

# THE SANAWAR NEWSLETTER



98

JUNE

2017

## Section I : From The School

### It's Where My Demons Hide

*Srijani Sankar Barik, U-VI*

*'The inside of our own minds are the scariest things they are.'*

There is this parallel universe we all talk about. There is this hell we talk about and there are, of course, demons. We talk of Satan and we talk of curses and eternal darkness. We talk of witchcraft and warcraft, carnage and homicide. We talk of inevitable death and an even more inevitable afterlife, rebirth and the credible cycle of haphazard karma. Evil. It is because without equilibrium, the universe ceases to exist. Even the positive particle is unstable without the negative; this unfathomably big cosmos cannot exist without evil, not now, not ever.

We talk a lot, don't we? About heathens and pagans and cannibals, about sin and genocide and massacre, about malevolent spirits and doppelgangers. Those Japanese cartoons showing the angel on one shoulder and the demon on the other, trying to whisper and coax, those are somewhat true things. The human psyche is as rickety as a rusty wheelchair, easily broken by weight, difficult to mend. A person isn't good or bad, not me and not you. A person isn't either what we believe him to be, perception often leads to chaos. A person is good and evil at the same time. It is what he wishes for the world to see, we can't afford to be evil, and we end up in jail with a life sentence. Honestly, any human being holding grudges would definitely want a Purge night, more than once in a year. Demons are real, they live inside us; and sometimes, they win. However, these demons aren't so scary, it's the living you have to watch out for.

Evil is inevitable. There will not be another Jesus for now. Thus, we have just got to keep those demons under control. That is why I say, the apocalypse approaches; brace for impact for that day is not far when the demons unleash. *For so long as fate keeps waiting, we live on. God help us. God forgive us. We live on.*

## We Don't Fail, We Only Learn

*Tanmay R Kharmorbha, L-VI*

Is failing a school year that big a deal? Obviously, yes, it is. Well, guess what? I am here to say that it isn't. Probably, all of you are going to say that, "You wasted a year."; 'All your friends are passing out of school while you are still stuck here.' Trust me; I realized that at that moment when I got the news, I felt that year wasn't a waste. It may have been the most important year of my life. To be frank, I do regret failing the year but I can't do anything about it now. The only thing I can do, is learn from the mistakes I made and not repeat them; otherwise, the year would actually be a waste.

Well, you can say that last year was a gap year for me. I took a two and a half months' holiday to South Africa, enjoyed playing football and hardly studied. Though I actually did study, it didn't turn out to be enough. Repeating isn't that big a deal; you are just sitting in the same class with a different set of people who you may already be familiar with.

However, I did not take long to accept the fact that I failed and decided for myself that failing would not be an obstacle but a lesson for me, even if I come across such a situation in the future. My parents have helped me now, it would eventually have happened later. They told me that everything happens for a reason; even though you might think that it is against you, it is for your best. In the end, don't ever have regret because life is way too short to do so.

The day I joined Lower Six again for the second time, my dad told me one thing—'Son, you've hit rock bottom and there is nowhere else to go but to go up. You don't have to prove your worth, neither to us nor your teachers, but to yourself. Love you.'

### It Takes Time To Attain Your Dreams

*Pavit Sidhu, L-V*

When aspiring writers in their early 20s or younger ask older writers for advice, they tell them to set goals and think long-term. "It often takes many years of dedicated effort to become a good writer," they usually say, "You may not achieve your major goals until you are 40, but it will be worth it."

They immediately see the disappointment on their faces. "Forty? Oh my goodness. I could be dead by then. And if I'm still alive, I'll be too old to enjoy anything."

They want to achieve their goals quickly. They want them to say something like this. "Study the dictionary for an hour, then begin writing your five hundred page masterpiece. Write about whatever comes to your mind. Complete your masterpiece in a month and sell it to the first publishing company that offers you five million. Pose for the cover of Time Magazine and then spend the rest of your life signing autographs. If only life were that simple. All of us would have achieved our dreams whether they were small dreams such as owning a car, modest dreams such as owning a house, or grand dreams such as owning a politician."

