

THE SANAWAR NEWSLETTER



87

APRIL

2016

Section I : From The School Keep Going

Shaswat Thapa, U-VI (Deputy Head Boy)

Don't be afraid to fail. Even Albert Einstein didn't manage to pass an entrance exam to a university, but that didn't stop him from becoming one of the greatest minds of the 20th century. People like Steve Jobs and Bill Gates were college dropouts but that doesn't mean leaving school guarantees you become a billionaire, because as we know that the key to success is hard work and perseverance. Even if you are a very talented person and don't work hard, you will be dismissed as another prodigy who failed to live up to his potential. The question you have to ask yourself is "How many times am I willing to fail?" Every great person was once someone who refused to give up. Run after perfection and success will come running after you.

There might be some moments in life when you are at your wit's end and seem to think that all is lost. Never lose hope because God saves his worst problems for his best warriors and at the end of the storm there is a golden sky.

Life is a series of train wrecks with brief moments of happiness and can take twists and turns the moment you least expect it to. Don't be sad and complain that this happened and that didn't happen. Just move on because your past is a waste paper, your present an answer sheet and your future a question paper. So, write carefully or your life will be a tissue paper. As Abraham Lincoln once said, "The best way to predict your future is to create it!" To shoot an arrow you have to pull it backwards so when life is dragging you back with difficulties, it's going to launch you in something great.

And to all my batch mates, 2014 was practice, 2015 was warm up and 2016 is game time. I was just a little boy without even the faintest idea what life was going to be like, however, Sanawar taught me that life has ups and downs and surely there will be some hard days but you should 'Never Give In!'

What Sanawar has Taught Me

Esha Sandhu, U-VI (Deputy Head Girl)

2009-February, 'NEVER GIVE IN' were the words written in front of me. At first they didn't register but seven years later today, they mean the most to me. After coming here and adjusting, I realized how much opportunity one has in this place. Because life here doesn't only toughen you up but also prepares you for the big world outside. My grandmother once told me, "Dear Esha, your day can pass feeling sad, or your day can pass feeling good and happy, either way your day will pass." It was that day I realized that life isn't a problem to solve but a reality to experience. It is said that great minds discuss ideas, average minds discuss events and small minds discuss people! So, don't worry if you are disliked by people and remember to wear your tragedy not as your weakness but as your armour. In school we all have our house matches, runs, exams, etc. that we are afraid of but you must show that fear doesn't shut you down, it raises you up! So do not waver and just believe in yourself. We all came in as children but will be leaving as individuals, who will not give up in the tough world outside or in situations that will define us. Individuals with a sense of responsibility and with the aim of keeping the red and white flag held high. Sanawar taught me to be myself and to stand up alone when one has to and to have a sense of individuality because people who follow the crowd, usually get lost in it. And do not feel alone because Sanawar doesn't only give you friends, it also gives you a family. So in the end of your day just remember, it doesn't matter who hurts you or senses you but the one who made you get that smile back again.

From the Middle of Nowhere, Somebody Abducted Them

Srijani Sankar Barik, L-VI

Constance and Ernest were like that perfect couple, Muriel and Eustace, and Courage the Cowardly Dog who lived on parched land in the middle of nowhere with those creaking wooden blades of the old windmill rotating like the earth

around its axis. They were the perfect couple who read *Nowhere News*, never went to the gas station and had a barn full of hay but with no animals. They were beautiful together despite Ernest grumbling now and then about how disgusting Constance's recipes really were and Constance complaining how Ernest snores and makes the floorboard creak.

Long time since I hadn't talked to them though. I would painlessly be left wondering how the postman even reached where they lived. I doubted they even had an address. Ernest had always told me to write his name on the envelope and never really gave me the house number. Probably he didn't have one. He was a grumpy old man. I don't write to them anymore because I know they are dead. They told me that they were going to be. Not that I took it too seriously. Ernest had already gotten himself into trouble with the extra terrestrials and not that I believed. He had been sending these simple cosmic radiation messages to space through his custom built computer-telescope which consisted of rusty television antennas and all those things you knew were parts of typewriters and twentieth century auction material.

