



# THE SANAWAR NEWSLETTER

108

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2018

## Section: I From The School

### Wild and Woman

Prerna Bedi, UVI

Some days I'm both a wolf and a woman and I'm still learning how to apologise for my wild self.

I'm loud and yes I'm fearless but what if I choose to tell you this today that the fearlessness that I hold inside has risen from a fear, I hide deeper inside. What if I tell you that I try to be wild and rebellious every day and it's taken me nights to prepare for that. I don't apologise for what I am maybe, because I have apologised to myself to a count that I don't know, I never will. I want to hear myself telling me to stop. To stop doubting who I am. I was born with the legacy of thunder, I pretend to have borrowed now.

I flow from one word to another, just like I can't with time. I just wish and pray, I move from here to there, from this moment to the next. Now I want to be alive in a time, my hunger steps back. In a time, this place is less cruel and harsh, more deserving and accepting. I wish to let go off guilt. Let go off all that brings me pain and sufferance.

### Wordless Words

AkankshaChowdhary, LVI

All that we feel,  
Is always best expressed.  
And never in that heart of yours,  
Should it ever be suppressed.

It may make you smile,  
It may make you frown.  
Or in a sea of emotion,  
It may make you drown.

We are all aware,  
That saying all that is in your heart.  
In this game of life,  
Is always a good start.

Why is it then,  
That these words suffocate me.  
When all I ever wish,  
Is for them to let me be.

What are these feelings,  
That I feel?  
Is it in the present,  
Or just stored in a camera reel?

### Fear

AnushaRana , LVI

Fear is nothing but lack of awareness of the other side. There are countless number of things we refuse to try just because we think it might go wrong. Most of the times, rather than the situation, it is fear itself we are afraid of. We try to analyse the situation before hand, leading to stress and over thinking. The most common fear among all being, 'what will people say' or 'how are they going to react.' Human beings have this inbuilt tendency of wanting to be noticed or liked. Out of all problems, they want to

know where they stand in society, not realising that what people show you is not how they actually are. Our fear develops at a very young age where we are taught that if we don't make it in a few tries, we are not good or smart enough. This is the reason why students hesitate or are afraid to make mistakes in the first place. We let other people decide whether we are good enough or not, its our life and we should not lend the controller to someone else, nor should we sacrifice who we really are in order to please the society. Once you shut irrelevant people out and start focusing on what you love, you will realise it's the best decision you ever made. Getting people's attention or climbing up the social ladder may seem like a fair deal in the short run, but in the long run, it may come as a nightmare in disguise. This is because you constantly have to maintain a fake image of yourself which can be pressurising. Being yourself can be a task in this world, but once you realise that people's judgements do not really matter, your fear slowly starts to fade away and it's nice to know that God has planned one of the best things in life on the other side of fear.

### **The New Me**

Yakshita Bansal , UV

You left me alone,  
All rugged and torn.  
You stepped along,  
When I was strong.  
Now you walked off,  
Leaving me to heal off.  
Without you,  
I grew into someone new.

Now I know,  
What you ignored.  
Now I am stronger,  
But without you any longer.

Now I will,  
Not grow weak.

Now I won't fear,  
To lose any dear.  
Now I will fly,  
With my aim up high.  
And now I am free,  
A bird chirpy.  
No worries on my head,  
No stems that bend.  
No fake love to shower,  
No free show with the buyer.  
To all who thought,  
I am mad.  
See my different phase,  
And it will be a new craze.

I will love,  
I will embrace.  
I will prosper,  
I will shower.  
I will fall,  
But I will stand.  
And then you'll realise,  
How strong I am.  
Now you'll see,  
THAT'S THE NEW ME!

### **The Pain You Will Never Know**

Aarushi Thakur , U V

Sometimes we lose people too quick for us to realize what happened. Even if we lose them to never see them or to live the pain of their constant presence, it hurts. We all do feel this way at some point in life, at times a feeling accomplished with guilt and at times accompanied with plain confusion.

It is rather odd when you wake up one day and a person simply decides to pretend you never existed. Though I agree it is rather

convenient but it still feels pathetic to know how a person so easily lets you go. And what does that tell you? Simple. It tells you how you couldn't mean more to that person than a second glance, how you weren't worth the effort. We often hope for a chance to reconcile and that hope just lures the loneliness their absence creates. It is hard to agree with the fact that they have left your life for good and why? Why would they walk away? Why would they let you cry? This scenario is painful only when the mirage of a caring person makes you fall for the innocent illusion ; when we believe to be cared for but the truth wishes to differ. What hurts the most is when you look at them and their eyes look astray with adoration. When they smile and laugh with eyes full of care but only wish to see far away from you. When you know they do not wish to care for you but for someone who wouldn't care for them. When you know the pain is felt only by you.

