

# THE SANAWAR NEWS - LETTER



71

June

2014

## Section I : From The School

### Annual Prize Distribution Function

The Annual Prize Distribution Function of The Lawrence School, Sanawar was held on 14th June, 2014 in the historic Barne Hall for conferring recognition to those students who had excelled in the allied fields of academics, sports, cultural, extra & co-curricular activities. Shri B. S. Baswan, IAS (retd.), Chairman "Lawrence School, Lovedale" was the chief guest for this occasion.

The function began with the Special Assembly and was carried forward by the Headmaster's welcome speech where he lauded the excellent CBSE Board results for the ninth time in a row. "Sanawar is yet an unfinished act, it shall improve further to become the best school of all", he said.

The Chief Guest conferred prizes to the students amidst resounding applause by the august gathering. It was a proud moment for the distinguished recipients who toiled hard to prove their mettle and brought laurels to their school and parents. Addressing the gathering the chief guest congratulated the prize winners and said that life is much more than studies. Looking towards the future, some try to glorify the past, notwithstanding that life, due to technology revolution is easier and comfortable today than during the time of our ancestors, in spite of the fact that they were more hard working than us. Expressing his optimistic outlook towards the future, he said, "We, the generation-X will not live to see the day when poverty shall be totally eliminated; we will not live to see the day when we shall be travelling across the world without visa; we will not live to see the world when diseases shall be totally annihilated from the world."

The significant awardees amongst the medley of awards and trophies were:

#### Awards:

The Henry Lawrence Prize (for Head Boy)	Angadbir Singh
The Honoria Lawrence Prize (for Head Girl)	Asma Arora

Special Prize for Best Prefect (Boy)	Shrey Garg (Himalaya)
Special Prize for Best Prefect (Girl)	Namita Hans (Himalaya)
<b>Trophies</b>	
Yog Raj Palta Memorial Trophy (Art)	Shubhangi Rana
Study Cup, PD	Vindhya House
Study Cup, GD	Siwalik House
Study Cup, BD	Siwalik House
Cock House, PD	Vindhya House
Cock House, GD	Siwalik House
Cock House, BD	Siwalik House
Carriapa Shield	Siwalik House

### My Yearning

Aadya Gupta, U-V

Everybody is walking. A big crowd. Suddenly, I stop. There are no pushes, grumbles, shoves. The crowd simply parts around me, like water around a rock. No one motions for me to walk on, no one wonders why I did what I did. They did not, for they do not care. They walk by. Well dressed, well mannered people, claimed to be, by society, its best, walk by. A boy bangs into me, a bunch of flowers in his hand. They fall. I bend to pick them up. I have but picked up one, when he, scared I would take them, roughly shoves me aside, picks them up and runs, calling for his mother, runs to someone who loves him. I do not. I have no one who does. I was abandoned the day I was born, and dumped in an orphanage where policemen ticked me off for loitering on the streets. I ran away. Taught myself the ways of the world. No one notices me shivering in my tattered clothes. My matted hair make for a few looks of disgust, but no more. I stand, quivering, in the square with an emotion I cannot identify. Pain? Fear? Sadness? Nervousness? Or simply the weather? My own body betrays me, does not tell me its reasons. As I said, I have no lighter emotions, have had no cause to experience them. I begin to walk, slowly, a few steps at a time, lost in gloomy revelations. I glance down, to find the flower