Some dreams, of course, are unattainable. No matter how much I practice tennis, I'll never be able to win Wimbledon, unless I can compete in a special division called "retired bus driver or something like that". I'm willing to spot Queen Elizabeth five games in every set. As long as I don't have to bow every time she passes me.

Victoria Beckham, for example, had to sing with spice girls for several years before attaining her ultimate dream of marrying a soccer star. Whatever your dreams are, we need to work hard over a long period to achieve them, unless we're lucky, extremely talented or related to George Bush.

Consider yourself lucky if-

-Your name appears on Bill Gates will or maybe you won \$123 million in a lottery and don't have 123 relatives.

And consider yourself extremely talented if-

-When you felt like relaxing, you play chess or you can produce music from three different parts of your body.

It doesn't matter what you want to do- if you do it hard enough and long enough, you'll get better at it.

You just have to keep working, keep striving. It may take years, but it'll be worth it. Depending on your dream, of course.

### The Great Indian Parents and Their One-Tight-Slap-Style

*Sanaabi Thinbajam, L-V*

An old friend comes over for lunch with her son. She runs a rather successful export business and halfway through our meal, she says, "God knows what will happen to America. Along with his immigrant ban, Trump is busy tweeting about his daughter. My daughter Ivanika has been treated so unfairly by Nordstorm. She is a great person always pushing me to do the right thing."

The prodigal son sitting on the other end chips in, "You know mom. Trump would have never said this if he was an Indian parent!" Looking at our perplexed faces he adds, "First of all you guys would never call your son 'a great person' because of some evil eye business. All Indian parents believe that if they say 'Oh, my son is so smart!' then from the skies above, 'nazar' with a guidance missile attached will nosedive towards him and shatter his skull into a thousand pieces." And how can your children push you to do the right thing when parents are right and everything we do is wrong."

My friend's son adds, "The first thing he would have done if he was an Indian parent would have been to compare his daughter to someone else's daughter, like maybe wondering why Ivanika can't be more like Malia Obama." The prodigal son nods enthusiastically, "And also Ivanika would eventually be called Ivu! What's those embarrassing nicknames."

The two kids seem to be enjoying ripping into their parents and the prodigal son continues, "And those threats that you guys keep making! 'I'll give you a tight slap on your face! What does that mean mom? Otherwise would you have given me a loose one, flopping your head around my face? And that famous countdown.'"

"That's it! You come here now or you see what will happen, I'm counting, One, Two and the last one, Three."

Pruning my pest infested eggplant saplings the other day, I think about what the kids about us controlling Indian parents, is just perhaps but wrapped in that was a nugget of truth. Most Indian parents tend to follow the authoritarian style of parenting, making children follow rules unquestioningly while permissive parents let their kids do whatever they want.

Somewhere in between are the authoritative parents who explain behind rules are willing to negotiate a little while setting limits and also use more positive reinforcements. Research states that the third way is ideal for raising happy, well adjusted individuals. I guess we all have to look inward to see which way we're leaning on. Indian parents... Wake Up!

### The Craziiness

*Sakshi Godhwani, L-V*

It's a 'mad-mad world',  
I've heard this song.  
It's a crazy night,  
I know it all.

Let us start,  
With a Bash.  
To take this world,  
Along in a flash.

The world might go nuts,  
So don't make a lot of fuss.  
'Cause we are crazy,  
After all,  
And let's just relax,  
Scream or shop in a mall.

Now, you know,  
How the world is.  
So, live it or leave it,  
'Cause this is all,  
You're going to get.

Be the bold, strict or serious,  
Be the crazy, mad or nuts.  
Live your life,  
Till it lasts.  
'Cause this is all,  
You're going to have.

### Cry Babies

*Aarushi Thakur, L-V*

Johnny Depp once said, "If a person cries it doesn't mean he is weak, it just means he has been strong for too long." This saying may seem a little impractical but it has a great meaning underneath it. When we see a person crying we tend to ignore them thinking it's their personal life. But I'm pretty sure that if we see the same person cry a second time, our first assumption would be that they are too weak. But do we realise how their crying is just a way of calming themselves down. Not everyone sheds crocodile tears, then why do we consider that a crying person is too weak or simply an attention seeker? Do we realize that we don't know what the person's been through or is going through? Then why do we have to be so ignorant. And as said by Lauren Oliver Hatred isn't the worst thing, ignorance is. We should not just ignore a person and then make our own perceptuous stories. If you do not wish to go to them or the person doesn't want to disclose their lives, then we should realize how a person's strength isn't measured by the how many times they have controlled their tears but by the number of times they cried, wiped their tears and stood taut again.