Ernest was a man who kept to himself. I knew Constance's pains because she told me that he had always been more interested in the universe and gave those creepy theories about aliens and those, for god's sake, actually did make sense. The last time I had visited *Nowhere*, Ernest handed me one of those paperwork and blueprints of his backyard space station. And that reminded me of *Men in Black* for an instance and then I forgot all about it. I was absorbed into those nastily intelligent strokes of pen. Those plans were far complicated than one could imagine. Ideal paperwork, equations scribbled all over and sums of trigonometry as long as the eye could see. Although I understood nothing, I knew that old man was going to come up with some hitch.

Last week, Constance had sent me a letter saying that Ernest was going insane and that lunacy had struck him. I wrote back inviting her to Minnesota to live with me until Ernest finishes off with his experiments and psychosis. Death was surely closing in on Ernest. He would stare at the void for limitless hours and would laugh himself to sleep. Insomnia became his best friend and he would gaze at the blank screen throughout the night to make sure that he didn't miss any reply or transmission. He believed that the aliens were communicating and that they weren't very far away.

Constance did not reply. Their small wooden house was lost into oblivion. The estate agents came and took the papers away only to break the house off with with a wrecking ball in order to build an Eden. I am not going to exaggerate but that was an alien abduction. I know that none of you believe in aliens. But isn't it possible that in this vast cosmos in another planet, other than the earth, life could really exist and that they are far more developed than we are? I believe in their existence. Because often, things that we perceive aren't really the things that they are.

Growing Up at Sanawar

Hayat Dhanoa, U-VI

When I first came to Sanawar, I expected to see a place as described in St. Clare's or Malory Tower's novels about life in a boarding school. Though there was a stark difference, I was not disappointed. Rather, I was excited—I had entered a whole new world where I had matrons, bells to move out, and a lot of people in my dorm! I was nervous at first to meet so many strangers that I had to live with. But, even though I joined a month late, I fit into the Sanawarian family as seamlessly as everyone else.

One of the contributing factors for my being sent here was the requirement for all-round development. Another was my lack of confidence and independence. At Sanawar, I learnt a lot more than just studies, I learnt about loyalty, friendships, and the crucial value of bravery. I have gained lifelong friends and lessons that will stick with me throughout. One thing I learnt here that couldn't be learnt anywhere else was something that is instilled in every Sanawarian—the spirit of 'Never Give In'. In fact, it was this very motto that has convinced me that I can run the whole route for Hodsons, I can get 90%, I can do anything that I set my mind to. This can be proven through one instance, I started shooting a pistol in February this year. It is now April and I'm going for the IPSC in hopes of earning a position. The achievements that really matter though, are those that help us make the world a better place to live in through small acts of kindness such as making a stranger smile or helping out a friend or by giving back to society as we do in SUPW activities here. Sanawar has changed me in a positive way and not just me. I have seen my friends mature into kind, caring and compassionate teenagers. We all believe in equality, justice, honesty and are against any form of bullying and oppression. I have found that Sanawar changes children into wonderful human beings, capable of doing whatever they set their mind to, as long as they remember to 'Stick It Through'.

Over the years, I've come to love Sanawar. It's home to me, especially seeing that I've stayed here longer than at any house. Soon, I will be a nostalgic Old Sanawarian but I still have a year to enjoy. Sanawar is such a wonderful place to live with its scenic beauty with hills all around, beautiful sunsets and the soothing greenery. Of course, the trees come with the pesky addition of the white caterpillar that give us rashes for months! But nevertheless, I love Sanawar. NEVER GIVE IN.

Best Friend

Yuvraj Kataria, U-VI

I came in this world alone,
and so will I go in the end;
So what is the point of crying today,
if I don't have a friend,

Things change, situations change and so do friends;
But we need to cope up with these mixtures and blends.

Life gives some real shocks;
But to be true, you are alone while climbing these rocks.

So when you know, you are alone;
That is the time when you will find your clove.

