction
71	Soumil Gupta	7 A	Merit
72	Adhyapan Verma	7 B	Merit
73	Aditya Chadha	7 B	Merit
74	Fateh Sidhu	7 B	Distinction
75	Gursharn Singh Virk	7 B	Merit
76	Kshitij Anand Agarwal	7 B	Merit
77	Mehul Jain	7 B	Merit
78	Riya Uppal	7 B	Distinction
79	Sohum Gakhar	7 B	Distinction
80	Anhad Parvinder Singh	7 C	Distinction
81	Shreyas Dewan	7 C	Merit
82	Abhinav Sohal	7 D	Merit
83	Madhavendra S. Chauhan	7 D	Pass
84	Mehul Khullar	7 D	Merit
85	Raisa Choudhary	7 D	Merit
86	Uday Garg	7 D	Distinction
87	Advaita Singh	8 A	Distinction
88	Akshit Bansal	8 A	Merit
89	Nikunj Agarwal	8 A	Pass
90	Virajit Pratap Rana	8 A	Merit
91	Zaffar Abed	8 A	Merit
92	Manavjeet Singh	8 B	Pass
93	Manu Irehan	8 B	Pass
94	Ridhi Sharma	8 B	Distinction
95	Keshav Peri	8 C	Merit
96	Pranav Arora	8 C	Merit
97	Taavishi Vaid	8 C	Merit
98	Hamelari Kurbab Mawlong	8 D	Distinction
99	Hiren Thakur	8 D	Distinction
100	Tanmay R. Kharmarbhā	8 D	Distinction
101	Dhan Raj Jaglan	9 A	Pass
102	Manish Garg	9 A	Pass
103	Atishya Nayak	9 B	Pass
104	Vishvajit Singh	9 C	Pass
105	Anvika Khanna	9 D	Distinction
106	Abhijeet Raman	10 A	Pass

107	Abhinit Malhotra	10 A	Distinction
108	Gursimar Kaur Kathuria	10 A	Pass
109	Kritika Kochar	10 A	Pass
110	Manmohan B. Sandhu	10 A	Pass
111	Siddharth Pawan Valecha	10 A	Pass
112	Janhvi Arora	10 B	Merit
113	Medha Yadav	10 B	Pass
114	Nandini Prakash	10 B	Pass
115	Anandita Sood	10 D	Merit
116	Ashrita Singh	10 D	Pass
117	Prabhbir Singh Mann	10 D	Pass
118	Shriya Arora	10 D	Pass

Biography Writing Competition

A Biography Writing Competition was held on 6th March, 2014 under the aegis of the Faculty of Humanities. Twenty Five students from upper five class participated in the competition. The topic of biography was Garibaldi—an Italian freedom fighter. The participants showed a lot of enthusiasm on the subject and wrote some amazing facts about his life. The first three positions for the best biography on the given topic were adjudicated to the participants:

First position:	Aadya Gupta	NGD
Second position:	Sarwatejas SJB Rana	NBD
Third position:	Raagini Gupta	HGD

These kinds of activities help the students to enhance their knowledge and other skills. Besides imparting confidence, such activities also help in motivating the students to learn more about great men and their lives.

Section II : SPORTS NEWS

BD Cricket Festival Match—2014

The festival match was played on Saturday, 15th March in Barne Field.

Staff XI batted first and scored 105 runs for nine wickets in 20 overs. In reply Sanawar XI made 102 runs in 20 overs. Thereby Staff XI won the match by three runs. The highlights of the match were a hat-trick by Dr. Sanjay Sharma in fourth over of the match and Mr. Deepak Sharma who took 03 last wickets in the last over for four runs.

Dr. Sanjay Sharma took first four wickets in first four overs. Abhijeet Roman held the game for boys after losing 04 wkts in first four overs for 21 runs. He batted till 19th over and scored maximum 38 runs for boys.