We should stop calling people crybabies for they cannot help but let out their feelings. That's what normal people do, isn't it? Let out their feelings. It is widely prevalent when parents tell

their children. "Don't cry. You're not a baby any more". It is how we are taught, that the ones who cry are weak. But why is it so? Is it not right to shed a few tears if it calms you down? We all try our best not to cry but what about the times when it's too much? Why should you control if it makes you feel better? It is considered that crying is directly associated with shame but this is not true. It is a widely hated lie that girls cry more often than boys do but that's what the eye sees, at least they aren't ashamed of what they feel. And I wish we will soon be adorned with the pleasure of the fact finally being accepted that a few tears shed aren't equal to ultimate weakness.

### The Toast Revolution

*Vaarunay Kaushal and Arjun Ahluwalia, U-V*

To people, toast might just be another thing to have with your breakfast. But to the students of Sanawar, it's pure bliss. Can someone imagine plain, untoasted bread with boiled eggs? Yes, we can. Earlier, breakfast was a disinterested meal except for students who were only concerned with proteins. 'Revolution' is no exaggeration for toast here but an absolute change for us. It is difficult imagining that toast has changed the appetite of almost everyone meaning it's an integral element in our breakfast. Quite obviously and may be apparently, this whole action wasn't violent like other revolutions we've studied about but rather delightful and delicious. It was through the actions of many officials that we got toasters in our school. Now, everyone could relish on sausages and nuggets with a medium known as toast. Butter with hot toasts might seem like the best combination to us because of which many would fill themselves with it. This infatuation for toast had reached such a level that the Bursar of our school had to make an announcement in the dining hall about not only eating toast and saying we would one day, ourselves become a loaf if this continues. We do understand that eating a proper diet is important but when we see those toasts coming towards us, we simply and impulsively 'devour' them.

### Parents v/s Shinchan

*Ananya Mukherjee, U-V*

I am sure, at some point of time, all of us have watched 'Shinchan'. So I want to ask you two questions. Do all of you like Shinchan? Okay, a few don't like Shinchan. My second question is do your parents and elder people in your family approve of Shinchan? Now I would like to answer both the questions. I really like Shinchan, but my father doesn't really care, all he says is, "they are not drawn properly. Just look at their faces!" But my mother immensely dislikes Shinchan. According to her Shinchan is very vulgar and he cracks dirty jokes. Often both of us have debate about this topic. But there's never a winner to the debate.

Not only my mother, but many other mothers have risen issues saying that Shinchan spoils the child. The child starts copying Shinchan, often getting into trouble. Their complain is that children are becoming overmature in the wrong way.

For example, the five year old protagonist calls his mother 'bacche churane wali moti bhudiya', though she is neither old nor fat. So many kids are copying him and as said earlier is spoiling them. This is what many parents have to say? What do you think ?

I think that the matter of so called concern is that Shinchan is bad influence on children but the parents are too over-protective. In fact I used to watch Doraemon and copy Nobita crying but that did not change my mother's attitude towards me. Shinchan is a teenage show and not a kids show. So, a teenager would understand these jokes and know when to say what. So because of the kids who are not supposed to watch this show, are watching it, is making their parents concerned. Due to this they are censoring Shinchan which is really heart breaking for many teenagers.

### **Brown Parents Vs. White Parents**

*Vidhi Agarwal, U-VI*

No word should be in your vocabulary when it comes to milk except for the time when you have decided that you don't want to live anymore. You can't afford going to some family get together and not saying 'Namaste' to even one parent until you want a big lecture on manners when you get back home. Always be prepared as you can be asked to compete with any of your parents friends kids anywhere. You will be sent to every possible so called hobby class even though they are going to be your parents hobby more than yours. You just can't forget that you have that one scary room in your house where you'll be locked if you don't eat your food and yes, no matter where the pain is in your body it's always your phone which is going to be blamed. You can't even once get less marks than your best friend if you don't want your parents to send you for all the possible tuitions in the world and your report card is same as your death sentence. If you come back home late, next morning all your friends will know it because your parents would have called every possible person to ask about you. The money you'll be given in the beginning of the year, you'll be expected to have the same amount of money six months later. You just can't forget two rules of life.