If you look deep inside yourself;
You will find a mighty elf.

This elf will never leave you;
Regardless of anything that you say, anything that you do.

So at the end of the day you are never alone;
So just sit alone and talk to your best friend.

Discover Yourself

Pratyaksh Tuteja, U-VI

I request all of you to think of the best moment in your life. Take your time and think.

Most of you have already thought of it and the rest are still waiting for it to come their way, isn't it?

But let me tell you the best moment you are ever going to experience, the moment that is only yours is now! In this moment you are the youngest you'll ever be and the oldest you've ever been. Ladies and Gentlemen, if there ever was a moment to follow your passion and do something that matters to you, It's now! Isn't it interesting how day by day nothing seems to change but when we look back, everything looks so different.

Life is too short to regret. Fear is temporary but regret is permanent. When was the last time you gave up on anything? We all know how it feels to give up. Don't we? What we need to experience is how it feels not to give up. We all are born to be original. We are born to be limitless.

I am sure all of us have a superhero in our life, maybe fictional like Batman or maybe real like Cristiano Ronaldo. Don't we all try our best to imitate them? From the same haircut to the same outfit. Yet the most amazing thing that all the heroes have in common but we fail to notice is their selflessness and their sacrificing nature. They live not only for themselves, but for others as well. If we all realise the value of the smallest of sacrifices made, this world would be a much better place. So discover yourself and Never Give Up! One thing that all the heroes teach us is that we need to be strong and courageous, then only things will get better. It might be thundering now, but it cannot rain forever. Life is like a coin, you can spend it any way you want to, but only once. So laugh often, sing freely, appreciate everything. Live every moment, love beyond words, care without expectations, pause the memories, stop the pain, rewind the happiness because it is the magic of this very moment that we all are born to experience.

It is beautifully said that,
The first to apologize is the bravest...
The first to forgive is the strongest...
and, The first to forget is the happiest...
Let us be the first ones, let us be brave, let us be strong and let us be happy.
Live for the moment you cannot put in words.
And always remember that,
**IT'S YOUR LIFE,
MAKE IT LARGE!**

I Am Different From You

Nixita Taneja, U-V

People just look at me,
long enough to stare,
not noticing the inside of me,
they just look at the clothes I wear.
They don't know how I feel,
they think I am always glad,
But there is something they don't know,
I am the one who is feeling sad.
They think my life is so great
but they couldn't stay one day in my shoes.
You may think I am strong,
You may think I am tough,
But you have no idea my life is rough.
Every time I am in my room,
You will see water go down my eyes.
You will ask me what's wrong,
I will put on a fake smile,
People say I am too good to get hurt,
I wish that could work.
I am here to throw away this stress and strive
To start all over
Maybe a new life.
But people over here
people over there,
They just look at your appearance
and the style of your hair
never to look in the inside of me
never to care.
The past is an important part of life,
But you can't live in past and judge a person's life,
I was brought into this world
was taught to make a mark
a mark that I could make
even if I was in your place
but later with time I realized
life's not fair
cause people will judge you
by the style of your hair
or the short-skirt you wear
the colour of your skin
or the marks that you bear
the size of your waste
or the food that you taste
the gadgets that you have
the stilettos you own
or make it the language you know
the gadgets that you bring
or the song you sing
but let me tell you something
you are nobody to judge
I am just like everyone else around
I am different from you.

