

THE SANAWAR NEWSLETTER

NEVER GIVE IN

96

APRIL

2017

Section I : From The School

Euphoria of Life

Srijani Sankar Barik, U-VI

Once more into the fray
 Into the last good fight I will ever know.
 Live and die on this day
 Live and die on this day.

What we do now shall echo in eternity. Until humanity is pushed into the gaping jaws of obliion, until the earth does not become charred to cinders in this vast cosmos, from the very beginning and till the very end, what man will want is power. However, power is not just domination, control or absolute strength. When we are given power, we are given a responsibility, the responsibility of not making our fellow beings grow up, but grow bigger, by knowledge and by thought. And thus, what we do now, how we use our power, shall echo in eternity.

As Ned Stark said, winter is coming. It is not winter because we are approaching an end. It is winter because it all starts again. Begin; begin to believe in the power of your thoughts. It all begins and ends in your mind. What you give power to, has power over you, if you allow it. Don't ever let evil thoughts or intentions overpower you. It is there that humanity ends and falsehood and corruption follow.

And the power of words... words are the most powerful instruments used by humanity. They are more powerful than any arsenal or any machinery ever built. They can create or destroy. It takes a million compliments to build you up and one, just one insult to send it all crashing down. It is downright amazing, how words can do that, stitch or shred your world apart. Use words, use them frequently, and use them wisely.

So today, I choose to use them wisely and tell you, my friends. Never get so busy making a living that you forget how to make a life. About eighteen years of life, and we knew nothing about loans, mortgages or bankruptcy. Being poor doesn't mean

having nothing and being rich doesn't mean having everything. Don't let money govern your emotions; money may buy you a seat in the parliament but will not buy you a place in somebody's heart. Love cannot be bought and belief cannot be sold. Never relate success to money, or then you will know for sure that some humanity within has been lost. They will tell you that life is nothing without success, and I now, tell you to live, there can be no greater success. Love is the greatest possession any human will ever have. So don't be afraid of loving, and stop, stop controlling it.

From now on, your own decisions will govern where you take yourself in life. From now on, reality will bite hard. But go on bite back harder. Decide wisely. It is not easy to accept challenges as they come along, they sometimes hit us as hard as a wrecking ball. They knock the air out of us and bring us down to our knees. But that is what we Sanawarians are made for, aren't we? We look at challenges dead in the eye and give them a wink.

We all look at the same stars and see such different things. What is behind your eyes hold more power than what is in front of them. Do not always strive to find clarity and do not let your emotions overpower your intelligence.

Eight years is a long, long time. It was enough to give me and you lessons, big and small, cherished and forgotten. And in the years to come, I will hold Sanawar, its people and memories close to my heart, like a talisman, till eternity because today, even as I stand here, short of breath, my heart beating hard, goosebumps prickling my skin and my legs trembling...I can proudly say that I am in love with this school; and someday, when I am old, toothless, hairless, arthritis-stricken and boarded on a creaky wheelchair; my schooldays will give me a reason to smile when I take my last breath.

Once more into the fray
 Into the last good fight I will ever know.
 Live and die on this day
 Live and die on this day.
 Live wisely...love deeply.

Life Goes On...

Kahkashan Sehgal, U-IV

Whenever I see gas balloons go up, I wonder, where we would end up if we were balloons.

Would we go far away to some unknown destiny? Or will it be a carefully decided goal. Will we work our way up too? Life is like a game, blink your eyes once, one goal scored! Learn to live life to the fullest and enjoy whenever you can. Cherish each and every second you get whether you are happy or sad. Leave your gadgets and enjoy with your family because when you are growing up even they are getting older and you never know, when it is their time to leave you in this "BIG WILD WORLD," all alone. Whenever you are sad think, "Can I improve"? may be that helps you. When you fail, try again but when you are successful, try to achieve something bigger as you know, "Success is NOT permanent". Always have faith in yourself as it will be only you, who can help yourself. Always keep your head high and shoulders straight even if you are in the most difficult situation of your life. Keep smiling because a smile is like a flu. It is contagious. If you feel a smile begin, don't leave it undetected. It is a start to an epidemic and let the world get infected! Take life as it comes. If you get scared, it will scare you more. Dream big! If your dreams don't scare you, then they aren't big. Respect others but most importantly respect yourself. Try to do something big not only for yourself but also bring a change in everybody's life. Learning from other's mistake is good but learning from your own mistake is GREAT!