Brush your teeth twice a day and chew your food thirty two times.

### **Environmental Trip To Mrs. Rampal's House**

*Bividhita Singh, L-III*

One Sunday this term we went for an environmental trip to Mrs. Rampal's beautiful house. This was my first trip from The Lawrence School, Sanawar. We sang many songs on the way. When we went to her house we saw a model of a Solar Water Heater and she explained about its working. She explained it very well. A bit further we saw Bag Irrigation, she explained that, "It is important to provide the root with water more than just sprinkling water on its leaves. Then we saw the cone which is also used to provide water to the roots. After this we saw the Bleeding Pipe. This pipe has small holes in them, and helps in drip irrigation. Then we learnt about solar energy. We saw solar toys, solar lamp, solar radio and solar cooker. If you keep the solar toys in shade they will stop working. But if you keep them in the Sun again they will start working. Then we learnt a little about temperature. There were many different instruments to measure temperature like a maximum and minimum thermometer. We also saw a Barometer, Rain Gauge and Hygrometer. We quickly took down some notes. Then we went with Col. Rampal (we were divided into groups. First two houses went with Mrs. Rampal) to see Vermi Compost and rain water harvesting. We saw that thin, red, hard working Eisenia Foetida worms can make kitchen waste into smooth, soft manure, and we also saw how rain water can be stored in an underground tank. This water can be used for washing, cleaning and watering the plants. At last we ate sweet rice that was cooked in the solar cooker. It was delicious. Mrs. Rampal gave us a spoonful and we also ate ladoos. Then we were all happy and went singing back to school !!!

### **Inter-Section English Essay Writing Competition for L-IV & U-IV**

An Inter-Section English Essay Writing Competition for classes L-IV and U-IV was held on 18th March.

The topics for L-IV were: A Terrifying Experience, The Problem of Beggary in India & Pleasures of Mountaineering. The topics for U-IV were: Some Popular Indian Superstitions, Self-Discipline in my School & Importance of Travelling. The result is as follows:

#### **L-IV :**

Chitrangada Thakur	First
Saanvi Khurana	Second
Sehar Kaur Sandhu	Third

#### **U-IV**

Noopur Sharma	First
Jana Sheen Bala	Second
Jai Sharma	Third

Following are the essays that won First positions.

**PLEASURES OF MOUNTAINEERING-Chitrangda Thakur (L-IV C)**

There are a lot of pleasures of mountaineering. Mountaineering is a lot of fun. It allows one to enjoy the beauties of nature. Nature is full of mysteries and is interesting. If one takes good care of Mother Nature, she will provide and take good care of us. One needs to respect nature for she saves us from all harms and dangers. Mountain gives us an experience of different wonders of nature and shows how difficult it is to survive in some areas. Mountaineering not only expresses Mother Nature, it also shows and helps us realise, how we treat nature and what she deserves.

Mountaineering keeps us fit. We learn how to get a solution for small problems which irritate us in daily life. It freshens us up and gives us a positive feeling. A person who fails in something, when he goes out, feels that he/she can start a new life, have a new beginning. Mountains stand erect and are full of grass and all kinds of trees. They teach us to be proud of what we've done and what we do. They tell us that everyone has done good and everyone needs to be proud of it.

Mountaineering teaches us and tells us how difficult it is for those people who live in such conditions and survive here, overcoming all difficulties.

We come to know about different species of insects and animals. While mountaineering one can fulfil that happiness along with excitement arising inside our body. It gives us positive energy to fulfil our dreams. It gives us more courage. It helps in keeping our bones and muscles healthy. Hence, one should do mountaineering at least once a month. It's really helpful and teaches us a lot. People discovered things and some are still to be discovered. Everyone can do anything, just do good, have courage and be kind to Mother Nature.