still in my hand, limp and withered. So pitiful. So sad. My steps are faster now, though I know not where my feet are taking me, their sudden urge to take out burst of frenzied energy, caused by desperation and helplessness at the fate of the little thing in my hand. Plucked from its home, thoughtlessly. Just to give a momentary flare of happiness to whoever it was given to. I walk, and suddenly slow down, and come to a stop. On the ground, her back against the back wall of a shop, sits a little girl. Good sturdy shoes, well worn coat, thick muffler against the biting wind. Well off, my eyes say. And, some hitherto unknown part of my heart, recognizing the dejected look that my face so often wears, says, she is sad. She rubs her nose, which has become pink with cold, and sneezes. A school That tiny, harmless, everyday, common place sound says something to me. I go, and kneel down next to her. For the first time in years, I yearn to reach out to another soul. To tell her, it is alright. Life isn't so bad. I glance down at my hand, which still holds the flower. I feel her gaze on my face. Slowly, so the movement is discernable, I put the flower in her lap, and sit down on the ground next to her. She stares at it for a long time, uncomprehending. Slowly, her fingers begin to move. They trace the veins on the leaf, the smooth contours of the petal. Her hands are gentle, afraid to harm it, lest it should fall apart in her hand. She does not glance at me. But slowly, one corner of her mouth pulls up. Slowly, reluctantly, but it does. And her eyes still on the ground, she smiles.

A small, soft, wistful smile.

If I were someone else, I would yearn to wrap my arms around her, and comfort her.

But for me, it is...

Enough.

*Mayank Gautam, U-VI*

I consider myself fortunate to be appointed as the Academic Prefect for the year 2014. This provided me an opportunity to reflect on role of academics in an institution like Sanawar and in our lives.

The word 'academic' comes from the word 'academy'. Academy owes its origin to the private classes of PLATO in 4BC. Plato's academy became the cradle of many scholars, philosophers and thinkers. Coming to our own ancient culture, it is interesting to know the Hindi word for academy and its significance. Academy means 'Gurukul' and those who went to the same gurukul and were educated by the same guru bore the same 'Gotras' which used to become his lifetime identity, an integral part of his name. But how unfortunate and disappointing it is to note on the other hand that those Gotras came to be associated with our caste, birth and occupation. The point I am trying to make is that it is a matter of great importance in our life, which academy did we go to? Which school did we study in? Who were our teachers? Because this will go a long way in defining our perspective, shaping our character & sharpening our critical thinking capacity.

We all are fortunate indeed that we all joined an academy as great as Sanawar, which has such dedicated teachers. May our academy, our school live long and may God bless us all and give us the ability and capacity to bring glory to our academy and alma mater!

### **Fashion Excess**

*Aveeva Dhillon, L-VI*

Top brands from Milan, Paris, New York, and London. Trends from leather and silk, sequins and studs, feathers and lace, it is all becoming a want and necessity rather than an additional postulate. To fashion up your style, people go way beyond their limits in buying the most luxurious brands of clothes and accessories, and why shouldn't they? It is considered inappropriate in today's world if someone is not dressed up to the mark wearing top end brands. Fashion started long time back in England where the royals used to dress up in the best of the style, where their closets were filled with riches and jewels. Since then, be it gowns or tea dresses or trench coats everything is fashion. Fashion has made its way in India, too. Be it the western or the Indian couture like Manish Malhotra, Sabyasachi, Varun Bahl, etc. it has a charm of its own. As said earlier, fashion industry is nothing but an industry where no more the quality or style of the outfit matters but what makes a difference is the NAME-its birthplace.

Shimmer, pink, sequence-glamour is the correct meaning of it. It is very tempting when you see such beautiful dresses displayed even more fabulously. Presentation also matters in making something a success. Great design and creativity does more than making things beautiful. Fans, Papprazi's, lights, and screams is extremely good to see and hear. Is it only a masculine three piece suit or a floor touching silk gown or an outhouse necklace that is called fashion? No, you can create your own style wearing anything, provided it suits you and you feel comfortable in. So, if you have even a little interest in the glamour industry or be it anything in life just give it a try and you never know that you can shine like a diamond in any field you choose. Believe in yourself and dream big and work even harder to achieve it. "You should be better than the best and different from the rest."

### **House And Home**

*Aarushi Kaushal, U-V*

House is a structure with no feelings inside, but it is the positive thoughts of the people which make it a home. Many houses are built and are being built but it is the love and happiness which turns it into a home. It does not matter how big the house is, it is the memories that make it a home. Many people often use the phrase, 'That tell the world I'm coming to my house'. But the people who actually love their home say, 'That tell the world I'm going to my home sweet home'.