Never hate a person because hate is a very strong word. Never judge a person by their looks, after all, we all come in different shapes, sizes, colour and with different minds. Never judge a book by its cover because when you open and try to understand them, they may change your life, that's how people are! Nobody is perfect on earth and think you are nobody and prove it too! Let people say whatever they want to because they are just people! Let them laugh at you because you are different and you laugh at them because they all are same. This is how the world will remember you as you have left foot prints on their hearts. You are the one who has to find yourself. And at the end of it, you will realise, you "SURVIVED"!

Teenage

Veni Gupta, L-V

We, the teenagers, are considered or called 'The Future of the Country'. We all have dreams and goals, each unique and fascinating. We are determined and hard working. From gossips to games, we are good at everything. I am a teenager too. But when I think of teenagers, one question comes to my mind—"Do we all actually behave and respect other people the way we are expected to?" I would like to answer this question by sharing my story.

During the vacations, I often got bored so I usually used to go fight with my mom. Whenever my mom asked me for help, I refused to do so. I would fight with her for every thing. When I came back to school, I was happy. I was happy because I was with my friends and also because my life was not boring anymore, rather, it was very happening. But, there was something inside me which felt empty. Some days later, I got some stuff my mom had sent. I called up my parents that day and said 'thankyou' and their response made me cry. They said "Why are you saying 'thankyou'? What has happened to you?" I realised that it was the first time I had ever said 'thankyou' to my parents. I controlled the wave of tears which was on its way out of my eyes. I realised many things at that moment and this was just one of them. Later, I went to my best friend and said that I didn't want to come for camps. She was shocked and asked me why? My reply was—"I just realised the value of what I have. I want to spend time with my parents."

This is what I act like in my teenage? Is this rude behaviour towards our parents, what they expect? When we become teenagers, we try to become a part of 'in-crowd' and try to act cool. We start demanding for more and more things from our parents than necessary. We only care about our friends, our popularity, our appearance etc. But do we care much or even think about our parents?

Teenage is a rebellious stage of life in which one struggles to do everything right at the same time. We often do make mistakes. Those mistakes teach us lessons. But one lesson we learn is not easy to think about. Actually calling it 'realising the value' would be better than calling it a 'lesson'. There are two people who are more important than our friends—our parents. It is them who brought us into the world, took care of us and also taught us so many things. Don't ever turn your back on them, rather, you should go say 'thankyou' for everything they did for you and say sorry for your rude behaviour. The apology can be in the form of an essay too, just like mine.

A Huge Choice

Sakshi Godhwani, L-V

Life is a huge choice
It's not all cotton candy
And chocolate like 'Royce'.

It's a nasty world
Where one is in a swirl.

Being caught in a net
'Cause you hav'nt
Won the bet.
Being able to,
Do something about it,
Is a task
Fighting it with might
Behind a mask.

A courageous choice,
But to come in the light
You have to face the fright.

The crowd can't do a thing
 'Cause you're the king.
 Your life is in your hands
 And you are the owner
 Of your own land.
 Be bold and be bright
 As life is a huge choice,
 And you'll be just alright.

Friends Together, Family Forever

Eeshani Goyal, L-IV

Friends are the light of our lives. All my friends are my family and I love them. I know it hurts, when a friend goes away. Everyday won't be sunshine with them. It will rain today or tomorrow but don't worry because at the end of the rain there will be a sunshine and a friend with you. If you are a true friend then a friend who went away will always come back... We need a friend at every step of life.

...A true friend.....stands by us no matter what. Friends help us, guide us and most importantly support us in every thing. We have lots of fights but at the end we are together again. Friends do everything together. Somebody has rightly ... said, ... "friends are the family, you don't live with; that is the family you love with."

My Round Square Experience

Manavjit S. Kochhar, L-V

It was a bright and sunny day on Sunday, 8th January, 2017, when our Sanawarian group of six children (4 boys & 2 girls) along with our escort Mr. Kumar Gautam, reached the Ajmer station. We were there to represent Sanawar at the Round Square Conference hosted by Mayo College, Ajmer. We were all tired and quite exhausted after our six hour long journey on the Delhi-Ajmer Shatabdi. We boarded a special bus, which took us to Mayo College for our seven day conference.

On our arrival at the school we were received by Nachiket, a student of Mayo, who assisted us through the event. Each of us was placed in a separate dorm room. Each room accommodated only six unlike the big dorms that we have at Sanawar. We were quite excited to meet the other students who were to share the accommodation with us. As it was an International Round Square there were people from around the globe from countries like Canada, China, Kenya, Singapore and many more.