I Want To Be Me

Sabah Kaur Mann, U-V

Why is it that there is always someone out there who you are compared to? I mean for people, it doesn't matter that their age difference is a lot or that they have different interests and goals. No, they just keep jumbling everyone. Why can't any one just be themselves? Why can't they not be compared to their friends, or family or anyone? But it's always there, that comparison, that question- "Why can't you be like him/her?" Well, why can't I be myself? Why can't I do what I wanna do without people telling me apparently what I wanna do is stupid and idiotic and meaningless? Well, it isn't to people like me. Believe me everyone in this world is tired of being compared, cause you always are. And when you question them why, you're just told that what you want isn't good for you. How and why do others think that they can decide what is good for us and what isn't. It is our lives. No matter what 'good' decisions they make for us, it still affects us. So, why do we let them do it? Why do we let them push us into the dark lonely corner where there is no escape? They are not exactly enjoying it but they are still doing it. Our lives are our own. Not theirs. So why not let us live it? You see the thing is, like I said before, there's always some one out there who is better than us and I understand it but why do we get compared to them? Let them live their lives and let us live ours. We don't need people hounding on us every single second of every single minute telling us that we're not good enough. We don't need or even want to hear that. Cause no matter what people say they cannot take control of our lives cause they wont be there every single step of the way I know that; you know that; we know that and subconsciously so do they. They just don't want to accept it. That's just life. It shouldn't be like that but is. We can't escape it. We can't escape that dark lonely corner which is the only constant thing in our lives. This dark lonely corner is the only reason why that so many people, especially teenagers, think that they aren't good enough and they end up committing suicide because they are tired of being compared. Tired of not being good enough. Is this right? No. Does this happen every second of one's life? I express myself now because we all go through this but are too scared to say it out loud for the world to hear. So, this is me standing up for every person who was ever been told that they aren't good enough. How do you know unless you do it?

I will Stand Apart

Ada Kohli, L-VI

Does anybody even understand
How neglected does she feel.
Everyday she thinks, she will do great.
But her scars are yet to heal.
She is the one lost in the crowd,
No matter how much she screams
Nobody even looks back at her.

Not even in her happiest dreams
She sits with people,
And tries to talk,
But as they see her,
They get up and walk.
She takes a deep breath and tells herself,
That everything will be fine.
Oh, what a pretty diamond she is,
One day she will surely shine.
She does not need to run around,
Or worry if she would fit.
Because those who follow the crowd,
Usually get lost in it.

Friends

Nitya Gupta, U-V B

To me you are angels in disguise,
Full of intuitions, you are intelligent and wise
You are the best friends I've ever had
If I had one wish it would surely be,
To give you as much as you've given me
I know our friendships have had many cloudy days
But darlings you've been the sunshine in so many ways.
We'll go through life together as a team,
Supporting and fulfilling each other's dreams
And ...and...and don't forget to share the Oreo's cream
I don't know what this world has destined for us,
But it surely wouldn't matter whether we travel in a car or a bus,
I'll be there by your side till the very end,
Even if life shows us the worst of its blends.
You're the fairies I can't live without,
Even if the corridor is no more filled with our pouts and our shouts,
We'll never give up on each other even if we get attacked by Mrs. Rishi's Heather.
Together we smile, together we laugh,
Lie to each other, for each other and cry together.
Happy or sad
Never underestimate our stupid and crazy fads,
So here it is my friends
To all funny letters we send,
The gifts we don't lend,
The tests that make us pretend,
And lastly all the crazy memories that need no mend.
Dear sisters, Life is going to show us all its bends,
Lets not bend.
Because I'm sure our strength will make us reach our happy end.

GD Basketball Festival Match

Zainab Shamsl, U-VI

The GD Basketball Festival Match was held on the 27th of February on a Saturday afternoon between GD staff team and the girls team. Despite

the age difference, both the teams were equally energetic. The opening basket was scored by Harmohar Maini. While the girls team won 15-6, the GD staff team showcased great sportsmanship and enthusiasm. This ongoing tradition helps strengthen the bond between students and teachers. It was indeed a great platform for interaction between the students and the teachers, projected by the friendly environment at the basketball court.

PD Inter-Section English Essay Writing Competition

Essay writing is an art in itself, which needs skill and dexterity. Every essay has a purpose. Infact it works like any other means of communication. It is a writing of original composition.