हिन्दी खण्ड

दिनांक 7-3-2014 को विद्यार्थियों ने प्रार्थना सभा में विभिन्न लेखकों के निम्नलिखित विचार पढ़े :

अध्यापक का मुख्य कर्तव्य है कि छात्र में सौंदर्य के प्रति अनुपम उत्पन्न करे। अध्यापक छात्र के चरित्र का इस प्रकार विकास करे कि वह 'मैं', 'तू' से ऊपर उठ सके, इसलिए प्राचीन जाचार्यों ने धर्म की शिक्षा दी थी। आज भी अध्यापकों को अपने शिष्यों में धर्म की प्रवृत्ति उत्पन्न करनी चाहिए। धर्म उन सब बातों का सम्मिलित रूप है, जो कल्याणकारी हैं। अपना कल्याण समाज के कल्याण से अलग नहीं हो सकता। लोग हमारे साथ कैसे व्यवहार करते हैं—इसकी ओर कम और हम खुद औरों के साथ कैसे आचरण करें—इसकी ओर अधिक ध्यान देने की आवश्यकता है।

अच्छे आचार्य से पढ़ा हुआ विद्यार्थी सत्य का प्रेमी और खोजी होगा। उसमें नफ़रत तथा प्राणि-मात्र के लिए सौहार्द होगा। वह संयमी और परिश्रमी होगा तथा साथ ही अत्याय, अत्याचार और कदाचार का विरोधी होगा। इसका तात्पर्य यह नहीं कि सब संन्यासी होंगे। गृहस्थ पर धर्म का भार स्यासी से कम नहीं होता। व्यापार, वासन तथा कुटुंब क्षेत्रों में भी धर्म का प्रमुख स्थान है। यह भी दावा नहीं किया जा सकता कि कोई दुराचारी होगा ही नहीं। अध्यापक और समाज प्रवर्तन मात्र कर सकते हैं। यदि समाज में अमीर-गरीब, ऊँच-नीच की विषमता, शोषण आदि का बोलबाला हो, तो ऐसी दशा में अध्यापक को बोल देना अन्वय है। फिर भी अध्यापक परिस्थितियों को बोल देकर बैठा नहीं रह सकता। उसको तो अपने कर्तव्य का पालन करना ही है, सफलता कम हो या अधिक।

अध्यापक को अपने शिष्य की भूलों को तो ठीक करना ही होगा, मगर सहानुभूति और प्रेम के साथ ही नहीं कभी-कभी थोड़ा सा नय दिखा कर भी। यह आदर्श बहुत ऊँचा है पर अध्यापक का पद भी कम ऊँचा नहीं है।

सर्वतेजस राणा
कक्षा दसवीं-डी

संसार में अमरता ऐसे ही लोगों को मिलती है, जो अपने पीछे कुछ आदर्श छोड़ जाते हैं। जिनका स्थाई मूल्य होता है। बहुधा यही देखा गया है कि ऐसे व्यक्ति संवन्न परिवारों में बहुत कम पैदा होते हैं। अधिकांश ऐसे लोगों का जन्म मध्यम वर्ग के घरों में या गरीब परिवारों में होता है। इस तरह उनका

पालन-पोषण साधारण परिवार में होता है। वे सादा जीवन बिताने के आदी हो जाते हैं।

मनुष्य में विनय, उदारता, साहस आदि चारित्रिक गुणों का विकास अति आवश्यक है। इन गुणों का प्रभाव उसके जीवन पर पड़ता है। ये गुण व्यक्ति के जीवन को अहंकारहीन या सादा-सरल बनाते हैं। सादा जीवन या सादगी का अर्थ है, रहन-सहन, वेशभूषा और आचार-विचारों का एक निविष्ट स्तर। जीवन में सादगी लाने के लिए दो बातें विशेष रूप से करणीय हैं, प्रथम कठिन-से-कठिन परिस्थितियों में धैर्य को न छोड़ना और दूसरी अपनी आवश्यकताओं को कम बनाना।

सादगी का विचारों से भी घनिष्ठ संबंध है। सादा जीवन व्यतीत करना चाहिए और अपने विचारों को उच्च बनाए रखना चाहिए। व्यक्ति की सच्ची पहचान उसके विचारों और करनी से होती है। मनुष्य के विचार उसके आचरण पर प्रभाव डालते हैं और उसके विवेक को जाग्रत रखते हैं। विवेक-शील व्यक्ति ही अपनी आवश्यकताओं को सीमित रखता है। उन्हें अपने ऊपर हावी नहीं होने देता। सादा जीवन व्यतीत करने वाले व्यक्ति को हतप्रम होकर अपने आत्मसम्मान पर आँच नहीं आने देनी चाहिए। सादगी मनुष्य के चरित्र का अंग है, वह बाहरी चीज़ नहीं है।