After we settled in our rooms we went for lunch. We were surprised to find out that the food was not as good as the food we get at Sanawar. After lunch we were sent on a tour of the school. Their school Campus is approximately 300 acres including the boys, girls and day school of the Mayo College. They have some very good facilities for sports like golf, horse riding and polo. They have a museum with many interesting antiques like guns, missiles, old currency of different countries. It also had animal skins, human fetus, animal fetus and many other interesting exhibits. In the evening they had a welcome show for us which had classical Rajasthani dance and singing in it.

The conference was about saving water. The next few days we had a full packed agenda in between the many talks and discussions, we had many exciting things to do. They had organized five keynote speakers namely Saumi Dhaul, who encourages and educates people to conserve and save water, Dadi Padamjee, a fine artist with the rare skill and knowledge of puppetry, Geeta Ramanujan, besides being an internationally renowned story teller, is an educator, academician and administrator, Siddharth Chakravaty, a marine conservationist who works for the Sea Shepherd Global Organization. Their aim is to preserve the bio-diversity of the planet. Meghna Erande, is a voice actress who started stealing the hearts of the audience from the very beginning. Last but not the least Meera Das., a professional Odissi dancer for over two decades. We also got a chance to go to a school for the deaf and dumb which is called Meenu Manu Vikas Kendra which helps them to improve their skills. We went over there to plant trees and to paint walls. We also went to the Deogarh Palace to stay a night which was a lot of fun. We were woken up at 6 in the morning to go for bird watching. We were taught to make lamp shades with used plastic bottles. The Mayo school played an impressive exhibition polo match along with a very exhilarating show of tent pegging. They even had a Carnival and the headmaster hosted a dinner for the attendees of the conference.

We didn't even get to know when seven days got over. When we reached there we didn't know anyone else but when we were leaving we had made some good friends and memories. I would like to thank Mr. Kumar Gautam to give me this chance to attend such a lovely event where not only did I learn that water is a very precious commodity but if we come together and discuss universal problems we can hopefully find long lasting solutions to most of them

Her Song

Pranav Bansal, L-V

When people saw that girl the first time,
 They complimented her in rhymes;
 They kept on complimenting,
 But her beautiful song was long lasting;
 The solitary reaper was alone,
 But made her presence fully known,
 She sang alone in the farms,
 Hopping around and waved her arms,
 I did not want to leave,
 But her non-presence would make me weep;
 The travelling paths were narrow,
 But I had to leave her song with sorrow;
 Time quickly spent,
 But her song within me would never end.

The Mind-Blowing Sea!!!

Samaira Arora, U-III

Looking carefully at the sea,
 I noticed billows coming towards me,
 The salty water, went in my mouth,
 Now I had got steaming eyes
 Full of dismal expression.

When I went home,
I was very pensive,
As I could have sea in my eyes.

The next day I went again to the salty sea,
The air was as fresh as daisy,
The dolphins were jumping out,
And I could never forget that sight of the sea.

A Haunted House

Ojas Girdhar, L-IV

Last Saturday my parents were out for a marriage late at night. I heard many people saying that there was a haunted house in a village nearby so, I had decided to find the mystery of that house. This was a great opportunity for me. As I was packing my stuff. The lights went off. It was raining heavily that night. I was scared but wanted to open the mystery. I checked the weather news on my phone. It said that a cyclone was moving towards our city. I carried a raincoat and a torch also. I waited till the weather got better. I started to move on my way to the village I saw a white ball kind of a thing. I went closer and suddenly a voice came. I was afraid. It turned out to be a dog. Again a voice came. The dog was talking to me. There was a convertor around his neck. I kept walking and the dog followed. He said that his name was Buddy and was alone. He kept walking with me. He asked me that could he be my pet. I said, "yes why not." At the entry of the house we thought of going back but we did not. I thought that someone was following us. They were the ghosts. I ran as fast as I could, but the door was locked. I took out my torch and threw it to distract the ghosts. The place where I went was an elevator, but by mistake, I pressed the 'do not press' button. It took me to a secret base. There was a man sitting there. He told that his name was Gay Buttler and he had been a video game designer in Microsoft. He also told that this place was actually a challenge for people. He wanted to check who was brave. He gave me many surprises with a trophy and I was declared as the bravest person of the whole city. My parents were proud of me and now I was the happiest child with a sister, my parents and a dog who talked. Most of the surprises were video games and consoles. From that moment, I became a video game freak also.

Senior Inter-House English Debate

The Senior Inter-House English debate was held on 27th April, 2017.