Many people who stay away from their home face mental and emotional traumas. People like us who stay in boarding schools feel incomplete without staying in our homes. Trust is another key to a perfect living. A stranger can't just walk in to a house and create misunderstanding between husband and wife, by saying that the husband is cheating on her. Even if it is true, I'm sure it would take a life time for the wife to believe it. If there is trust nothing wrong ever happens. In the end I would like to say that the people within the home make it a perfect place to live in and not by the way it is built. Love, trust and happiness will turn a house into a home, 'SWEET HOME'.

#### Mr. Gill's Swimming Skills

*Yuvraj Kataria & Ritvik Kohli, U-V*

He knows butterfly and breast stroke,  
back and free  
If you want to learn it all  
good news guys, classes are just for free.

The way he jumps,  
The way he dives  
Oh my God! Friends  
just give me a five.

No matter how good you are  
No matter how fast  
You can't beat him,  
even if he jumps last.

The Swimming Gala is coming close  
Don't forget to clean your nose  
He is the kingfisher of the school  
He is the best, he is so cool.

We all love Mr. Gill's swimming skills  
Swimming is healthy but "smoking kills"

#### Yet Can't Decide

*Nimish Goel, U-V*

I yet can't decide, should I leave this  
place or keep crying.  
I know and I will not change to  
another man as they want, against their  
powers, against their thrills.  
I won't transform as I am thinking still.  
I would not quit this game right here,  
But fight till my death comes near. Even if  
there is no one to hear, that about  
me no one cares. Let them feel the  
regret, "When they'll come back and plead,"  
The day this will happen,  
All my wounds will get healed.

#### Struggle For Sanawar

*Ankita Kataria, L-V*

Lawrence, the historic school,  
Has established its name even in the minds  
Of the coolest of fools.

When they tried to convince me for it,  
I was uncomfortable a bit.  
But when I learnt more about Sanawar,  
Instantly the mind was dazzled by its power.

No fun, no joy,  
Only books full of tissues, solvents and alloy.  
For forty continuous days, I did hard work,  
As if a boss pressurising a helpless clerk.  
From morn till eve, I had no rest,  
Only tried hard to give my best.

Got headaches while studying Maths, Science,  
English and Hindi,  
But what to do? The syllabus was too lengthy.  
At last, I came for entrance test,  
Fully nervous and under stress.

Questions seemed to be quite easy,  
But the solutions were totally fizzy.  
I went back home with a ray of hope,  
Failing the test seemed to have no scope.

Finally, the result was declared  
Tears rolled down on learning that I had cleared  
I was happy and mesmerized,  
Felt relieved, no more pressurised.

I was on cloud nine  
As I made my parents feel proud.  
Their daughter was one of the few,  
Who got selected from among a huge crowd.

#### The Game of Life

*Mayum Vaidya, U-V*

I play a game  
The best game in the world,  
"The game of LIFE".  
Life means hardwork, Hardwork means  
Success and Success means Happiness.

Everybody in this world has been through different  
stages of life  
Sometimes you lose...Sometimes you win.  
But never should you give in.  
Never lose hope  
Because everyday is a new beginning  
There is a ray of hope at dawn every morning.

Life is not always what you want,  
It has different plans.  
Life is not always to shine,  
But to work hard to shine in that dark sky  
and achieve your goals.  
Life is tough, not easy.  
Life is rough, not smooth.  
From birth to death life is like a labyrinth  
Each step teaches us how to live.

Laugh when you are sad and you'll feel the change.  
Live life to the 'T',  
Make it large.  
Rule the life, Don't let life rule you.  
Think of it as a game; A game in which you give  
your best.

### Moonbeam Magic

*Ankita Kataria, L-V*

In the night when all is quiet  
Through the window it happily flies  
From the side seems to be peeping  
To watch a boy sleeping.

A little gold and some fairy sand  
Shines in the moonbeam's hand  
And if he is not asleep  
It comes on its gentle feet.

Just to touch the beautiful eyes  
On the bed where he lies  
With the help of golden beams  
Take him to the land of dreams.