People might consider this love, but when you care enough to love it is different. When you wish for a person to be happy not for the feeling you hold for them but for the care you couldn't let stop, it is different. And I wish it was easy as they made it seem to walk by and not care, to look my way but then look astray, to just forget and let moments fade by, to never let any memory stay.

I do not know if guilt accompanies them. I do not know if they wish to regret. I hope they do but then again they walked away with a smile. They looked away to laugh. They did not care enough to stay.

They are happy with the life they found. With the people who now they truly care

for. And I wish they get the happiness that they deserve.

The happiness I know none of.

### **Gloomy Times**

Raymon Garg, LVI

You and I, we both feel sad at times,  
We all feel disheartened and dejected.  
There are times when the grass is greener,  
On the other individual's side.  
There is a time when we feel extremely low,  
And cry to oneself.  
But why do we hesitate in telling others?  
Why do we think twice before sharing  
sorrow?  
Are we afraid of telling people?  
For people, there is joy behind sorrow ,  
But for me, there is sorrow behind joy.

### **A Letter To My Baby Brother (Who is no longer a baby but a big ten years old boy)**

Sanaabi Thingbajam, U V

Dear brother,

When mumma was expecting her second child, people often asked me if I wanted a brother or a sister. Even though the idea of having a younger sister to dress up was quite thrilling, yet each night when mumma told me to pray to God and ask for something, I always wished for a baby brother. It is believed that God listens to children or at least I started believing it once you were born.

When I held you for the first time, you felt tinier than you were and more fragile than I expected you to be. But it wasn't your size or extremely round face or your green poop that fascinated me but the fact that you looked exactly like me somehow amazed me.

I was just five and at that time, my best friend was Dora and my playmate was the caretaker who played with me only for the

sake of her job. I wasn't used to sharing my toys and dolls with anyone and was definitely not accustomed to someone scratching my face and pulling my hair 24/7. The question of whether mumma and papa loved you more, came to my mind every single day but mumma said that I had already got five years of love before you and now it was your turn. But with time, I was fine with a few scratches on my face and a little less hair on my head than usual. Even the hot wheels in my barbie's house wasn't an interruption, but was now part of the play.

When I left for school four years back, I didn't expect you to feel anything but happy because now the entire bed would be yours and you wouldn't have to share your maggie with anyone. But that year was the first time you cried and it made me realise that you've grown up. You don't fight with me over the remote anymore and don't argue when my choice of food is made. You've grown up so much that now your science is divided and you no longer use a pencil to write.

When you were two, I hoped you would grow up fast. Today, you are ten and I want you to go back to being two again. Nevertheless, you may be ten or twenty five or ninety, I will still switch off the bathroom light when you bathe and make you drink my glass of milk but at the same time, I am also going to watch 'Oggy and the Cockroaches' with you and take up for you when mumma scolds you.

Love always,  
Dida

**I Want To live in a World Where**  
Akshat Mundra, LVI

I want to live in a world,

Where I can act without getting judged,  
Where women can go out without getting touched,  
Where people are not mugged by people.  
Because you see, we are our own enemies.

I want to live in a world,  
Where people don't destroy families,  
Where sadists have positivity,  
Where everyone expresses themselves with ease,  
Where humans have humanity,  
Where superiors don't tease,  
Where no one is treated as a liability,  
Where knowledge is gained without fees.

Because you see, we underestimate ourselves,  
Categorize people and put them into shelves.

I want to live in a world,  
Where people are not wearing masks,  
Where we don't tend to pretend,  
Where we help when someone asks,  
Where we are not waiting for the end,  
Where we are not procrastinating tasks,  
Where we all are each other's friends.

Because you see, we are harmful to us,  
Which forces us to perform actions in disgust.

I want to live in a world,  
Where relationships don't depend on trust,  
Where people accept their mistakes and don't curse,  
Where there is love without lust,  
Where we save water but not for our thirst,  
Where society accepts opposite genders as friends.

Because you see, there is a bond beyond relationship,

Which is of friendship, which keeps us united during hardships.

Now, I ask

Who would not like to live in a world like this?

Where regrets are flushed down the drainage.

I want to live in a world,

Where everyone accepts this change,

Where everyone accepts this change.