The school reverted to the Parliamentary format of debates, with each speaker having to speak for 3½ to 4 minutes. The topic of debate between Himalaya and Nilagiri was "Terrorism is a result of poverty and exclusion." This was won by Himalaya house. Vindhya and Siwalik debated on "Curfews imposed by parents are effective in terms of keeping teens out of trouble." This was won by Vindhya house.

The individual positions are as follows:

Third position Abhiraj Agnitori
Second position Ridhi Sharma
First position Jaiveer Singh

The House positions are as follows:

Fourth was Nilagiri house
Third was Siwalik house
Second was Vindhya house
First was Himalaya house

PD Spell-Bee Competition

The PD Spell-Bee Competition for classes L-3 and U-3 was held on 8th April, 2017. There were five rounds namely—Spelling round, Gender round, Plurals round, Misspelt words and the Authors round. The authors round was the highlight as the children enjoyed guessing the name of the author from the picture and also the name of a famous book written by them with the help of an image. Overall it was a fun filled afternoon and the result is as follows:

L-3

First position—L-3 B

Second position—L-3 A

Third position—L-3 C

U-3

First position—U-3 A

Second position—U-3 C

Third position—U-3 B

Sculpture Making Competition

On 16th March, a sculpture making competition was held for classes L-IV and U-IV. The students of both hobbies and cas-cas took part in it. They were provided with topics from which they had to choose one. The Topics were—A decorative cottage, A flower basket and A mouse in a tree trunk. Students were very excited to work on the given topics. So, as soon as they got the topic they started working on them. Some students tried to make a flower basket and some a cottage decorated with nature elements and some made very nice mouse peeping or coming out of a tree trunk. So, overall the students enjoyed the competition and at the end, the judgment took place by the Hobby teachers in which the works of students from each class were adjudged as 1st, 2nd & 3rd. It was a fruitful activity for the students.

The result is as follows :-

L-IV

Position	Name
First	Darren Galstaun
Second	Arnav Bansal
Third	Adil Sharda
Consolation	Kavyan Gupta

U-IV

First	Bhavya Khanna
Second	Udaiver Mann
Third	Samarth Kharbanda
Consolation	Arjun Thakur

Pre-Commissioned Training at OTA, Kamptee

Dr. Sanjay Sharma attended the Pre-Commissioned training at OTA Kamptee, 2017. Initially he got enrolled amongst 340 teachers and professors across Schools, Colleges and universities of India on 3rd December, 2016. Many teachers left due to injury and finally 264 passed out on 4th of March, 2017.

He was the winner of the 2.5 Kms. running basic fitness competition amongst the trainee officers.

He was also the winner of 5 Kms. run held on 26th January organized for OTA staff including PI army staff, all posted officers and trainee NCC officers. In this a total of 500 people participated.

He was deputed as the Parade Commander for Inter Company Parade Competition and won silver medal from the Company Commander.

Overall Bronze medal was awarded to him on the final passing out parade on 4th March, 2017 by the Chief Guest DG NCC Lt. General Vinod Vashisht.

He also qualified for the pepping out ceremony by the Chief Guest Lt. Gen. Vinod Vashisht (DG NCC), in which only six trainee officers qualified out of the complete batch of 264 trainee officers to get the rank star from the Chief Guest.

Congratulations!

GESE Trinity College, London-2016

Interested students from L-III to U-IV sat for GESE in Nov., 2016. The students were tested by Mr. Richard Durham, nominated by Trinity College, London. Out of eighty-nine students twenty-seven attained Distinction and thirty-eight attained Merit. The results are as follows:

Sl. No.	Name	Class	Result
1	Ananya Goyal	5 A	Merit
2	Aryaveer Chadha	5 A	Distinction
3	Bahaar Khara	5 A	Distinction
4	Guneet Kaur	5 A	Distinction
5	Jairaj Grewal	5 A	Merit
6	Japteshwar Singh Gill	5 A	Merit
7	Khush Jaymin Patel	5 A	Distinction
8	Kritish Goel	5 A	Pass
9	Lakshay Bhatia	5 A	Merit
10	Manavinder Singh Sodhi	5 A	Distinction
11	Navdeep Sangwan	5 A	Pass
12	Ojass Jain	5 A	Merit
13	Shaurya Jindal	5 A	Merit
14	Shreyansh Bisht	5 A	Merit
15	Stuti Kapoor	5 A	Merit
16	Ujjwal Kotwal	5 A	Merit
17	Veer Devgan	5 A	Distinction
18	Vidushi Sharma	5 A	Merit
19	Aayaan Jain	5 B	Pass
20	Aayushi Sharma	5 B	Merit
21	Abhimanyu Lohan	5 B	Pass
22	Anvi Chopra	5 B	Distinction
23	Aryan Chhabra	5 B	Pass
24	Hriday Jain	5 B	Merit
25	Keshav Singla	5 B	Merit
26	Krishnav Sahni	5 B	Distinction
27	Kyna Vadera	5 B	Merit
28	Nyah Malik	5 B	Distinction
29	Rajvansh Nivadia	5 B	Pass
30	Samaara Khilnani	5 B	Distinction
31	Simone Katara	5 B	Pass
32	Skand Mongia	5 B	Merit
33	Utsav Chauhan	5 B	Pass
34	Vaniva Boora	5 B	Distinction
35	Abhimanyu Soni	5 C	Distinction
36	Aditya Gupta	5 C	Distinction
37	Aridaman Pratap Singh	5 C	Merit
38	Atharv Singh	5 C	Distinction
39	Ayaan Tandon	5 C	Distinction
40	Digvijay Singh Jiyani	5 C	Merit
41	Hrithik Roy	5 C	Distinction
42	Ishpreet Singh	5 C	Merit
43	Jaimukund Bhan	5 C	Merit
44	Kashvi Sareea	5 C	Merit
45	Ravinandini Singh Chauhan	5 C	Distinction
46	Sahib Singh Bhullar	5 C	Pass
47	Sohana Jishtu	5 C	Distinction
48	Trishita Batra	5 C	Merit
49	Anant Jain	6 A	Merit
50	Devisha Jain	6 A	Distinction
51	Eshani Goyal	6 A	Merit
52	Tanvi Sood	6 A	Merit
53	Viyom Dhawan	6 A	Pass
54	Adityaveer Singh Chandel	6 B	Pass
55	Jai Singh Cheema	6 B	Pass
56	Krish Sareen	6 B	Pass
57	Roshan Raj	6 B	Distinction
58	Aarin Goel	6 C	Pass
59	Arya Dilawari	6 C	Pass
60	Aryaman Jakhar	6 C	Merit
61	Sugam Gera	6 C	Pass
62	Dhruv Deora	7 A	Merit
63	Puru Manjrey	7 A	Distinction
64	Simar Singh Gabadia	7 A	Distinction
65	Bhakte	7 B	Merit
66	Emaan Singh Bhullar	7 B	Merit
67	Noopur Sharma	7 B	Distinction
68	Somil Siddhu	7 B	Pass
69	Aumira Jain	7 C	Merit
70	Abhiraj Bhatia	7 C	Distinction
71	Aryan Butail	7 C	Merit
72	Gurteshwar Singh Dhillon	7 C	Pass
73	Jai Sharma	7 C	Pass
74	Tejasvi Suman	7 C	Merit
75	Udayvir Singh Toor	7 C	Merit
76	Aryan Agarwal	7 D	Pass
77	Kushagra Gupta	7 D	Merit
78	Shloka Mittal	7 D	Pass
79	Satvik Narula	8 A	Merit
80	Trinabh Jain	8 A	Pass
81	Aryan Gupta	8 B	Merit
82	Sakshi Godhwani	8 B	Distinction
83	Raghav Gupta	8 C	Merit
84	Saina Sodhi	8 C	Distinction
85	Sakshi Gupta	8 C	Merit
86	Yakshita Bansal	8 C	Merit
87	Chaitanya Swami	8 D	Pass
88	Shourya Gupta	8 D	Distinction

Section II : SPORTS NEWS

Result—Inter House PD Boys & BD Cricket Tournament-2017

1. Combined Result of PD Boys L-3 & U-3 Teams:

Position	House	Points
Fourth	Siwalik	02
Third	Himalaya	06
Second	Vindhya	07
First	Nilagiri	09

2. Combined Result of BD Atoms, Colts & 1st XI Teams:

Position	House	Points
Fourth	Nilagiri	04
Third	Siwalik	06
Second	Vindhya	12
First	Himalaya	14

हिन्दी खण्ड

अन्तर्सदन कनिष्ठ हिंदी वाद-विवाद प्रतियोगिता

दिनांक—7-4-17

सदनगत परिणाम :

स्थान	सदन
तृतीय	हिमालय
द्वितीय	शिवालिक
प्रथम	नीलगिरि और विंध्या

व्यक्तिगत परिणाम :

स्थान	नाम	सदन	कक्षा व वर्ग
तृतीय	बेनी गुप्ता	विंध्या	नोंवीं बी
द्वितीय	पार्थ शर्मा	विंध्या	आठवीं डी
प्रथम	सिमर सिंह गबाडिया	नीलगिरि	आठवीं ए