### World Full of Criticism

*Mannat Chauhan, L-V*

From this world full of criticism  
I want to hide.  
I want to run away from all those laws  
I don't want to abide.

I want to live, discover to fly  
do what I want and touch the sky.  
I want to catch my dreams  
and go where they take me.  
I want to live life my way  
Can't you see?

For the first time I may fall  
but the second time I will stand tall.  
Today the society may have chained my hands  
but tomorrow on top of the world  
I would stand.

Today you call my dreams foolish  
but you are mistaken.  
When I will realize them  
you will all be shaken.

So here is a message for everyone  
keep your attitude in your pocket.  
On the wings of imagination  
even the weakest can go higher than a rocket!

### Life Grid

*Gurbaaz, Angand, Adesh, Dhruv, Danish, U-V*

What would for you the ideal life be?  
Sitting in a mansion with a lot of money  
and smoking cigar, riding all fancy cars.  
Wouldn't that be just perfect?  
No it wouldn't.

What do people mean by saying that they lived  
their life, with no regrets, no sorrow  
Is there something they hide?  
Every one has a passion, something they don't  
wanna hide  
but something is just wrong, something is not right.  
Something is just holding them behind.

So just don't let it be inside, live your life,  
your style, one shot for it all, you don't have  
another life.

Be it the richest man on earth  
be it the oldest man alive  
But there is a difference between just merely  
existing and living a life.

The richest man on earth could be successful  
but still sad  
and the poorest man on earth can have more than  
he can have.

LIVE LIFE KING SIZE.

### Inter-Section English Essay Writing Competition

An Inter-Section English Essay Writing Competition for L-IV & U-IV was held on 25th April, 2014.

Result is as follows:

#### L-IV

Position	Name
First	Jaiveer Singh
Second	Ananya Mukherjee
Third	Suryaveer Singh Kadyan

#### U-IV

First	Divyanshi Vasisht
Second	Riya Uppal
Third	Sabah Singh

Jaiveer Singh wrote on 'Modern Woman' and Divyanshi Vasisht chose 'Craze for Fashion'.

### Modern Woman

*Jaiveer Singh, L-IV*

Have you ever thought that years ago, what did your grandmother do? She only sat at home and kept weaving and knitting. But, in the last ten years, things have improved. A new female power has been rising by the day which is known as 'Modern Woman'. The modern woman is verbose, articulate, confident and stands on her own feet and earns respect from the society. Modern woman is beautiful, smart, intelligent and no one can make a fool out of her. She is not scared of anyone and takes her own decision. Our mothers go for kitty parties and enjoy themselves, but at home, they are the same sweet mothers for their children. Our sisters are so fond of new clothes, parties, night outs etc. and no one can stop them when they are right. Many great personalities like Pratibha Patil, the first lady President of India and Indira Nooyi, the CEO of the Coca Cola Company are also women.



Modern women are so busy that they even keep domestic helpers. They earn for their family and earn respect for themselves. Still, many women are not working because of certain limitations, traditions etc. But why can't we grow as those Scandinavian nations, in which people live in a matriarchal society and the women have so much respect. Women should be encouraged and supported to work outside to be both financially and mentally strong so that they do not have to depend on men for money.

In the end, I would like to write that centuries of patriarchy can not be wiped off overnight, hence men must be involved in the process of social transformation and change. The modern woman is running the country today and our future should also be governed by the 'Modern Woman'.

### Craze For Fashion

*Divyanshi Vastht, U-IV*

Fashion is keeping up with the prevalent trends of the society. Fashion is like wind, it keeps on changing every now and then, and the common man finds it difficult to cope up with fashion. Paris is the fashion capital of the world. Fashion is not only about clothes and jewellery but behaviour, manners etc. also. Today everyone wants to be fashionable. A person who keeps up with fashion is considered to be superior to one who doesn't. Earlier people believed in 'Simple Living and High Thinking' but now it has changed to 'Simple Thinking and High Living'. The craze for fashion is more among the youth. In the name of fashion boys have started growing their hair and girls have started cutting their clothes. Whether girls wear earrings or not but boys, for sure, will wear loops no matter how bad they look but just for the sake of fashion they do it. Though being fashionable is not something bad. Not at all! but excess of everything is bad.