### **A Letter to Grandpa**

Navya Khosla, LV

Why do we feel that we can always go to our loved ones to share our problems and we know they will always have a solution, give them some good news and some bad news at times. And then they go, and it hurts a lot. My grandfather was a person who helped me out in everything and I am very thankful for that. When I was in school for the past couple of days I really wanted to write a letter to Dada, but when I got to know he was no more, I decided to write a letter to heaven and it goes like this:

Dear Dadu,

How are you? Hope you're giving the same love and affection to all the angels in heaven just the same way you gave us. We all really miss you. I wish I could meet you for the last time. When I first got to know you were no more for some reason, I did not feel anything for the first ten minutes as I don't think anyone knew this would happen because you being such a strong person never showed your pain. We as human beings are selfish. When a person is not well, we don't want them to go, I remember you say, 'take care of grandma when I go. Don't worry she is fine and I will always be there to cheer her up. 'Dada' your existence

will be missed but I know you'll always remain in our hearts to guide and protect us forever. I love you and thank you for everything.

Yours Lovingly

Navya

### **Death**

Mithilesh Mohan Joshi , U III

What is this death,

It only comes at last breath.

It depends upon how is the person's nature,  
Otherwise breath would not make you a creature.

As much are wise,  
Your breath will also rise.

As your breath will be strong,  
You will live really long.

If you will eat good food,  
You will also get great mood.

When you leave your last breath,  
You will meet death.

### **A Visit to The School Printing Press**

Vyom Garg, L III

Our school printing press is more than a hundred and fifty years old. All the printing of certificates, tuck shop slips, cheques, newsletter, assembly books etc. takes place here. The old machines here are similar to Gutenberg's Printing Press. There are also some machines bought from USA. When we go on SOP there are holes on our slip from where the guards at the gate can tear easily. This is done by perforating for which there is an old machine in the Printing Press.

The first step in printing is to arrange the movable alphabets on a metal tray to form words, sentences and the entire message.

This is done in mirror writing. Then ink is applied on it and a sheet of paper placed on it. They press this under a machine by turning a lever sideways. When they take out the paper there is a clear printout on to the paper. There is another printing machine that works on electricity where the arranged message tray is fixed and many printouts can be taken quickly.

There are many other machines over there like a cutting machine, a stapling machine and a hard press machine in the binding section. The Printing Press is an old tradition of our school that we continue to have. My visit to this place was absolutely amazing.

### **Silver Fiesta' 18**

Ananya Mukherjee, LVI

The Lawrence School, Sanawar participated in the 3<sup>rd</sup> edition of Silver Fiesta at The Kasiga School, Dehradun on 4<sup>th</sup> of August. The Silver Fiesta is a movie appreciation event in which different schools send a team of four to participate.

The opening ceremony of the same was held on the morning of the 4<sup>th</sup> of August in the school foyer. It was followed by a lecture by Ms Shohini Ghosh, a highly talented and respected professor of Journalism and Mass communication at the Jamia Millia Islamia University, Delhi. Ms Ghosh told us about the different criteria for analysing a movie and the different methods used for making a movie. Ma'am, even showed us various short films and prologues of some movies which helped us to understand the concept of movie appreciation.

Then came the time when we were made to watch the movie which was to be analysed. The movie was called "The Sixth Sense" which was an American supernatural horror movie. The film tells us the story of Cole

Sear, a troubled, isolated boy who is able to see and talk to the dead, and an equally troubled child psychologist named Malcolm Crowe who tries to help him.

After watching the movie the teams were given about twenty minutes to prepare a presentation which was to be explained thereafter by any two members of the team. Our team comprised of Sabah Kaur Mann, Raisa Choudhary, Ananya Mukherjee and Shanentina Imsong. The verbal presentation was given by Sabah and Raisa. The presentations of the other schools also added to our knowledge. Then Ms Ghosh praised all the teams for their hard work and encouraged us a lot. She also presented her own movie review and told us that the most important thing one should do while watching a movie is to enjoy it!

The presentation was followed by the prize distribution ceremony which was followed by some extremely inspiring words by Ms Shohini Ghosh and the Headmistress of The Kasiga School. The entire experience was extremely enriching and will stay with us through our lives.

### **Vivek High School Debate**

The Vivek High Inter School English Debate was held on 9<sup>th</sup> and 10<sup>th</sup> of August.

Fourteen schools participated in the competition and our Debating Team was represented by Jaiveer Singh, Yudeep Singh Gaekwad and Avanti Aggarwal.

There were three rounds of the debate. In the Preliminary Round, we debated against Strawberry Fields High School and won the debate. In the Second Round (Semi Finals), we debated against the host school, which resulted in a tie. Four teams made it to the Final Round, wherein we debated against

the Sri Ram School and won the debate. Based on the marks difference, over all Sanawar Team stood second and retained the running trophy of the debate.

Jaiveer Singh was declared the Best Speaker of the Preliminary, Semi-Final and the Final Round of the debate.

### **Col. Frank Von Goldstein Memorial Debate**

Riddhi Khurana , U VI

The Col. Frank Von Goldstein Memorial Debate was held at YPS, Patiala from 3rd May to 5th May, 2018.