अन्तर्वर्गीय हिन्दी निबंध लेखन प्रतियोगिता :

दिनांक—6-4-2017

कक्षा-पाँचवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	प्रोत गुप्ता	नीलगिरि	पाँचवीं बी
द्वितीय	छवि नारायण मूलचंदानी	शिवालिक	पाँचवीं सी
तृतीय	पार्थ गौतम	नीलगिरि	पाँचवीं डी

कक्षा-छठी

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	जयंत शर्मा	शिवालिक	छठी बी
द्वितीय	स्कंद मोंगिया	विंध्या	छठी डी
तृतीय	अन्वी चोपड़ा	विंध्या	छठी डी

कक्षा-सातवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	अनुष्का मुखर्जी	विंध्या	सातवीं सी
द्वितीय	समृद्धि गर्ग	नीलगिरि	सातवीं ए
तृतीय	नम्या गर्ग	शिवालिक	सातवीं सी

कक्षा-आठवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	आर्यन बुटेल	हिमालय	आठवीं सी
द्वितीय	युवन सोनी	हिमालय	आठवीं सी
तृतीय	अनिराज भाटिया	शिवालिक	आठवीं सी

कक्षा-नोंवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	अद्रिती मेहता	नीलगिरि	नोंवीं डी
द्वितीय	यक्षिता बंसल	शिवालिक	नोंवीं सी
तृतीय	रूपान्ग कंबद कश्यप	हिमालय	नोंवीं सी

कक्षा-दसवीं

स्थान	नाम	सदन	कक्षा व वर्ग
प्रथम	तुषार गर्ग	विंध्या	दसवीं सी
द्वितीय	जयवीर सिंह	हिमालय	दसवीं डी
तृतीय	लक्षिता सेठी	विंध्या	दसवीं डी

अन्तर्सदनीय कनिष्ठ हिंदी वाद-विवाद प्रतियोगिता में प्रथम स्थान पर आने वाले नीलगिरि सदन के विद्यार्थियों ने निम्नलिखित विचार प्रकट किए।

राष्ट्रपिता के सिद्धांत वर्तमान में मान्य हैं

दे दी हमें आज़ादी, बिना खड्ग, बिना डाल साबरमती के संत, तूने कर दिया कमाल।

आपने बिरकुल ठीक पहचाना। मैं बात कर रहा हूँ बीसवीं सदी के महानायक, लोकनायक, पद्म-प्रदर्शक और हमारे राष्ट्रपिता महात्मा गाँधी की। यूँ तो श्री मोहन दास करमचंद गाँधी एक अत्यंत साधारण व्यक्ति थे। साधारण परिवार में जन्म हुआ, पढ़ाई-लिखाई में भी बहुत औसत प्रतिभा के थे। न कलाकार, न चित्रकार, न ही खेलकूद में होनहार। कद-काठी भी बिरकुल साधारण। दुबला-पतला शरीर। फिर भी इनका व्यक्तित्व इतना असाधारण था, प्रभावशाली था कि इन्होंने तत्कालीन दुनिया की सबसे ताकतवर हुकूमत, अंग्रेजी हुकूमत से लोहा लिया। उसकी ईंट से ईंट बना दी। आशिकरकार, अंग्रेजों को हिन्दुस्तान छोड़ना पड़ा।

मीक्षी शर्मा

साधियो ! सबाल यह उठता है कि मोहनदास करमचंद गांधी के पास ऐसी क्या पूंजी थी, वह कौन सी ताकत थी जिसकी बढौलत से साधारण से महान बन गए और महात्मा कहलाए। उत्तर स्पष्ट है। हमारे राष्ट्रपिता एक साधारण व्यक्ति ही थे लेकिन उनके सिद्धांत महान थे, वह बुबुके-पतले इंसान थे लेकिन उनके पास उनके महान सिद्धांतों की ताकत थी। ऐसे सिद्धांत जो बीसवीं सदी में भी मान्य थे और आज भी मान्य हैं।