Till the time it is about looking smart and dressing up decently, there is nothing bad but now fashion is just not about clothes. Young boys and girls think that it is cool and very fashionable to smoke and consume alcohol. Even though they know that it is harmful for them but they do it just because it is an 'in' thing.

Children think it is cool to answer back their parents and talk to them loud rather than respecting them. For instance, Indians living in foreign countries, these days feel ashamed of touching their parents' and elders' feet in public because they feel that it is not at all in fashion. It is the young people who are more passionate about fashion, sometimes, in order to fulfill their fashion needs and desires, they even start stealing money and things from their parents and home.

Now-a-days, people's ideals are not great people like Bhagat Singh, who laid down their life for the nation but actors dancing in the movies because they consider it to be cool. There is nothing wrong with being fashionable but everything is good only upto a certain limit.

Fashion, on the other hand, has some positive aspects also. Fashion is the spice of life. Fashion Designing is a good option for a career. However, fashion should not be the only priority in one's life and we should not run after western culture all the time. We have our own rich culture. One should not feel ashamed if one is not following fashion. Fashion is good but leading a simple, dignified life is certainly better.

## Section II : From The Staff

### !! Achievers !!

*Dr. V.K. Sharma, DoF*

Students who scored 90% or above marks in the Half Yearly/SA-I Exam. for the Academic year 2014.

S. No.	Name	House	%
<b>L-III—A</b>			
1.	Aryan Bhatia	HPB	91'00
2.	Harshangad Singh	HPB	98'00
3.	Kahkashan Sehgal	NPG	97'00
4.	Pavya Singh	HPG	98'00
5.	Puru Manjrey	VPB	91'00
6.	Ruhani Khanna	VPG	95'00
7.	Sahil Garg	HPB	97'00
8.	Simar Singh Gabadia	NPB	97'00
9.	Simranjeet ingh	HPG	90'00
<b>L-III—B</b>			
10.	Aashi Shekhar	SPG	90'00
11.	Dhruv Deora	SPB	91'00
12.	Gurman Singh Bhalla	SPB	94'00
13.	Himanshu Sabharwal	SPB	93'00
14.	Parth Sharma	NPB	91'00
15.	Rajkaran Singh Virk	VPB	92'00
16.	Sambhv Tahlani	VPB	90'00
17.	Siddharth Arora	NPB	91'00
<b>L-III—C</b>			
18.	Karmanbir Singh Batth	VPB	97'00
19.	Mehr Arora	SPG	90'00
20.	Shlok Mittal	VPB	90'00
<b>U-III—A</b>			
1.	Abhijit A. Kumar	VPB	96'00
2.	Avanti Aggarwal	NPG	95'00
3.	Satvik Narula	NPB	96'00
4.	Tarika Khanna	VPG	91'00
<b>U-III—B</b>			
5.	Adriti Mehta	NPG	94'00
6.	Gurriday Chawla	HPB	92'00