To inculcate this art amongst the students, the PD Inter-Section English Essay writing Competition was held on 26th March, 2016. Some topics for the same were as follows:

1. The Movie I Enjoyed the Most
2. My Favourite Sport
3. My Grand parents
4. Save Water

The result was as follows:

Lower-III

First	Anvi Chopra	L-3 B
Second	Aryaveer Chadha	L-3 A
Second	Ranav Singh	L-3 A
Third	Kashvi Sareen	L-3 C

Upper-III

First	Darren Galstaun	U-3 C
Second	Zara Kalsi	U-3 A
Third	Nishant Pajni	U-3 B
Third	Arnaj S. Sandhu	U-3 B

Result of Mathematics Aptitude Test, U-4, 2016

First Position

Abhijit A. Kumar	U-4 B
Aryan Gupta	U-4 B
Priyam Gupta	U-4 A

Second Position

Satvik Narula	U-4 A
Raghav Gupta	U-4 C

Third Position

Rohan Khanna	U-4 C
Amshul Bhatia	U-4

Result of P.D. Painting Competition Held on 17-3-2016

First	Aarin Goel	U-III C
Second	Devyani Singh	U-III B
Third	Darren Galstaun	U-III C

Consolation

1.	Kritaka Jaggi	U-III C
2.	Arya Khurana	L-III A
3.	Sargun Chawla	L-III C
4.	Sehaj Chandra	L-III B
5.	Atharv Singh	L-III C
6.	Stuti Kapoor	L-III A
7.	Samaara Khilnani	L-III B
8.	Aadil Sharda	U-III A

Section II : SPORTS NEWS

G.D. Inter-House Basketball Tournament—2016

Combined Result of GD Jr. & GD Sr.

Position	House	Points
Fourth	Siwalik	2
Third	Vindhya	4
Second	Nilagiri	8
First	Himalaya	10

Result-HP State Gymnastic Championship at Sanawar (29-30 March)

Boys U-14 :

1. Rabil Nazir (SBD/10C/02997):
 - a. Vaulting First position
 - b. Floor Exercise Third position
 - c. Pommel Third position
 - d. Declared the 2nd best Gymnast in age group
2. Abhijeet Singh (HPB/6B/03644):
 - a. Pommel First position
 - b. Vaulting Third position
 - c. Declared the 2nd best Gymnast in age group
3. Aarav Tuteja (SPB/6A/03564):
 - a. Parallel bar First position
 - b. Floor Exercise Second position
4. Aadarsh Amritesh (SPB/6A/03569):
 - a. Parallel bar Third position

Boys U-17:

5. Archit Dehloo (VBD/12D/02600):
 - a. Vaulting Third position
 - b. Floor Exercise Third position
 - c. Declared the 3rd best Gymnast in age group
6. Gopal Agarwala (NBD/9D/3676):
 - a. Pommel Second position
7. Bhavya Kapoor (NBD/9B/03065):
 - a. Parallel bar Second position
 - b. Floor Exercise Third position

8. Sahraj Singh (HBD/10B/03282):
a. Parallel bar Third position
Boys U-19:
9. Karan Dahiya (NBD/12D/02975):
a. Pommel Second position
b. Vaulting Third position
c. Parallel bar Third position
d. Declared the 2nd best Gymnast in age group
10. Shivam Thakur (HBD/12D/02517):
a. Vaulting First position
b. Floor Exercise First position
c. Parallel bar Second position
d. Declared the best Gymnast in age group
11. Yash Wardhan (NBD/12D/02528):
a. Pommel First position
b. Vaulting Second position
c. Floor Exercise Second position
d. Parallel bar Third position
e. Declared the 2nd best Gymnast in age group
12. Suraj Gupta (NBD/12D/02524):
a. Pommel Third position
b. Floor exercise Third position
c. Declared the 3rd best Gymnast in age group
Girls U-12:
13. Devyani Singh (VPG/6B/03616):
a. Balance Beam Second position
b. Floor Exercise Third position
c. Vaulting Second position
d. Declared the 3rd best Gymnast in age group
14. Maliba Tandon (VHG/7C/03420):
a. Balance Beam Third position
b. Vaulting First position
c. Floor Exercise Second position
d. Declared the 2nd best Gymnast in age group
15. Aashi Shekhar (SHG/03412):
a. Vaulting Third position
Girls U-15:
16. Shikhar Dhillon (NGD/9B/03439):
a. Floor Exercise First position
b. Declared the 2nd best Gymnast in age group
17. Sehar Mehra (NGD/9A/03441):
a. Vaulting Second position
b. Floor Exercise Third position
c. Declared the 3rd best Gymnast in age group
18. Veni Gupta (VHG/8B/03274):
a. Balance Beam Third position
b. Vaulting Third position
19. Simrina Loona (SHG/7B/08415):
a. Vaulting Second position
Girls U-19:
20. Sonam Wangmo (HGD/10B/02998):
a. Floor Exercise First position
b. Balance Beam First position
c. Vaulting Third position
d. Declared the best Gymnast in age group
21. Ada Kohli (VGD/11A 03017):
a. Vaulting First position
b. Floor Exercise Second position
c. Balance Beam Second position
d. Declared the 2nd best Gymnast in age group
22. Zoya Raj Singh (SGD/12A/02571):
a. Balance Beam Third position
b. Vaulting Second position
c. Floor Exercise Third position
d. Declared the 3rd best Gymnast in age group