Sanawar Debating Team was represented by Riddhi Khurana, Divyanshi Vasisht and Satvik Narula. In the Preliminary Round, the team debated against Blossoms Sr. Sec. School, Patiala on the motion 'Google Has Taken Away the Excitement from our Lives'. The team put forth their viewpoints firmly, but could not make it to the next round.

### **Inter-House Junior English Debate**

The Inter-House Junior English Debate was held on 8<sup>th</sup> September, 2018, wherein the students from L IV to LV participated. The debate opened with Himalaya and Nilagiri debating on the motion, 'What is in a Name!' The motion debated between Siwalik and Vindhya was, 'Apps are More Harmful than Beneficial'.

The result is as follows:

#### **Individual Positions:**

1. First : Simar S. Gabadia
2. Second : RuhaniKhanna
3. Third : Ishaan Batra

#### **House Positions:**

1. First : Vindhya

2. Second : Siwalik
3. Third : Nilagiri
4. Fourth : Himalaya

### **Inter-School Business Quizzes, 2018-19**

Riddhi Khurana, Arindham Bhatia and Achintya Sood

#### **Inter-School Business Quiz**

#### **"COALESCE" Held At St. John's High School, Chandigarh on 7<sup>th</sup> August, 2018**

Fifty four teams from twenty eight schools across the region participated in the Business Quiz. Sanawar "A" team comprising of Arindham Bhatia, Riddhi Khurana and Achintya Sood not only topped the Screening Round but also went on to win the event. In the Quiz Finals, we were trailing by twenty points till the penultimate round but held on to our nerves, actually displayed and experienced the 'Never Give In' Spirit and answered four questions on a trot in the final round to emerge victorious in the end.

Sanawar "B" team comprising of Rivaan Singh Khara, Shaan Singh Chhabra and Viraaj Singh Rekhi also fared very well. They were third amongst fifty four teams in the screening round and sixth overall in the Quiz.

#### **Inter-School Business Quiz**

#### **Held At Vivek High School, Chandigarh on 10<sup>th</sup> August, 2018**

The 10<sup>th</sup> of August was a warm and sunny day. We were full of anticipation about the hours to come. With our shirts soaked in sweat, we barely managed to complete the preliminary screening round. After discussing the questions of the screening round we were cautiously optimistic about making it to the final round on stage out of the sixteen teams competing in the event. After having waited for twenty minutes which felt like waiting for two hours, we were called back inside the auditorium to

know our fate. To our surprise we came first in the screening round and thus secured a place on the stage. The pressure was high as we were defending the title we won last year but our team comprising of Arindham Bhatia, Riddhi Khurana and Achintya Sood stood up to the challenge and won the quiz in an emphatic manner by scoring ninety points as compared to the forty five points scored by the second placed team.

With the history of last year repeating itself, we returned back to our school, contended and ecstatic with our baggage of trophies.

### **14<sup>th</sup> Kirloskar Inter- School Business Quiz, 2018**

**Held At The Lawrence School, Sanawar  
On 7<sup>th</sup> September , 2018**

Nineteen top schools from across the country participated in the coveted 14th Kirloskar Inter-School Business Quiz held at Sanawar on 07th September. Six teams namely Birla Vidya Niketan, New Delhi, Vivek High School, Chandigarh, The Lawrence School, Sanawar, St. Luke's Sr. Sec. School, Solan, Welham Girls School, Dehradun and Spring Dale Senior School, Amritsar made it to the Quiz Finals on stage. The latter was topper in the Screening Round but the home team comprising of Arindham Bhatia, Riddhi Khurana and Achintya Sood went on to win the quiz for the third successive year beating the second placed team Vivek High School by a comfortable margin of thirty five points. Mr. Karan Behal, OS, Batch of 2000 and CEO and Founder of 'Pretty Secrets', the fastest growing women's apparel company in India graced the occasion with his presence as the Chief Guest and gave the budding young adults some essential survival tips in this competitive and dynamic business environment.