**IMPORTANCE OF TRAVELLING (Noopur Sharma—U-IV B)**

Someone once rightly said, "The world is a book and if you don't travel, you just read the first page." When I think of travelling, the first thing that comes to my mind is adventure and thrill. I think of beautiful hilltops, new people and delicious food! Thoughts of exciting events crowd up in my brain.

Travelling is an important part of our lives. It is how we learn new things and experiences. Imagine being cooped up in your house forever. The same old room, the same boring food. I, frankly, feel horrified at the thought. When especially India is a country of millions of cultures and traditions, I feel that every place is worth visiting.

This world is filled with incredible beauty. We just need to see it that way. Travelling is some thing which makes us appreciate this beauty. We feel humbled because when we travel, we see such

vast, amazing structures, we realise that we are so tiny, non-existent for the Almighty who made this world.

Travelling is extremely important. When we see, we grow. Not just physically, but emotionally and spiritually as well. Of course, travelling is not all about learning, it's simply fun too. "Enjoying is the biggest task you can accomplish", someone once said. It's not that easy to enjoy. Enjoying actually means getting rid of all your worries, sad memories and that nagging thought at the back of your mind, and fully enjoy whatever you're doing. At the end, I would just like to say that beauty in this world leaves you breathless. It's time to pack your suitcases and get dressed up because, adventure awaits you.

**Section II : From The Staff**

**!! Achievers !!**

Students who scored 90% or above marks in the Half Yearly Exams of 2017.

S. No.	Name	House	%
<b>L-III—A</b>			
1.	Bisman Buttar	NPG	91.00
2.	Ishan Phutela	SPB	90.00
3.	Narayana Pujara	VPB	90.00
4.	Nimish Garg	HPB	93.00
<b>L-III—B</b>			
5.	Aaran Krishn	SPB	93.00
6.	Agam Singh Dhiman	VPB	92.00
7.	Arnav Bansal	SPB	93.00
8.	Kenisha Arora	NPG	91.00
9.	Nandini Jain	SPG	94.00
10.	Parth Gautam	NPB	92.00
11.	Pratham Jain	VPB	91.00
12.	Sehtej Singh	HPB	92.00
13.	Vasvi Jain	VPG	91.00
<b>L-III—C</b>			
14.	Chhavi Narayan Moolchandani	SPG	91.00
15.	Gayatri Sud	VPG	91.00
16.	Japhar Kaur Jawandha	NPG	91.00
17.	Ojas Jain	SPB	94.00
<b>U-III—A</b>			
1.	Guneet Kaur	HPG	93.00
2.	Kritish Goel	VPB	93.00
3.	Prisha Gera	SPG	91.00
4.	Sukriti Dehloo	HPG	94.00
5.	Ujjwal Kotwal	NPB	91.00
6.	Veer Devgan	HPB	90.00

<b>U-III—B</b>			
7.	Abhimanyu Lohan	SPB	90'00
8.	Anvi Chopra	VPG	94'00
9.	Arooshi Bhatia	HPG	94'00
10.	Dhruv Sud	VPB	90'00
11.	Hriday Jain	SPB	94'00
12.	Jaibhav Chopra	HPB	90'00
13.	Jayant Sharma	SPB	96'00
14.	Utkarsh Verma	SPB	90'00
15.	Vaniya Boora	HPG	91'00

<b>U-III—C</b>			
16.	Abhimanyu Soni	NPB	90'00
17.	Hrithik Roy	VPB	94'00
18.	Jaimukund Bhan	HPB	96'00
19.	Shaurya Khanna	SPB	95'00

<b>L-IV—A</b>			
1.	Anahat Puar	VHG	94'00
2.	Chitesha Rewri	HHG	96'00
3.	Daksh Chopra	SHB	93'00
4.	Devisha Jain	NHG	92'00
5.	Roshan Raj	NHB	92'00
6.	Sehar Kaur Sandhu	SHG	91'00

<b>L-IV—B</b>			
7.	Mokshi Sharma	NHG	92'00

<b>L-IV—C</b>			
8.	Chitrangda Thakur	HHG	91'00
9.	Manya Gupta	HHG	91'00
10.	Navya Garg	SHG	97'00
11.	Tanvi Sood	VHG	93'00