Section III : O. S. News

Obituary

Keith Anil Manley, Himalaya, 1965 passed away in Birmingham on 6th February, 2016. He was a thorough gentleman and will be missed by all who knew him. Heartfelt Condolences to his entire family. May his soul rest in peace.

Obituary

Ashok Saxena, Vindhya, 1967 passed away on 4th March, 2016. He used to be the school bugler. After school, he was commissioned into 6/5 Gorkha Rifles, as a young captain, he disagreed with some seniors and resigned. He was later assigned the post of the Secretary Sainik Welfare Board from where he superannuated, a position he held for long years and used to do Yeomans service for the Service community and is fondly remembered till date.

We pray, to give strength to the family to bear the loss. May his soul rest in Peace.

हिन्दी लघु

अन्तर्गतिय हिन्दी निबंध लेखन प्रतियोगिता के परिणाम
दिनांक—8-4-2016

कक्षा पाँचवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	समाईरा अरोड़ा	बिध्या	पाँचवीं ए
द्वितीय	सुकृति	हिमालय	पाँचवीं ए
तृतीय	आशुषी माटिया	हिमालय	पाँचवीं बी

कक्षा-छठी

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	आदित्यवीर सिंह चवेल	हिमालय	छठी बी
द्वितीय	किदा महाजन	नोलगिरी	छठी ए
तृतीय	रोशन राज	नोलगिरी	छठी बी

कक्षा सातवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	पुष्प सोनी	हिमालय	सातवीं सी
द्वितीय	नुपुर शर्मा	हिमालय	सातवीं बी
तृतीय	पद्मा सिंह	हिमालय	सातवीं सी

कक्षा आठवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	यशिता बंसल	शिवालिक	आठवीं सी
द्वितीय	सनामो विगवाहजान	विंध्या	आठवीं ए
तृतीय	विवान सिंह	नीलगिरी	आठवीं सी
	गौरव	हिमालय	आठवीं डी

कक्षा नौवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	अलिता कौशिक	विंध्या	नौवीं डी
द्वितीय	महिका गोयल	हिमालय	नौवीं ए
तृतीय	प्रियल मसोन	हिमालय	नौवीं सी
	युवराज सिंह	विंध्या	नौवीं डी

कक्षा दसवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	दीया मोदी	हिमालय	दसवीं डी
द्वितीय	श्रुति जैन	नीलगिरी	दसवीं डी
तृतीय	पार्ष पंत	हिमालय	दसवीं सी
	तुषार नंदा	हिमालय	दसवीं ए

अन्तर्द्वन्द्व हिन्दी वाद-विवाद प्रतियोगिता
दिनांक—30-3-2016

सदनगत परिणाम :

स्थान	सदन
प्रथम	विंध्या
द्वितीय	नीलगिरी
तृतीय	हिमालय
चतुर्थ	शिवालिक

व्यक्तिगत परिणाम :