तो आइए बात करते हैं उन सिद्धांतों की जो कि वर्तमान में न केवल मान्य हैं बल्कि निरंतर हमारे समाज को सही दिशा प्रदान कर रहे हैं। सबसे पहले बात करते हैं 'अहिंसा' के सिद्धांत की। यह सच है कि आज हमारे समाज में बड़े पैमाने पर हिंसा हो रही है लेकिन इससे 'अहिंसा' के सिद्धांत की मान्यता कम नहीं हो जाती। बल्कि और बढ़ जाती है। आज हर प्रकार की हिंसा की निंदा हो रही है और हर जगह 'अहिंसा' पर बल दिया जा रहा है। घर में, स्कूल में, ऑफिस में, धर्म के नाम पर, जाति, वर्ण तथा आर्थिक भेद-भाव के नाम पर हो रही हिंसा की निंदा की जा रही है और अहिंसात्मक व्यवहार अपनाने की शिक्षा व नसीहत दी जा रही है। आज जब भी कोई सरकार बनती है सबसे पहले सरकार का मुखिया राजघाट जाकर महात्मा गांधी को अपनी श्रद्धा भेंट करता है और अहिंसा के रास्ते पर चलने की शपथ लेता है।

आज भी जब कोई व्यक्ति या समूह अपने अधिकारों से वंचित होता है तो सत्याग्रह के सिद्धांत को अपनाता और शांति-पूर्वक धरना, आंदोलन और आमरण अनशन का सहारा लेता है।

सिमर सिंह गबाडिया

महात्मा गांधी के 'स्वदेशी' और 'ग्राम स्वराज' के सिद्धांत तो आज भी हमारी राजनीति को प्रेरित कर रहे हैं दायव इसीलिए बहुराष्ट्रीय कंपनियों के नीतरफा आक्रमण के बावजूद आज हमारे देश में 'मेक इन इंडिया' और "Be Indian, Buy Indian" की लहर चली हुई है। उनकी दुनियावी शिक्षा के सिद्धांत को आज पहले से भी ज्यादा मान्यता मिल रही है। जीवनोपयोगी कलाएँ जैसे लकड़ी के काम, सिट्टी के बर्तन बनाना, चित्रकारी, बागवानी, बिजली के काम आदि हर स्कूल के शैक्षिक कार्यक्रम के अभिन्न अंग बन गए हैं। उनका 'सादा-जीवन उच्च विचार' का सिद्धांत हर कोई अपने जीवन में अपनाने की कोशिश करता है। वह अलग बात है कि हर कोई अपना नहीं पाता। आज जलवायु परिवर्तन की वजह से तथा मानव समाज की बढ़ती लालची प्रवृत्ति से दुनिया में मूलभूत संसाधनों का जैसे शुद्ध हवा, पानी, खाद्य-आपूर्ति का संकट गहरा रहा है, ऐसे में दुनिया हमारे राष्ट्रपिता के सिद्धांतों की

ही अपनाने पर बल दे रही है और उनकी यह बात बार-बार डुहराई जा रही है कि "In Nature there is enough for our need, that not for our Greed."

अतः साधियो ! अन्त में मैं यही कहना चाहूँगा कि राष्ट्रपिता के सिद्धांत वर्तमान में ब्रेह्म मान्य हैं और मान्य ही नहीं अपितु धार्य हैं। उनके सिद्धांतों को हमें अपने जीवन में व्यवहार में धारण करना चाहिए तभी एक सुखी समाज और सुखद मविध्य की कल्पना को साकार कर पाएँगे।

देश के लिए जिसने बिलास को ठुकराया था
त्याग विदेशी भागा उसने खुद ही खादी बनाया था।
पहन कर काठ की बरल जिसने
सत्याग्रह का राग सुनाया था।
देश का था अनमोल वह दीपक
जो महारमा कहलाया था।

गुरसिमरन सिंह बालिया

अन्तर्वर्गीय हिंदी निबंध लेखन प्रतियोगिता

दिनांक—6-4-17

नाम—आर्यन कुटेल

कला—आठवीं सी

स्थान—प्रथम

दूर हुई परेशानी—यूनिट टेस्ट भले

पहले विद्यालय में एक दिन में कई-कई टेस्ट होते थे। यह बच्चों के लिए बहुत कठिन होता था परन्तु अब यह परेशानी दूर हो गई है क्योंकि यूनिट टेस्ट आ गए हैं।

इसके लाभ तो बहुत हैं—जैसे अब बच्चों को एक दिन में सिर्फ़ और सिर्फ़ एक या दो परीक्षाएँ देनी पड़ती हैं। छात्र अपना पूरा ध्यान एक ही विषय पर लगा सकते हैं। मेरा तो यह मानना है कि यूनिट टेस्ट शुरू करके बसों की परीक्षा यानि बोर्ड की तैयारी करने में हमारी सहायता करने का प्रयास है।

इस प्रकार की परीक्षा से हम अच्छे अंक ही नहीं ला पाएँगे बल्कि मविध्य को भी सही तरीके से संवार पाएँगे और देश के लिए उन्नति करके कठिन परिश्रम का मूल्य समझ आएँगे।