### **Founder's Term Exchange Programme (Girls) – 2018**

Kamla Vaidya – Exchange Co-ordinator  
(Girls)

#### **Student's Name (Incoming )**

1. Brynley Ann Lewis , SGD , 1st Sept.,2018 to 12<sup>th</sup> Oct. , 2018 (St Philips College, Alice Springs, Australia)
2. Alexandra Anne Furlong , HGD , 28th Sept.,2018 to 1st Nov.,2018 (Herschel Girls' School, Cape Town, South Africa)
3. Chelsea Leigh Dawes , VGD , 28th Sept.,2018 to 1st Nov.,2018 (Herschel Girls' School, Cape Town, South Africa)
4. Khanyisile Kotsi , HGD , 28th Sept.,2018 to 1st Nov.,2018 (Herschel Girls' School, Cape Town, South Africa)
5. Olivia Nancy Lascaris , VGD , 28th Sept.,2018 to 1st Nov.,2018 (Herschel Girls' School, Cape Town, South Africa)

### **SECTION II: SPORTS NEWS**

#### **The All India IPSC Boys' (Under 17) Soccer Tournament, 2018**

The Lawrence School , Sanawar and Pinegrove School, Dharampur jointly hosted the All-India IPSC Boys' (U-17) Soccer Tournament,2018. The Tournament was held from 9th to 13th October, 2018. A total of twenty two teams participated in the tournament. Many of the matches were played under flood lights to give the young players an experience of their lifetime. The sheer grandeur of the setting and lush green expanse of the fields made it a visual delight for players and viewers alike.

The following teams participated in the tournament:

1. Daly College, Indore
2. Lawrence School, Lovedale, Ooty
3. Miles Bronson Residential School, Guwahati
4. Modern School, Barakhamba Road, New Delhi
5. Scindia School, Gwalior
6. Shri Dashmesh Academy, Anandpur Sahib, Punjab
7. The Mann School, Delhi
8. Welham Boys' School, Dehradun
9. YPS, Mohali
10. Army Public School, Dagshai
11. Birla Public School, Pilani
12. DPS, Mathura Road, New Delhi
13. Emerald Heights International School, Indore
14. Genesis Global School, Noida
15. Hansraj Morarji School, Mumbai
16. Mayo College, Ajmer
17. Phoenix Public Residential School, Belgaum, Karnataka
18. RIMC, Dehradun
19. Vikas Vidyalaya, Ranchi
20. YPS, Patiala
21. The Lawrence School, Sanawar
22. Pinegrove School, Dharampur

The Opening Ceremony held on 9th September at the Pinegrove School was a glittering event with all the participating teams doing the March Past in the floodlit stadium to the tunes of the School Band in perfect coordination and harmony. The Chief Guest of the Opening Ceremony was Mr. Madhu Sudan, IPS, currently the Superintendent of Police, Solan. Mr. Vinay Pande, the Headmaster of The Lawrence School, Sanawar also graced the occasion with his presence. The tournament matches were played on a league cum knockout basis as mandated by SFGI. The opening match of

the tournament was played between Daly College, Indore and Pinegrove School, Dharampur.

The curtains came down on the magnificent sporting event at the Closing Ceremony held at The Lawrence School, Sanawar on 13<sup>th</sup> September.

Mr. Abhishek Pal Garg, IRS (Additional Commissioner of Income Tax (Exemptions)) graced the ceremony and gave away the participation certificates and awards to the participating teams and winners of individual and team awards. In his speech, he motivated the entire gathering to be more focused on both aspects of student's life i.e. academic and co-curricular activities specially participation in sports.

Finally, Mr. Vinay Pande (Headmaster, The Lawrence School, Sanawar) thanked the chief guest for his valuable time given for the occasion and all twenty two participating teams and their Head of Schools for allowing them to participate.

#### Individual Awards:

SN	Award Title	Awarded To	School
1	Player of the Final Match	Ankit Kumar	BPS, Pilani
2	Best Goalkeeper of the Tournament	Pritam Niogi	BPS, Pilani
3	Best Defender of the Tournament	Dorjee Wangchuk	LS, Lovedale
4	Best Midfielder of the Tournament	Vatsal	Welham Boys' School
5	Highest Scorer of the Tournament	Bistrit (Scored 9 goals)	Welham Boys' School
6	Best Player of the Tournament	Sameer Saikh	DPS, Mathura Road

## Team Positions:

SN	Tournament Positions	Team
1	4th Position / 3rd Runners-up	Lawrence School, Lovedale
2	3rd Position / 2nd Runners-up	DPS, Mathura Road, New Delhi
3	2nd Position / 1st Runners-up	Welham Boys' School, Dehradun
4	1st Position / Winners	Birla Public School, Pilani

1 <sup>st</sup> Runners up –	The Lawrence School, Sanawar
Winner	Bishop Cotton School, Shimla

## 21<sup>st</sup> Bhupinder Singh Soccer Tournament

The 21<sup>st</sup> All India Bhupinder Singh Memorial Invitational Inter School Soccer Tournament-2018 was held at The Lawrence School, Sanawar from 27<sup>th</sup> August to 31<sup>st</sup> August. A total of twelve teams participated in this tournament. Mr. Vinay Pande, Headmaster of The Lawrence School, Sanawar inaugurated the tournament at the flood lit Barne Field. These five days were a real test of grit and determination for all the teams and the best two teams made it to the final.