<b>L-IV—D</b>			
12.	Era Kajla	HHG	91'00
13.	Kirti Jindal	HHG	97'00
14.	Rhydham Lamba	NHG	94'00
15.	Saanvi Khurana	SHG	99'00
16.	Ustat Kaur Jatana	VHG	94'00

<b>U-IV—A</b>			
1.	Harshangad Singh	HBJ	97'00
2.	Shravan Bhatia	HBJ	90'00
3.	Simar Singh Gabadia	NBJ	97'00

<b>U-IV—B</b>			
4.	Himanshu Sabharwal	SBJ	95'00
5.	Karmanbir Singh Batth	VBJ	95'00
6.	Noopur Sharma	HHG	98'00

<b>U-IV—C</b>			
7.	Anannya Julka	NHG	93'00

8.	Pavya Singh	HHG	97'00
9.	Ruhani Khanna	VHG	91'00
10.	Yuvam Soni	HBJ	91'00

<b>U-IV—D</b>			
11.	Ishika Sen	VHG	94'00
12.	Kabhkashan Sehgal	NHG	91'00
13.	Parth Sharma	VBJ	90'00
14.	Shreyas Arora	VBJ	91'00

<b>L-VI—D</b>			
1.	Aditya Sharma	SBS	90'00
2.	Parth Pant	HBS	96'00
3.	Vrinda Aggarwal	SGD	90'00

<b>U-VI—B</b>			
1.	Garima Jain	VGD	90'00

<b>U-VI—D</b>			
2.	Aanchal Gupta	HGD	90'00
3.	Keshav Peri	NBS	92'00
4.	Srijani Sankar Barik	NGD	90'00

### Section III : SPORTS NEWS

#### Result-Individual Boxing Championship 2017

Weight	Runners Up	Winner
GD Bout-1	Sakshi Gupta VGD	Sonam Wangmo HGD
Paper-BD	Harshit Nandy HBJ	Roshan Raj NHB
Midget-BD	Gurteshwar Singh Dhillon NBJ	Aryan Gupta NBJ
Mosquito	Ranveer Kataria NBJ	Karmanbir Singh Batth VBJ
GNAT	Aryan Agarwal VBJ	Gopal Agarwalla NBS
FLY	Akshaan Jain HBS	Milan Takshak NBJ
Bantam	Vaaranay Kaushal VBS	Rahil Nazir SBS
Feather	Ronald Robert Kharmarbhha VBS	Mohammad Anas HBS
Light	Abhay Sharma SBS	Shivam Ahlawat NBS
Welter	Zaffar Abed NBS	Arnav Chauhan NBJ
Middle	Tanmay Robert Kharmarbhha VBS	Kushan Singh VBS

Light Heavy Arjun Ghai VBS	Aaryaman Seth NBS
Heavy Kartikeya Jakhar HBS	Uday Gijl HBS
Superheavy Simarbir Singh Sandhu NBJ	Harman Singh Sandhu SBS
Best Looser Zaffar Abed NBS	
Best Boxer Kushan Singh VBS	
Batish Cup Winner	Harman S. Sandhu SBS

### हिन्दी खण्ड

#### प्रार्थना सभा में विचार

दिनांक—9-5-17

नाम—पुरु

नमस्कार ! आज मेरे उद्बोधन का विषय है "चरित्र ही जीवन का आभूषण है।" दूसरे शब्दों में कहें तो उत्तम चरित्र के दम पर ही मनुष्य अपने आपको इस संसार में महान बनाता है। इस आधार पर यह कहा सर्वथा उचित है कि "चरित्रवान व्यक्तित्व ही संसार का आभूषण है।"

चरित्रवान व्यक्ति की विशेषता होती है कि वह कभी किसी बुराई में नहीं पड़ता और न ही किसी की बुराई देखता है। वह जब भी कोई बुराई देखता है वहाँ से अपने आपको दूर कर लेता है क्योंकि किसी ने ठीक ही कहा है कि "काजल की कोठरी में कितनी ही सयानो जाय" उसमें बुराई की कालिल लग ही जाती है।