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	यशार्थ नारायण	विंध्या	आठवीं ए
द्वितीय	जयदीपा कुनेजा	नीलगिरी	सातवीं ए
तृतीय	अलिता कौशिक और सिमरनजीत सिंह	विंध्या हिमालय	नौवीं डी सातवीं डी

अन्तर्द्वन्द्व हिन्दी भाषण प्रतियोगिता (पो०डी०)
दिनांक 16-4-2016

सदनगत परिणाम :

प्रथम	विंध्या
द्वितीय	शिवालिक
तृतीय	नीलगिरी
चतुर्थ	हिमालय

व्यक्तिगत परिणाम :

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	तनवी सुद	विंध्या	छठी ए
द्वितीय	वियोम धवन	विंध्या	छठी ए
तृतीय	टियारा गर्ग	शिवालिक	छठी सी

प्रार्थना सभा में विचार

तिथि—25-3-2016

अनुशासन

अनुशासन राष्ट्रीय जीवन के लिए बेहद जरूरी है। यदि अनुशासन-प्रशासन, स्कूल, समाज, परिवार सभी जगह होगा तो सब लोग अनुशासन में रहेंगे और अपने कर्तव्य का पालन करेंगे, अपनी जिम्मेदारी समझे, तो कहीं किसी प्रकार की गड़बड़ या अशांति नहीं होगी। नियम तोड़ने से ही अनुशासन की छोट पहुँचती है तथा समाज में अव्यवस्था पैदा होती है। बढ़े होकर अनुशासन सोचना कठिन है।

अनुशासन का पठ सचपन से ही परिवार में रहकर सीखा जाता है। विद्यालय जाकर अनुशासन की भावना का विकास होता है। अच्छी शिक्षा विद्यार्थी को अनुशासन का पालन करना सिखाती है। सच्चा अनुशासन ही मनुष्य को वास्तव में मानव बनाता है। भय से अनुशासन का पालन करना सच्चा अनुशासन नहीं है और न ही अनुशासन का पालन करना पराधीनता है। यह तो सामाजिक तथा राष्ट्रीय आवश्यकता है।

देश में व्याप्त सभी समस्याओं के निराकरण के लिए देश के प्रत्येक नागरिक को अनुशासनप्रिय होना चाहिए। अनुशासनप्रिय होने के लिए हमें स्व-प्रेरणा के आधार पर कार्य करना होगा।

अनुशासन से अभिप्राय-नियम, सिद्धान्त तथा आदेशों का पालन करना है। जीवन को आदर्श तरीके से जीने के लिए अनुशासन में रहना आवश्यक है। अनुशासन का अर्थ है, खुद को यश में रखना।

अनुशासन के बिना व्यक्ति पशु के समान है। विद्यार्थी का जीवन 'अनुशासित व्यक्ति' का जीवन कहलाता है। ऐसा करने पर वह योग्य, चरित्रवान व आदर्श नागरिक कहलाता है। अतः हम सभी की अनुशासन का पालन करना चाहिए।

प्रार्थना :—

हे प्रभु, हम सभी विद्यार्थी आपके सामने नतमस्तक हैं। आप हमें अनुशासन में रहने, अपनी से बर्षों का सम्मान करने तथा उच्च ज्ञान प्रदान करने की कृपा करें।

मनित

कक्षा सातवीं-डी

भाषण प्रतियोगिता
दिनांक—16-4-16
नाम—तन्वी सुब
स्थान—प्रथम
कक्षा—छठी-ए

मनुष्य शक्ति का स्रोत है। ये अनेक उद्योग, समुद्र की छाती चोरते हुए ये जहाज, आकाश में उड़ने वाले वायुयान तथा विज्ञान के अन्य चमत्कार, मनुष्य की शक्ति की पताका आकाश तक फहरा रहे हैं। हम अपने प्रयत्न से क्या नहीं कर सकते? यदि हममें किसी भी कार्य को करने की सच्ची चाह हो, तो राह निकल ही आती है। इसीलिए यह कहावत कही गई है कि 'जहाँ चाह वहाँ राह'। यह छोटा-सा वाक्य हमें आगे बढ़ने की प्रेरणा देता है, हममें शक्ति भरता है और हमें अपने मानवीय गुणों एवं अपनी क्षमताओं को शक्ति की याव विलासता है। यदि हममें लगन है, चाह है और प्रयत्न है, तो हमारे लिए कुछ असम्भव नहीं है।