The Chief Guest for the closing ceremony was Col. Navjit Singh Sandhu (OS- 1991), Former captain of the Indian Polo Team and Former Player of the Indian Equestrian Team. The final was an absolute nail biting clincher as both the teams showcased brilliance and were tied till the regulation time. None of the teams could score a goal in the extra time and finally the match was decided by a shootout. This was a close call between the two teams. Finally, Bishop Cotton School, Shimla came out victorious by scoring one extra goal.

It was indeed a very entertaining evening amidst all the cheering and a slight drizzle.

## Positions:

3 <sup>rd</sup> Runners up –	MNSS Rai, Sonapat
2 <sup>nd</sup> Runners up –	Pinegrove School, Dharampur

## Individual Awards:

1. Player of the Final Match – Riteshwar S. Malhi (BCS, Goalkeeper)
2. Most Promising Player of the Tournament – Zorawar Oberoi (The Lawrence School, Sanawar)
3. Best Goalkeeper of the Tournament – Riteshwar S. Malhi (BCS, Shimla)
4. Best Defender of the Tournament – Vansh Bajaj (The Lawrence School, Sanawar)
5. Best Midfielder of the Tournament - Ajay Rai (Pinegrove School, Dharampur)
6. Highest Scorer of the Tournament – Ankit (MNSS, Rai – 04 goals)
7. Best Player of the Tournament – Gurarman S. Grewal (BCS, Shimla)

## हिन्दी खण्ड

### अन्तर्वर्गीय हिंदी निबंध लेखन प्रतियोगिता मेरे जीवन का लक्ष्य

सबके जीवन का एक लक्ष्य होता है, जो वे पहले से ही सोच लेते हैं और उसकी तैयारी बचपन से कर लेते हैं। मेरे जीवन का लक्ष्य है – डॉक्टर बनना। डॉक्टर बनकर मैं समाज की सेवा करना चाहती हूँ। लोग डॉक्टर को दूसरा भगवान भी मानते हैं। मैं उन गरीबों की मदद करना चाहती हूँ, जिनके पास इलाज कराने के लिए पैसे नहीं होते हैं। डॉक्टर बनने के लिए हमें साईंस में अच्छा होना चाहिए। कई तरह के डॉक्टर होते हैं जैसे बच्चों का, बड़ों का, जानवरों का आदि।

मैं बच्चों की डॉक्टर बनना चाहती हूँ। मैं अपने अस्पताल का नाम अपने माता-पिता के नाम पर

रखूँगी। लोग डॉक्टर का बहुत आदर करते हैं, परंतु कुछ डॉक्टर उनसे ज़्यादा पैसे लेकर इलाज़ करते हैं। लेकिन मैं अपनी पूरी मेहनत के साथ गरीबों का इलाज़ करूँगी।

मैं अपने माता-पिता, दादा-दादी आदि सबका नाम रोशन करूँगी। भले ही मेरी कमाई कम से कम हो, पर फिर भी मैं ईमानदारी से काम करूँगी। मैं साईंस में अच्छी हूँ, पर अभी भी मैं सीख रही हूँ। मेरे दोस्तों! आप भी पूरी कोशिश करो और अपने जीवन का लक्ष्य पूरा करो। अपने लक्ष्य की ओर बढ़ो और हार मत मानो।

जपहर कौर

कक्षा-छठी-सी

**अंतर्सदन पी0 डी0 हिंदी कविता पाठ प्रतियोगिता**

**दिनांक -11-8-2018**

**सदनगत परिणाम**

स्थान	सदन
प्रथम	नीलगिरि
द्वितीय	हिमालय
तृतीय	शिवालिक
चतुर्थ	विंध्या

**व्यक्तिगत परिणाम**

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	नीव बरेजा	हिमालय	पाँचवीं ए
द्वितीय	मुग्धा ठाकुर	शिवालिक	छठी बी
तृतीय	सारा मैहता	नीलगिरि	पाँचवीं ए

**अंतर्सदन वरिष्ठ हिंदी भाषण प्रतियोगिता**

**दिनांक 22-08-18**

**सदनगत परिणाम**

प्रथम	नीलगिरि
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द्वितीय

विंध्या

तृतीय

शिवालिक

चतुर्थ

हिमालय

**व्यक्तिगत परिणाम**

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	आर्यन अत्री	नीलगिरि	ग्यारहवीं ए
द्वितीय	दिव्यांशी वशिष्ठ	नीलगिरि	बारहवीं सी
तृतीय	वाशिमा	शिवालिक	ग्यारहवीं डी