चरित्रवान व्यक्ति अपने सत्कर्मों से समाज के सामने एक उदाहरण प्रस्तुत करता है जिसका अनुसरण करके हम भी अपने जीवन को सफल बना सकते हैं। अतः जीवन में सबसे आदर व सम्मान पाने के लिए हमें अपने चरित्र निर्माण पर ध्यान देना चाहिए। हम सब अत्यधिक भाग्यशाली हैं कि हम ऐसे वातावरण में रह रहे हैं जहाँ हम अपने चरित्र का सम्पूर्ण विकास कर सकते हैं। हमारे गुरुजन, हमारे बरिष्ठ साथी विद्यार्थी हमें हर पल, हर क्षण जीवनपयोगी बातें सिखाकर हमारे चरित्र-निर्माण में हमारा मार्गदर्शन करते हैं।

इस प्रक्रिया में हमें वृद्ध इच्छा-शक्ति, आत्म-बल, सत्संगति का विशेष ध्यान रखना चाहिए। तभी एक मजबूत चरित्र की नींव रखी जा सकती है। एक चरित्रवान व्यक्ति ही समाज को नई राह दिखा सकता है।

किसी अंग्रेज विचारक ने उत्तम चरित्र के विषय में अपने विचार इस प्रकार व्यक्त किए हैं—

If Money is lost n thing is lost,  
If Time is lost something is lost,  
If character is lost everything is lost.

प्रार्थना:—

हे प्रभु ! हम सभी को चरित्रवान बनने का आशीर्वाद प्रदान करें।

#### प्रार्थना सभा में विचार

दिनांक—2-6-17

नाम—हिमांशु सत्रवाल

कक्षा—आठवीं बी

#### विश्व पर्यावरण दिवस

नमस्कार ! आज मेरे वक्तव्य का विषय है-विश्व पर्यावरण दिवस।

पूरे संसार में पर्यावरण दिवस 5 जून को मनाया जाता है। इसकी शुरुआत संयुक्त राष्ट्र महासभा द्वारा पर्यावरण की शुद्धता एवं इसके प्रति जागरूकता पैदा करने के लिए सन् 1972 में की गई। इस दिवस को मनाने के पीछे पृथ्वी पर फैले प्रदूषण को रोकने के लिए उठाए गए कदम एवं प्रकृति की रक्षा करने के लिए सम्पूर्ण विश्व के लोगों को सकारात्मक कदम उठाने की प्रेरणा दी गई है। इस दिवस को सम्पूर्ण विश्व में 5 जून को प्रतिवर्ष पर्यावरण की रक्षा के लिए संकल्प लेते हुए मनाया जाता है।

भारत में भी यह समस्या सुरसा के मुँह की तरह बढ़ती ही जा रही है लेकिन इन दिनों भारत की सरकार पर्यावरण शुद्धता की दिशा में उचित कदम उठा रही है। "स्वच्छ भारत अभियान" के द्वारा हमारे देश ने विश्व-पटल पर पर्यावरण शुद्धता के लिए अपने कदम बढ़ा दिए हैं। ऐसी स्थिति में केवल सरकारी प्रयास ही नहीं, हम सब नागरिकों को भी कंधे से कंधा मिलाकर कार्य करना होगा और सकाई के प्रति अपनी

जिम्मेदारियों का ईमानदारी से निर्वाह करना होगा। भारत के प्रधानमंत्री प्रतिवर्ष अपने निवास स्थान पर पौधारोपण करके इस दिवस की सफलता की कामना करते हैं।

इस अवसर पर मैं आप सब को यह संदेश देना चाहता हूँ कि हम सब मिलकर यह प्रण लें कि हम पर्यावरण शुद्धता बनाए रखने में पूरा सहयोग करेंगे और किसी भी प्रकार का प्रदूषण नहीं फैलाएंगे। हम अपने विद्यालय परिसर, छात्रावास परिसर तथा कक्षाओं को साफ सुथरा रखने का वचन देते हैं। मैं

आपको कहना चाहता हूँ कि यदि पहले हम अपना घर साफ एवं प्रदूषण रहित रखेंगे तब ही हम विश्व पर्यावरण दिवस को सच्चे अर्थों में मना पाएंगे।

प्रार्थना :—

हे ईश्वर ! हम सब को सद्बुद्धि दीजिए कि हम स्वच्छता रखें एवं पर्यावरण की रक्षा में अपना सहयोग करें।

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