प्रार्थना :

हे ईश्वर ! हम सभी बाहरी दिशावे में विश्वास न करें। हमारे विचार उच्च हों, चित्त श्रेष्ठ हो तथा हम विवेकी बनकर अपना धैर्य कभी न छोड़ें।

जयराज चौहान
कक्षा दसवीं-डी

बर्फ से ढका गुलमर्ग

2013 का सर्दी को छुट्टियाँ मेरी सबसे लास छुट्टियाँ रहीं। इन छुट्टियों में मैं अपने स्कूल के दोस्तों के साथ गुलमर्ग गया था। मैं, सूरज, धनराज, गुरबाज़, शिवम, अनविका और कई दोस्त साथ में थे। हम सब गुलमर्ग एक उद्देश्य से गए थे और वह था—स्कींग सीखना। हमारी वह यात्रा सात दिन की थी। हम सब हवाईजहाज़ से गए थे और कुछ घंटों में हम बर्फ से ढके गुलमर्ग में थे। गुलमर्ग के लोगों ने हमारा अच्छे से स्वागत किया। वहाँ बहुत ठण्ड थी, पर हमारे कमरों में हीटर लगे हुए थे। हम सब IISM में रुके थे। हमारी वहाँ पहली रात बड़े मजे से गुज़री। अगले दिन हमें स्कींग का सामान मिलना था और हमारे स्कींग के अध्यापक से परिचय होना था।

हमें स्कॉग भारतीय टीम के कोच करा रहे थे। हमने एक छोटी स्लोप से शुरुआत की परंतु कुछ दिन में हम बड़े स्लोप से स्कॉग कर रहे थे। हमारे लिए अभी बहुत कुछ सीखना बाकी था। 5 दिन की कड़ी मेहनत के बावजूद हम सब स्कॉग में भागिर हो गए थे। हम सब ने गडोला में भी यात्रा की, वह यात्रा बहुत रोमांचक थी और हम सबको बहुत मजा आया। अब था हमारी परीक्षा का दिन और हमें वो सब कुछ दिखाना था, जो हमने इन पांच दिनों में सीखा था। हमारी स्कॉग की दो प्रतियोगिताएँ भी हुई थी जिसमें हमें स्क्वालम और डॉनहिल करना था। हम सब को यह स्कॉग की यात्रा बहुत पसंद आयी और हम सब ने बहुत मजे किए। यह सबके लिए एक नया अनुभव हुआ जिसमें ज़ुम्बा शामिल भी था। सबसे ज्यादा रोमांचक था लोहदी के दिन बर्फ में ज़ुम्बा डांस करना। हम सभी पुनः वहाँ की यात्रा करना चाहते हैं।

करण दहिया
कक्षा दसवीं-डी

दोस्ती

दोस्तों के बिना हमारी जिंदगी अधूरी है। हर दिन हमारा कोई नया दोस्त बन ही जाता है। अगर दोस्त न हो, तो किसी भी चीज़ में ज़रा सा भी मन नहीं लगता। दोस्त पुरुष भी हो सकता है और स्त्री भी। दोस्तों में लड़ाई-झगड़े भी होते रहते हैं, पर उससे दोस्तों के बीच का प्यार कम नहीं होता। हमें अपने दोस्त अच्छे से चुनने चाहिए। कई लोग अच्छे स्वभाव के भी होते हैं और बुरे स्वभाव के भी। मैं यह नहीं कह रहा कि हमेशा बुरी दोस्त बनाओ, जो अच्छे स्वभाव के होते हैं। अगर कोई ऐसा व्यक्ति है, जो तुम्हें अच्छा लगता हो पर उसका स्वभाव ठीक न हो, तो हमें उसके स्वभाव को सुधारना होगा और अच्छा व्यक्ति बनाना होगा। पर ध्यान रखना कि उसके स्वभाव का असर तुम पर ना पड़ जाए। अच्छे दोस्त वे होते हैं, जो एक दूसरे पर भरोसा करें। हमें हर व्यक्ति से दोस्ती का हाथ बढ़ाना चाहिए। दोस्ती स्कूल से शुरू होनी है। स्कूल से ही हमारे दोस्त बनना शुरू हो जाते हैं। कई दोस्त तो पूरी जिंदगी हमारा साथ नहीं छोड़ते, पर कई ऐसे भी होते हैं, जो बस हमारा लाम उठाने के लिए हमसे दोस्ती करते हैं और जरूरत पड़ने पर साथ छोड़ देते हैं। अगर अच्छे लोगों के बीच कभी भी लड़ाई हो जाए तो वह एक दूसरे से बात नहीं करेंगे। पर उनका मन एक दूसरे को खींच लाता है और फिर बात करने के लिए मजबूर कर देता है। दोस्ती का असली मतलब समझना सबके बस की बात नहीं। दोस्ती एक बहुत ही लम्बा सफर है जो जीवन भर चलना चाहिए। एक