22.08.2018 को सम्पन्न हुई अंतर्सदनीय वरिष्ठ हिंदी भाषण प्रतियोगिता में प्रथम स्थान प्राप्त करने वाले छात्र आर्यन अत्री ने निम्नलिखित विचार प्रकट किए -

भारत को महाशक्ति बनाने में बाधक परिस्थितियाँ

आदरणीय अध्यापकगण, नीर क्षीर विवेकी निर्णायकगण एवं यहाँ उपस्थित सभ्य समाज! आज की इस भाषण प्रतियोगिता में मेरे वक्तव्य का विषय है "भारत को महाशक्ति बनाने में बाधक परिस्थितियाँ।"

हर देश प्रेमी की आकांक्षा है कि भारत महाशक्ति देश बने क्योंकि आज विश्व को वही राष्ट्र नेतृत्व दे सकता है जिसके पास बौद्धिक सामर्थ्य हो। दुर्भाग्य से आजादी प्राप्ति से लेकर आज तक इस दिशा में पूरी ईमानदारी से प्रयास ही नहीं किया गया। भारत को महाशक्ति बनाने में अनेक परिस्थितियाँ बाधक हैं।

विभिन्न समस्याओं ने भारत को लंगड़ा लूला कर दिया है। कहीं बाल-विवाह है तो कहीं जातिवाद। कहीं बेकारी है तो कहीं चोर बाजारी। कहीं रिश्वतखोरी है तो कहीं काला धंधा। कहीं अशिक्षा है तो कहीं प्रांतीयता।

इधर राष्ट्र आरक्षण की आग में जल रहा है उधर आतंकवाद ने उसका सुख चैन छीन लिया है। गली का गुंडा अपनी लाठी को तेल पिलाकर डराता है तो नगर के दादा पुलिस और कानून

को अपने शिकजे में करके मनमाने अत्याचार करते हैं। चुनावों में शक्तिशाली जाति कमजोर जाति को ऐसे दबा लेती है जैसे बिल्ली अपने मुँह में चूहे को दबा लेती है। बिहार का खुला गुंडाराज हो या कश्मीर की दहशतगर्दी, सबके मुँह खून लग चुका है। महाशक्ति बनने का सपना देखने वाले हम कितने दुर्भाग्यशाली हैं कि डाकू, अपराधी और हिस्ट्रीशीटर संसद भवन में जा बैठे हैं।

हमारे पास न सूखे से निपटने की नीति है, न बाढ़ से बचने की नीति है। हाँ, यदि कुछ है तो वह है – भ्रष्ट आचरण। भारत एक भ्रष्टाचार का अड्डा बन गया है। हल्दी में पीला रंग, चाय में गोबर और काली मिर्च में पपीते के बीज तो मिलते ही थे लेकिन अब आम नागरिक धक्के खाता है और अमीर पिताओं के नालायक बेटे दो नंबर के दरवाजे से कहीं भी प्रवेश पा लेते हैं। 'रॉयटर न्यूज़ एजेंसी' ने यह पाया है कि संतालिस प्रतिशत भारतीय बच्चे कुपोषण का शिकार हैं। तीन करोड़ बच्चे मिटाई की दुकानों में काम करते हैं, लगभग चार करोड़ बच्चे घरेलू नौकर हैं और कारखानों में काम करने वालों की संख्या तो इससे भी अधिक है।

अब प्रश्न यह उत्पन्न होता है कि भारत को महाशक्ति बनाने में बाधक इन परिस्थितियों के चक्रव्यूह से आखिर कैसे निकला जाए? हमें, कलाकारों को, साहित्यकारों को, चिंतकों को आगे आकर एक राष्ट्रीय क्रांति लानी होगी। एक राष्ट्रीय चरित्र का निर्माण करना होगा तभी हम विश्व के सामने एक महाशक्ति के रूप में अपना दावा प्रस्तुत कर सकेंगे।

जागे फिर तेजस्विता जागे,

राष्ट्र की वीर भावना जागे,

सत्य ,न्याय, श्रम के बल से,

हम बढ़े विश्व में आगे,

संभव होगा तभी ,जब राष्ट्रीयता जागे।

जय हिंद।

## बचपन

नन्हा प्यारा सा यह बचपन,

जीवन का एक टुकड़ा बचपन।

नटखट नादानी का यह बचपन,

विद्या में जो डूबा बचपन,

खेलकूद में जो बीता बचपन।

बीता सुंदर सा यह बचपन,

जीवन की वे सारी बातें।

नहीं भुलाता कभी बचपन,

आगे आने वाला जीवन,

सहेज कर रखता बचपन।

अर्याश बसीन

पाँचवीं ए

## धरती माँ

धरती ने हमें जन्म दिया,

उसके लिए हमने क्या किया?