7. Hargun Singh Walia	NPB	90'00	11. Kshitij Anand Agarwal	NBJ	92'00
8. Pavit Sidhu	SPG	90'00	12. Mannat Bir Kaur	NHG	92'00
9. Priyam Gupta	VPB	93'00	13. Riya Uppal	SHG	92'00
10. Raghav Gupta	NPB	97'00			
11. Saina Sodhi	VPG	93'00	U-IV-C		
12. Samira Punchbi	HPG	93'00	14. Parth Pant	HBJ	96'00
13. Veni Gupta	VPG	94'00	15. Sarthak Gupta	VBJ	95'00
			16. Vasu Jain	SBJ	93'00
U-III-C					
14. Aryan Gupta	NPB	90'00	U-IV-D		
15. Navya Monga	VPG	90'00	17. Aanandita Maini	VHG	95'00
16. Seerat Sandhu	NPG	97'00	18. Diya Modi	HHG	91'00
17. Shivam Amrithes	SPB	94'00	19. Vivek Saraswat	SBJ	91'00
18. Shourya Gupta	VPB	92'00			
19. Utkarsh Singh	NPB	94'00	L-V-A		
20. Vivaan Parvinder Singh	NPB	92'00	1. Srijani Sankar Barik	NG D	96'00
21. Zorawar Oberoi	SPB	94'00			
L-IV-A			L-V-B		
1. Arindham Bhatia	SHB	93'00	2. Sabhya Verma	SBJ	93'00
2. Manasvi Goyal	HHG	91'00			
3. Nandini Gupta	VHG	93'00	L-V-C		
4. Nitya Khanna	VHG	97'00	3. Keshav Peri	NBJ	91'00
5. Prerna Madaan	HHG	96'00			
6. Rivaan Singh Khara	HHB	90'00	U-V-B		
7. Sehar Mehra	NHG	91'00	1. Devansh Vadehra	HBS	94'00
L-IV-B			L-VI-C		
8. Akshita Kaushik	VHG	96'00	1. Yudhvir Kabuli	SBS	95'00
9. Dhruv Malik	NHB	92'00			
10. Jaiveer Singh	HHB	99'00			
11. Priya Gupta	NHG	93'00			
L-IV-C					
12. Jassnoor Kaur Jatana	VHG	93'00			
13. Shyla Robinson	HHG	96'00			
14. Suryaveer Singh Kadyan	SHB	97'00			
L-IV-D					
15. Ananya Mukherjee	SHG	96'00			
16. Kabir Kalra	VHB	91'00			
17. Mahika Dhankhar	SHG	96'00			
18. Yuvraj Singh Nughaal	VHB	95'00			
U-IV-A					
1. Divyanshi Vasisht	NHG	94'00			
2. Kuhu Yadav	HHG	94'00			
3. Madhav Chawla	SBJ	94'00			
4. Nitya Gupta	VHG	92'00			
5. Sanah Singh	HHG	94'00			
6. Shivam	HBJ	93'00			
7. Soumil Gupta	SBJ	91'00			
8. Tushar Nandy	HBJ	97'00			
U-IV-B					
9. Aditya Chadha	SBJ	92'00			
10. Arjun Veer Kohli	VBJ	92'00			

### Section III : SPORTS NEWS

#### Individual Boxing Championship-2014

Individual Boxing Championship was held on 31st May, 2014. The result was as follows:

##### Paper-BD(111-120P)

Runners-Up : Gopal Aggarwal N  
Winner : Jayant Kumar H

##### Midget-BD (121-130P)

Runners-Up : Mohammad Anas H  
Winner : Vivek Saraswat S

##### Mosquito (131-140P)

Runners-Up : Kridey Singla H  
Winner : Shivam H

##### Gnat (141-150P)

Runners-Up : Aditya Chaudhary H  
Winner : Kartik Grover S

##### Fly (151-160P)

Runners-Up : Shaurya Bahuguna H  
Winner : Shivam Ahlawat N

##### Bantam (161-170P)

Runners-Up : Naitik Hooda H  
Winner : Shivam Thakur H

##### Feather (171-180P)

Runners-Up : Yash Wardhan N  
Winner : Karan Dahiya N

Light (181-190P)		
Runners-Up :	Arunodaya Rohta	S
Winner :	Jayant Malla	H
Welter (191-200P)		
Runners-Up :	Aryaman Malhotra	S
Winner :	Yaduraj Chauhan	H
Middle (201-210P)		
Runners-Up :	Shaswat Shamsher Thapa	S
Winner :	Shivraj Alahwat	N
Light Heavy (221-220P)		
Runners-Up :	Sarthak Gupta	H
Winner :	Abhijeet Raman	N
Heavy (221-230P)		
Runners-Up :	Adil Singh Grewal	H
Winner :	Bir Aftab S. Randhawa	S
Superheavy (231+P)		
Runners-Up :	Simer Singh Khurbanda	V
Winner :	Raghav Kapoor	S
Best Loser :	Yash Wardhan	N
Best Boxer :	Jayant Malla	H
Batish Cup Winner :	Raghav Kapoor	S