सच्चा दोस्त वही होता है जो मित्र को बुरे मार्ग से हटाकर अच्छे मार्ग पर चलाता है, जो संकट के समय मित्र की सहायता करने के लिए तैयार होता है, जो स्वार्थी न बनकर सहयोगी बनकर साथ निभाता है। अच्छा मित्र सीमाव्य से मित्रता है। हमें भी प्रयास करना चाहिए कि हम अच्छे मित्र बनकर दिखाएँ और जीवन में कुटिलता को छोड़ें।

शिवम ठाकुर
कक्षा दसवीं-ए

भ्रष्टाचार

भ्रष्टाचार का मतलब है—भ्रष्ट आचार। यह बहुत दुर्भाग्य की बात है कि भारत भ्रष्टाचार का अड्डा बना हुआ है। कोई ऐसा क्षेत्र नहीं रह गया है, जिसमें ईमानदारी से काम होना ही। आज महाविद्यालयों में प्रवेश पाना हो या फिर व्यवसाय हो, हर जगह भ्रष्टाचार है। सरकारी कार्यालयों में तो तब तक काम नहीं होता, जब तक कोई रिश्तत न बी जाए, चाहे वह काम किसी गरीब मजदूर का ही क्यों न हो। पुलिस के भ्रष्टाचार का तो कहना ही क्या? ये लोग तो रेहड़ी वालों तथा टैक्सो ड्राइवरो को भी नहीं छोड़ते। जब अपराधी निकल जाते हैं तो पुलिस वाले हवा में डंडे चलाते हुए कभी-कभी तो किसी निर्वोध को भी पकड़ कर जेल में डाल देते हैं। इस देश के सबसे बड़े भ्रष्टाचारी हैं—बड़े-बड़े अफसर और राजनेता, जिन्होंने इस पूरे देश को बाज़ार बना दिया है। भारत देश में भ्रष्टाचार इसलिए बढ़ता जा रहा है, क्योंकि यहाँ के नेता भ्रष्ट हैं। ये भ्रष्ट लोगों के विरुद्ध कड़ी कार्यवाही के लिए कानून ही नहीं बनाते। भारत के संचार माध्यम जागरूक तो हैं, पर पूरी तरह नहीं। भ्रष्टाचार खत्म करने के लिए हमें भ्रष्टाचारी लोगों का पर्दाफास करना होगा, आम आदमियों की आँखों के सामने से काली पट्टी हटानी पड़ेगी, उन्हें जगाना पड़ेगा। पत्रकारों, कवियों, अध्यापकों तथा कलाकारों को एकजुट होकर इस देश के नवयुवकों में शुद्ध संस्कार भरने पड़ेंगे। एक राष्ट्रीय जागृति लानी होगी, तभी समस्या का समाधान होगा। मुझे प्रसन्नता है कि भारत का युवा जाग रहा है। दिल्ली के विधान सभा के चुनावों में उसने अपनी ताकत दिखा दी है। युवाओं को चाहिए कि वे धीरे-धीरे रहते हुए देश की दिशा और दशा बदलें

इन्हें समझना होगा कि कार्य बँ देर भजे ही हो जाए, रिश्तत कमी न दें। धनवान लोगों को भी अपना कार्य जल्दी करवाने के लिए रिश्तत देने से बचना होगा। रिश्तत लेने वालों के बिबद्ध कड़े कानून बनाने पड़ेगे। झाधारण आदिमी से लेकर बड़े

से बड़े नेता तक सभी को इस कड़े कानून की हद में लाना होगा। सभी अष्टाचार जैसी समस्या से छुटकारा मिल सकता है।

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