वह हमें रहने के लिए घर देती है,

मगर हमने उस पर गंदगी की खेती की है।

हमने उसे बहुत दिए हैं दुख और पीड़ा,

मगर फिर भी वह हमें मानती है हीरा।

आओ मिलकर बढ़ाएँ हाथ,

धरती माँ को स्वर्ग बनाएँ मिलकर साथ।

मिथिलेश जोशी

छठी सी

प्रार्थना सभा में विचार :

दिनांक 14-08-2018

“स्वतंत्रता हमारा जन्म-सिद्ध अधिकार है और हम इसे लेकर रहेंगे।”

यह घोषणा भारतीय स्वतंत्रता संग्राम के अमर नायक बाल गंगाधर तिलक ने की। हमें 15 अगस्त 1947 को वर्षों की परतंत्रता झेलने के बाद आजादी मिली। कल हमारा देश 71वां स्वतंत्रता दिवस मनाने जा रहा है। यह हमारा राष्ट्रीय त्योहार है। इस दिन को हमारे पूरे भारत वर्ष में हर्ष एवं उल्लास के साथ मनाया जाएगा।

साथियों! भारत का इतिहास हजारों वर्ष पुराना है। हमें कई विदेशी आक्रमणों का सामना करना पड़ा है। यह हमारे देश की खूबसूरती है कि हमने सबको अपनाया है। वे भी भारतवर्ष में मूल नागरिक की तरह घुल मिलकर रहने लगे।

साथियों! उन्नीसवीं सदी के प्रारंभ होते ही हमारे देश में स्वतंत्रता के प्रति जो जागरुकता आई उसने अंग्रेजों को हमारा देश छोड़ने के लिए मजबूर कर दिया। इसके परिणामस्वरूप 15 अगस्त, 1947 को हमारा देश अंग्रेजों की दासता से मुक्त हुआ और हम सबने स्वतंत्रता की सांस ली। इस स्वतंत्रता को पाने के लिए हमारे देश के लाखों लोगों ने अपने प्राणों की बाजी लगा दी। आओ आज हम उन अमर शहीदों को याद करें। यही उनके प्रति हमारी सच्ची श्रद्धांजलि होगी।

एक कविता की दो पंक्ति कहकर मैं अपने स्वतंत्रता के दीवानों को श्रद्धांजलि दे रही हूँ।

“शहीदों की चिताओं पर लगेंगे हर बरस मेले।  
वतन पर मिटने वालों का यही बाकी निशां  
होगा।”

आइए प्रार्थना करें –

“जननी जन्म भूमिः च स्वर्गात् अपि गरियसि”

धन्यवाद

अनुष्का मुखर्जी—आठवीं—सी

प्रार्थना सभा में आज का विचार

दिनांक – 25-09-2018

नमस्कार! आज मेरे वक्तव्य का विषय है—  
“अहिंसा परमो धर्मः”

साथियों! कहने को तो संसार में बहुत सारे धर्म हैं जैसे- हिन्दू, मुस्लिम, सिख व ईसाई आदि। लेकिन इन सभी धर्मों से ऊपर एक धर्म है और वह है- अहिंसा। जिसका पालन पूरी मानव जाति को निष्ठा एवम् ईमानदारी से करना चाहिए।

अहिंसा का अर्थ है—हिंसा न करना। कोई भी ऐसा कार्य जिससे किसी भी इन्सान को शारीरिक या मानसिक कष्ट हो, वह हिंसा की श्रेणी में आता है।

हिंसा करना, एक-दूसरे से लड़ना, मरना-मारना पशु-प्रवृत्ति के लक्षण हैं। ऐसा व्यवहार सर्वश्रेष्ठ बुद्धिजीवी को बिल्कुल शोभा नहीं देता। हिंसा या मारपीट से आजतक किसी का भला नहीं हुआ।

इतिहास काल से लेकर आज तक जब-जब भी हिंसा, लड़ाई-झगड़े आदि हमारे समाज में बढे, हमें इनकी बहुत बड़ी कीमत चुकानी पड़ी है। महात्मा गाँधी ने देश को अहिंसा का नारा दिया था।

उनका कहना था— प्रेम व अहिंसा द्वारा विश्व के कठोर से कठोर इन्सान को भी कोमल बनाया जा सकता है।

आज पूरा विश्व इस बात पर एकमत है कि अहिंसा के रास्ते पर चलकर ही देश एवं समाज का विकास कर सकते हैं।

आइए प्रार्थना करें –

हे ईश्वर! हमें इतनी शक्ति दो जिससे हम सदैव प्राणियों में सद्भाव एवं शांति बनाए रखें।

ऋषिता सिंह

कक्षा— आठवीं— ए

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