यदि हम कोई कार्य प्रारम्भ करना चाहें और उसे कर न पाएँ, तो इसका वास्तविक कारण यह है कि हम उसे करना ही नहीं चाहते या करना चाहते हैं तो हममें दृढ़ संकल्प नहीं है। यदि हम कोई कार्य करना नहीं चाहते तो न करने के बहाने ढूँढ़ने लगते हैं और अति साधारण विघ्न-बाधाओं को भी तिल का ताड़ बना लेते हैं। फिर हमारा मस्तिष्क रुकावटों की उलझनों में इतना उलझ जाता है कि हम उन्हें सुलझाने का प्रयत्न ही नहीं करते और उस कार्य को दुष्कर और अग्त में असम्भव समझने लगते हैं।

कार्य करने की हमारी इच्छा जब पानी की पतली और अशक्त धारा के समान होती है, तब विघ्न रुपी सूत्र रोड़े भी उसे बीच में रोक लेते हैं, किन्तु जब हमारी इच्छाशक्ति चढ़ती उमड़ती और लहराती नदी की वेगवती धारा के समान प्रबल

और अशक्त होती है, तब जिस प्रकार वह धारा बड़ी-बड़ी चट्टानों को तोड़ती, पत्थरों को टेलती और ऊँचे-ऊँचे टीलों को काटती हुई अपना मार्ग बना लेती है, उसी प्रकार हम रुकावटों को अपने सतत प्रयत्नों की ठोकरी से दूर हटाकर अपने कार्यों को पूरा करने के उपाय निकाल लेते हैं। भाव यह है कि किसी भी कार्य को पूरा करने के लिए प्रबल इच्छा-शक्ति और दृढ़संकल्प का होना आवश्यक है।

संसार का इतिहास ऐसे लोगों के उदाहरणों से भरा पड़ा है, जिन्होंने अपनी धुन में लगकर क्यों तन अनेक चेष्टाएँ कीं, पर ने असफल रहे। लोगों ने उनकी हँसी उड़ाई किन्तु वे अपने प्रयत्नों में निरंतर लगे रहे। अग्त में सफलता का सेहरा उनके सिर बँधा और सभी उन्हें सफल बेलरु आवाक और आश्चर्यचकित रह गये। उनके मन में सच्ची चाह थी, इसलिए बेरी या जल्दी से उन्हें राह मिल ही गई।

ऐसे लोगों में अधिकांश वे व्यक्ति थे, जिनकी सफलता ने सम्पूर्ण मानव समाज का हित किया है। बड़े-बड़े आविष्कारक, अनुसंधान-कर्ता, समाज-सुधारक और मुक्तिवादा इसी कोटि में आते हैं।

माना प्रकार की विघ्न-बाधाओं से अनवरत संघर्ष करके ही अनेक व्यक्ति प्रसिद्ध विद्वान, योगी, तपस्वी, चोटी के कलाकार, धनवान, सम्पत्तिवान या कुशल और प्रख्यात व्यापारी बने। उनके दिल में चाह थी, इसलिए उन्हें राह मिल ही गई। प्रत्येक काम के लिए यदि चाह हो, तो राह अवश्य मिल जाती है।

नेपोलियन का कहना था कि 'कोई कार्य असम्भव नहीं। असम्भव शब्द मूर्खों के शब्दकोष में ही मिलता है।' अपने इस बड़े विश्वास के बल पर वह सफलता पर सफलता प्राप्त करता गया। इसी कारण कहा गया है—'जहाँ चाह, वहाँ राह'।

Editors : Mrs. Nitya Chopra (English)

Mr. Narender Sharma (Hindi)

Editorial Board : Pihu Pathania, Vimanyu Chawdhary, Sriyani Barik,
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