### Inter-House Aquatic Meet

Inter-House Aquatic Meet was held on 2nd June, 2014. House Positions were as follows:

PD		
Position	House	Points
Fourth	Vindhya	92
Third	Himalaya	108
Second	Nilagiri	118
First	Siwalik	201
GD		
Fourth	Himalaya	88
Second	Siwalik & Vindhya	94
First	Nilagiri	188
BD		
Fourth	Nilagiri	168
Third	Vindhya	185
Second	Siwalik	228
First	Himalaya	244
Over All Points		
Fourth	Vindhya	371
Third	Himalaya	440
Second	Siwalik	523
First	Nilagiri	544

Over all Cup was awarded to Nilagiri House.

### हिंदी खण्ड

दिनांक 16-5-14 को विद्यार्थियों ने प्रार्थना सभा में विभिन्न लेखकों के निम्नलिखित विचार पढ़े :—

जिस मनुष्य के हृदय में ईर्ष्या घर बना लेती है, वह उन चीजों से आनंद नहीं उठाता, जो उसके पास मौजूद हैं, बल्कि उन वस्तुओं से दुःख उठाता है, जो दूसरों के पास हैं। वह अपनी तुलना दूसरों के साथ करता है और इस तुलना में अपने पक्ष के सभी अभाव, उसके हृदय पर, दंज मारते रहते हैं। वह अपनी उन्नति के लिए उद्यम करना छोड़कर, दूसरों को हानि पहुँचाने को ही अपना श्रेष्ठ कर्तव्य समझने लगता है।

ईर्ष्या की बड़ी बेटा का नाम निंदा है। जो व्यक्ति ईर्ष्यालु होता है, वही बुरे किस्म का निंदक भी होता है। दूसरों को निंदा वह इसलिए करता है कि इस प्रकार, दूसरे लोग, जनता अथवा मित्रों की आँखों से गिर जाएँगे और जो स्थान रिक्त होगा, उस पर वह अनायास ही बैठा दिया जाएगा। मगर ऐसा आज तक न हुआ और न होगा। संसार में कोई भी मनुष्य निंदा से नहीं गिरता। उसके पतन का कारण सद्गुणों की कमी होती है। इसी प्रकार कोई भी मनुष्य दूसरों की निंदा करने से अपनी उन्नति नहीं कर सकता। उन्नति तो उसकी तभी होगी जब वह अपने चरित्र को निर्मल बनाए तथा अपने गुणों का विकास करे।

ईर्ष्या का काम जलाना है मगर सबसे पहले वह उसी को जलाती है, जिसके हृदय में उसका जन्म होता है।

ईर्ष्या से बचने का उपाय मानसिक अनुशासन है। जो व्यक्ति ईर्ष्यालु स्वभाव का है, उसे फलतः बातों के बारे में सोचने की आवश्यकता छोड़ देनी चाहिए। उसे यह भी पता लगाना चाहिए कि जिव अभाव के कारण वह ईर्ष्यालु बन गया है, उसकी पूर्ति का रचनात्मक तरीका क्या है। जिस दिन उसके भीतर यह जिज्ञासा आएगी, उसी दिन से वह ईर्ष्या करना कम कर देगा। इसलिए ईर्ष्या करना छोड़िए तथा मग्न होकर अपने कार्य में लगे रहिए। कर्मठ, विवेकी और ईमानदार व्यक्ति को अदृश्य शक्तियाँ किसी न किसी बहाने से अवश्य चुन फल देती हैं।

रिभव चौपड़ा  
कक्षा सातवीं-सी

मधुर वाणी मानव-जीवन का सुखदायक वरदान है। जिसके पास यह गुण है, उसके लिए यह संसार अमृत है। उसके सब काम सरलता से हो जाते हैं। भोटी वाणी बोलने वाला सबका प्रिय बन जाता है। लोग मधुर वचनों को सुनकर सम्मोहित हो जाते हैं। इसलिए किसी कवि ने कहा है—