अब यूनिट टेस्ट में एक टेस्ट के बाद भी कुछ घंटों का समय मिलता है ताकि हम दूसरी परीक्षा की तैयारी के लिए भी समय का सदुपयोग कर सकें। इसे कहते हैं 'आम के आम और गुठलियों के दाम'।

यह विद्यार्थी जीवन के लिए बहुत लाभदायक है। कई विद्यार्थियों को ये परीक्षाएँ आकृत लगती हैं। उन्हें लगता है कि ये परीक्षाएँ उनके लिए उचित नहीं। वे बच्चे ये नहीं समझते कि विद्यार्थी जीवन में परिश्रम करना ही सबसे बड़ा गुण है। जो इस कठिन परिश्रम से मुंह मोड़ेगा वह जीवन की राह में आगे नहीं बढ़ पाएगा। मेहनत का फल तो सर्वत्र मीठा होता है।

आखिर में मैं यही कहेगा कि जो होता है, वह अच्छे के लिए ही होता है। यदि इस जीवन में मेहनत नहीं करेंगे तो कब करेंगे? इसलिए यूनिट टेस्ट से न घबरारें और उनका मुकाबला डट कर, मेहनत से करें।

अन्तवर्गीय हिन्दी निबंध लेखन प्रतियोगिता

तिथि—6-4-17

नाम—अत्रिती मेहता

कक्षा—नौवीं बी

स्थान—प्रथम

व्यक्तिगत खाद्य सामग्री पर रोक-बढ़िया है।

किसी ने सही कहा था, "स्वास्थ्य ही धन है।" हमारे विद्यालय में हमारे मुख्याध्यापक ने व्यक्तिगत खाद्य सामग्री पर रोक लगाकर एक महत्त्वपूर्ण कदम उठाया है। स्वास्थ्य की रक्षा ही सबसे अधिक महत्त्व की बात है। अगर हम स्वस्थ नहीं रहेंगे तो कोई कार्य सही ढंग से नहीं कर पाएँगे। अगर हम अपना कार्य नहीं करेंगे, तो हम आलसी बन जाएँगे और जीवन में आगे नहीं बढ़ पाएँगे। व्यक्तिगत खाद्य सामग्री पर रोक लगाने से कई लाभ हुए हैं।

अब सारे बच्चे विद्यालय के भोजनालय का शक्तिदायक और साफ खाना खाते हैं, जो उनकी सेहत के लिए बहुत अच्छा है। अनेक खाद्य सामग्रियों में हानिकारक मिलावट होती है जो हमारी सेहत को हानि पहुँचाती है। इनमें से काफी तो हमारे बिल और बिभाग में बीमारियाँ ला सकती हैं। जिनका हमें अभी पता नहीं चलेगा मगर बाद में मुश्किल पैदा होंगी, जब हम बड़े हो जाएँगे।

विद्यार्थी इन खाद्य सामग्रियों पर काफ़ी खर्च करते थे, जो अब नहीं होगा। बच्चे माँ-बाप से खिद करके मंहंगी खाद्य सामग्री खरीदते थे जिनसे उनके माता-पिता को अधिक परेशानी होती थी। कई बार तो वे इनमें से बहुत सारी चीजें खाते भी नहीं थे और बस दिखावा करने के लिए विद्यालय लाते थे। अब ये सब नहीं होगा।

बच्चे अपने माँ-बाप से ज़बरवस्ती करके कहते थे कि वे जब भी आएँ, व्यक्तिगत खाद्य सामग्री अवश्य लाएँ। कई बार तो जब बच्चों के माता-पिता विद्यालय में प्रवेश करते थे, उनके बच्चे, उनका हाल-चाल जानने से पहले तथा उन्हें प्रणाम करने से पहले उनसे पूछते थे कि क्या वे उनके लिए कुछ खाना लाए हैं कि नहीं? यह एक बहुत दुख की बात है कि जो माँ-बाप अपने बच्चों के लिए सब कुछ चाहते हैं, उन्हें अच्छे विद्यालय में पढ़ाना चाहते हैं, उन्हीं के लिए बच्चों में कोई आदर या सम्मान नहीं है।

मुझे लगता है कि मुख्याध्यापक महोदय ने विद्यालय में व्यक्तिगत खाद्य सामग्री पर रोक लगाकर एक बहुत अच्छा निर्णय लिया है। इससे सबका लाभ हो रहा है।

Editors : Mrs. Nitya Chopra (English)

Mr. Narender Sharma (Hindi)

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