ऐसी वाणी बोलिए मन का आपा लोप।

औरन को सीतल करे आपहुँ सीतल होय ॥



इसका यह अर्थ है कि—

मधुर वाणी बोलने को शौचलता प्रदान करती है—वक्ता को भी और श्रोता को भी। परन्तु मीठी वाणी बोलना सरल नहीं है। यह कष्टमयी साधना है। जब मन में क्रोध उबल रहा हो, तब शांत बने रहना आसान कार्य नहीं है। इसके लिए मन को काफी समझाना पड़ता है। सबसे बड़ी बात यह है कि मन का अहंकार खोना पड़ता है। अहंकार त्यागे बिना मुंह से मोठे वचन नहीं निकल सकते। इसलिए अहंकार त्यागिए और मोठे वचन बोलिए।

प्रार्थना :

हे प्रभु ! हमें आशीर्वाद दीजिए कि हम ईर्ष्या न बने, अहंकारी न बने अपितु मोठे वचन बोलकर अपने कार्य में लीन रहें।

माधव चोपड़ा  
कक्षा सातवीं-ती

दिनांक 10-5-14 को सम्पन्न हुई हिंदी भाषण प्रति-योधिता (पी०डी०) में प्रथम स्थान प्राप्त करने वाली छात्रा बरखा ने निम्नलिखित भाषण प्रस्तुत किया :—

‘बहु मनुष्य है कि जो मनुष्य के लिए मरे’ जो हां ! आज मैं बरखा इसी विषय पर आपके सामने अपने विचार प्रकट करना चाहती हूँ।

यह सूक्ति हमें लाचार और दुःखी मनुष्य के लिए कुछ करने का संदेश देती है। संसार के प्रत्येक धर्म में मानव-सेवा को सबसे बड़ा धर्म बताया गया है। वास्तव में यही मनुष्य श्रेष्ठ है, जो दूसरों के लिए त्याग और बलिदान करता है। जो

व्यक्ति निजी स्वार्थ से ऊपर उठकर सबके हित की सोचता है और उसी के अनुसार आचरण करता है, वही बंदनीय है।

मनुष्य सामाजिक प्राणी है। जीवन के उदात्त मूल्यों और महान आदर्शों में उसका विश्वास है। महान पुरुषों ने अपने पवित्र आचरण से साबित कर दिया है कि दूसरों के लिए उपयोगी जीवन जीना मनुष्य के लिए असंभव नहीं है।

मनुष्य-मनुष्य में अन्तर होता है। आज कितने मनुष्य हैं जो यह निश्चय कर पाते हैं कि हम दूसरों के काम आएँ। आज लोहा, सोना, चाँदी की कीमत मनुष्य से अधिक लगाई जाती है। मनुष्य कौड़ों के मोल बिक रहा है। मानव जीवन से अधिक महत्त्व धन-संपत्ति को दिया जाता है, सुखी और शक्ति-शाली लोग तो देखल अपने ही स्वार्थ के बारे में सोचते हैं, गरीब और लाचार लोगों के बारे में नहीं सोचते। दूसरों के अधिकार छीनना और उन्हें लाभ से वंचित करना बहुत अनुचित बात है। जब मनुष्य यह समझ लेगा, तभी वह दूसरों के प्रति उदार हो सकेगा।

इसी सत्य को अनिर्व्यक्त करते हुए राघुकवि गुप्त जी ने कहा है—‘बहु मनुष्य है कि जो मनुष्य के लिए मरे।’ इत्येक व्यक्ति स्थायिमानी होता है। कोई किसी की दया पर जीना नहीं चाहता, फिर भी जीवन में ऐसे क्षण जरूर आते हैं, जब उसे दूसरों की सहानुभूति की अपेक्षा होती है। ऐसे समय जो मनुष्य उस व्यक्ति के प्रति सहानुभूति दर्शाता है और उसके कंधे से कंधा मिलाकर खड़ा रहता है, वही मनुष्य है।

हमें संतों, महात्माओं और ज्ञानियों से प्रेरणा लेकर त्याग एवं बलिदान का मार्ग अपनाना चाहिए।

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